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# HOW TO MAKE PERFECTION APPEAR

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KATHARINE FRANCIS PEDRICK

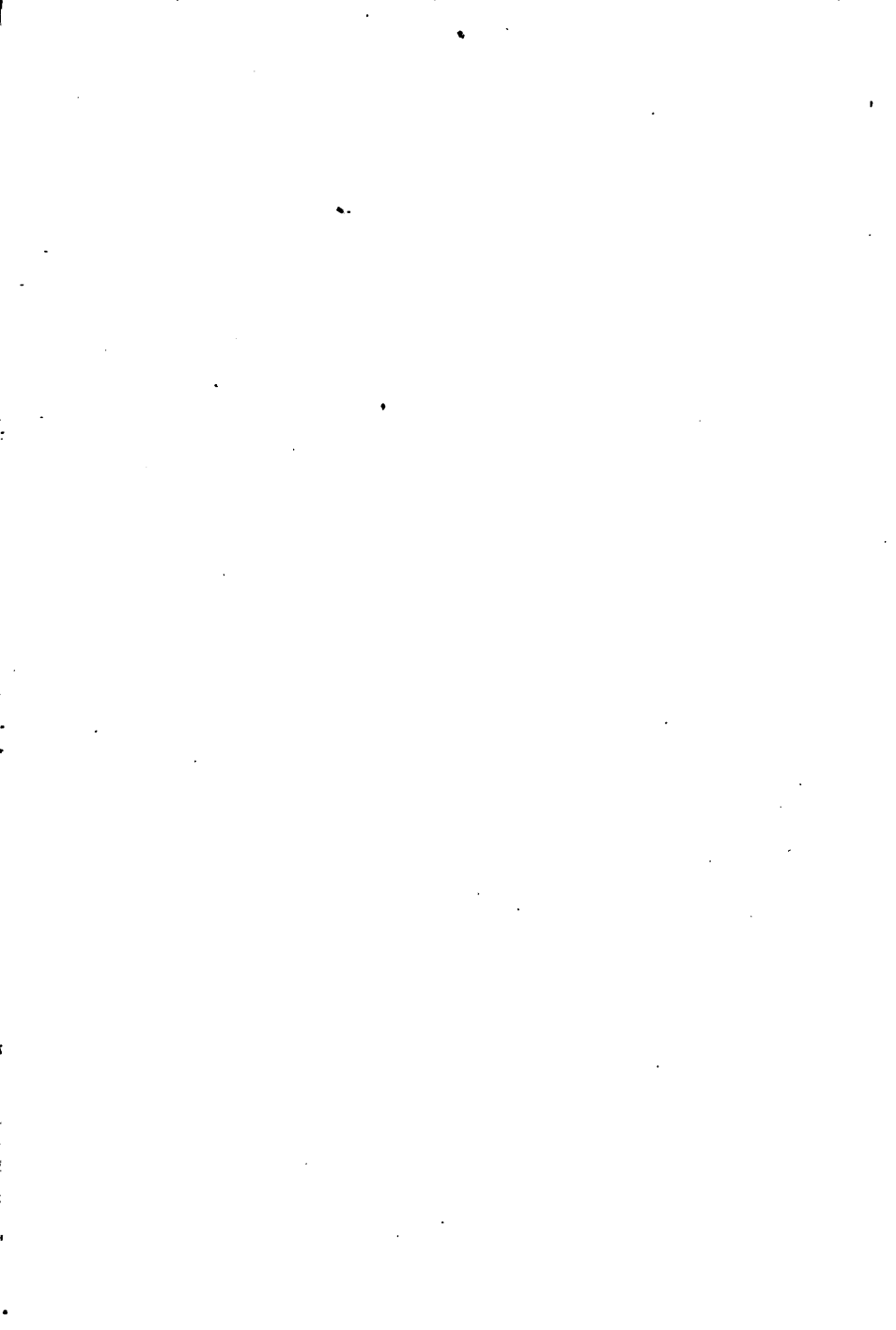
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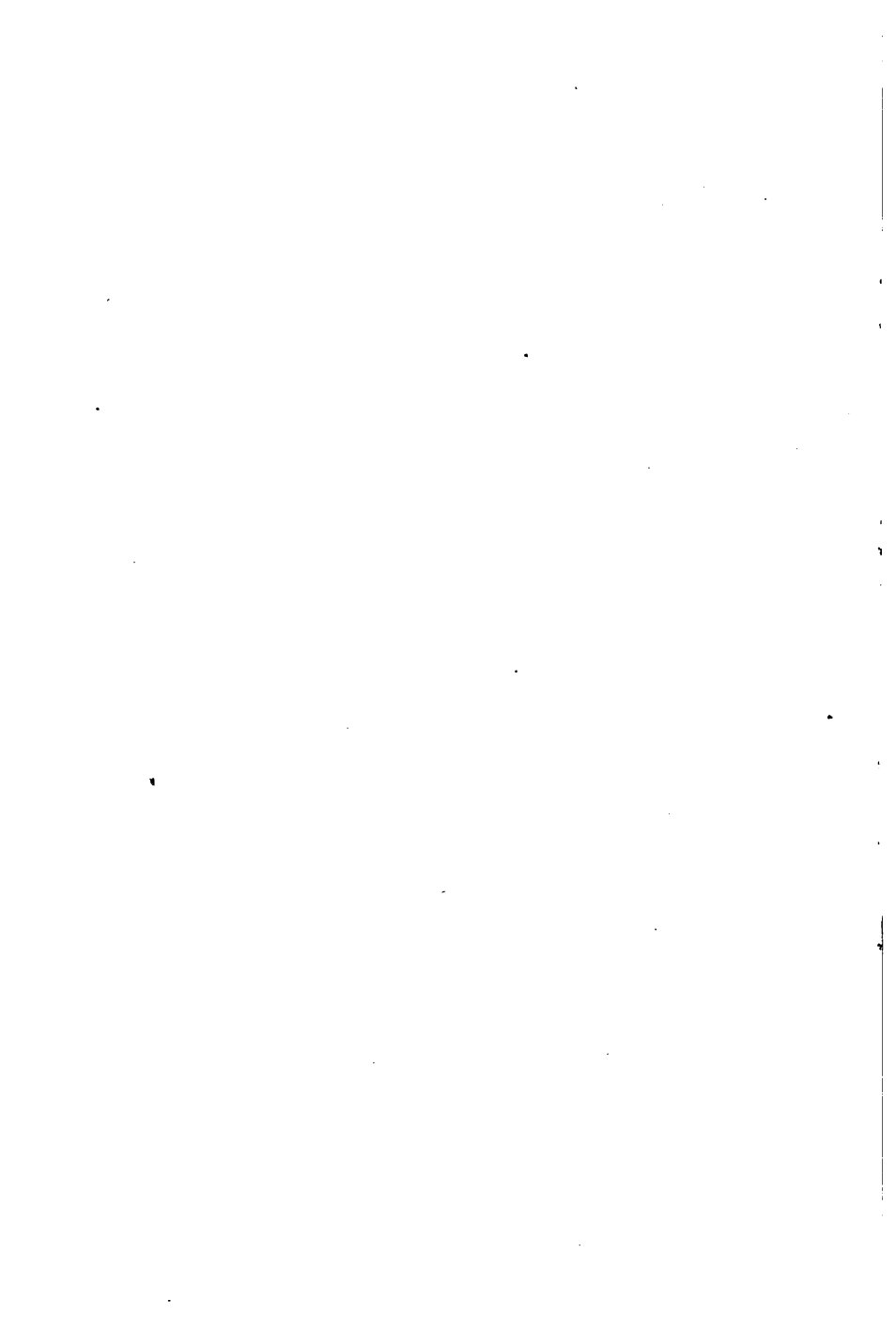
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**HOW TO MAKE PERFECTION APPEAR**



# HOW TO MAKE PERFECTION APPEAR

BY

KATHARINE FRANCIS PEDRICK

*(Mrs. E. P. Brackett)*



BOSTON  
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**HOW TO MAKE PERFECTION APPEAR**

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**TO**  
**THOSE WHO BECOME AWARE**  
**OF THE KINGDOM OF HEAVEN WITHIN THEMSELVES**  
**THROUGH EFFORT**



**"The kingdom of God is within you."**

**JESUS. *Luke 17: 21.***

**"Fear not, little flock; for it is your Father's good pleasure to give you the kingdom."**

**JESUS. *Luke 12: 32.***

**"Except a man be born again, he cannot see the kingdom of God."**

**JESUS. *John 3: 13.***

**"Be ye therefore perfect, even as your Father which is in heaven is perfect."**

**JESUS. *Matthew 5: 48.***



## PREFACE

In the history of thought, the truly religious Mystics of all times have been idealists, but of a distinct type. It has been of interest to define this type again, that we may be quite sure of the modern mystic's place in the spiritual development of mankind. The experiences of the spiritually intuitive are of interest; but the laws underlying such experiences are of the utmost moment to us, and should be formulated.

Especially at this time do these laws merit our attention, and for very practical reasons we are urged to their investigation. Indeed, to-day the Christian Scientists and other types of the modern mystic declare that they are consciously working in accordance with these laws and, at will, are able to arrive at definite spiritual realisations which make for the overcoming of evil and for the increase of good.

An individual expression of spiritual truth and its application is given in chapters XIII and XIV as an aid to those who may wish to avail themselves of

it. This expression began to shape itself after about eight years of exclusive devotion to the study of the subject. The thought gradually assumed the form in which it is here presented during seven additional years in which it was being practically applied to everyday problems.

For the mystic to attempt in detail to describe his heavenly vision and to point out to others a path leading to it, is at once to become aware of the impossibility of conveying the pure meaning of spiritual thought in terms of the human understanding. So compelling, however, was the beauty of the vision, and so practical have been the benefits which it bestowed, that the author has dared attempt to mark out a way to the spiritual experiences whence it is secured, and that in spite of the inconsistencies to which verbal language renders one liable.

It will, of course, be obvious that my purpose has been, not to construct a philosophy upon a logical basis, but to give to a definite experience the support of philosophic analysis, and thereby disclose the way of its attainment. As an aid in the statement of my position, I have occasionally quoted from authors whose philosophy, as a whole, differs widely from my own. I have used the word *mystic* in its

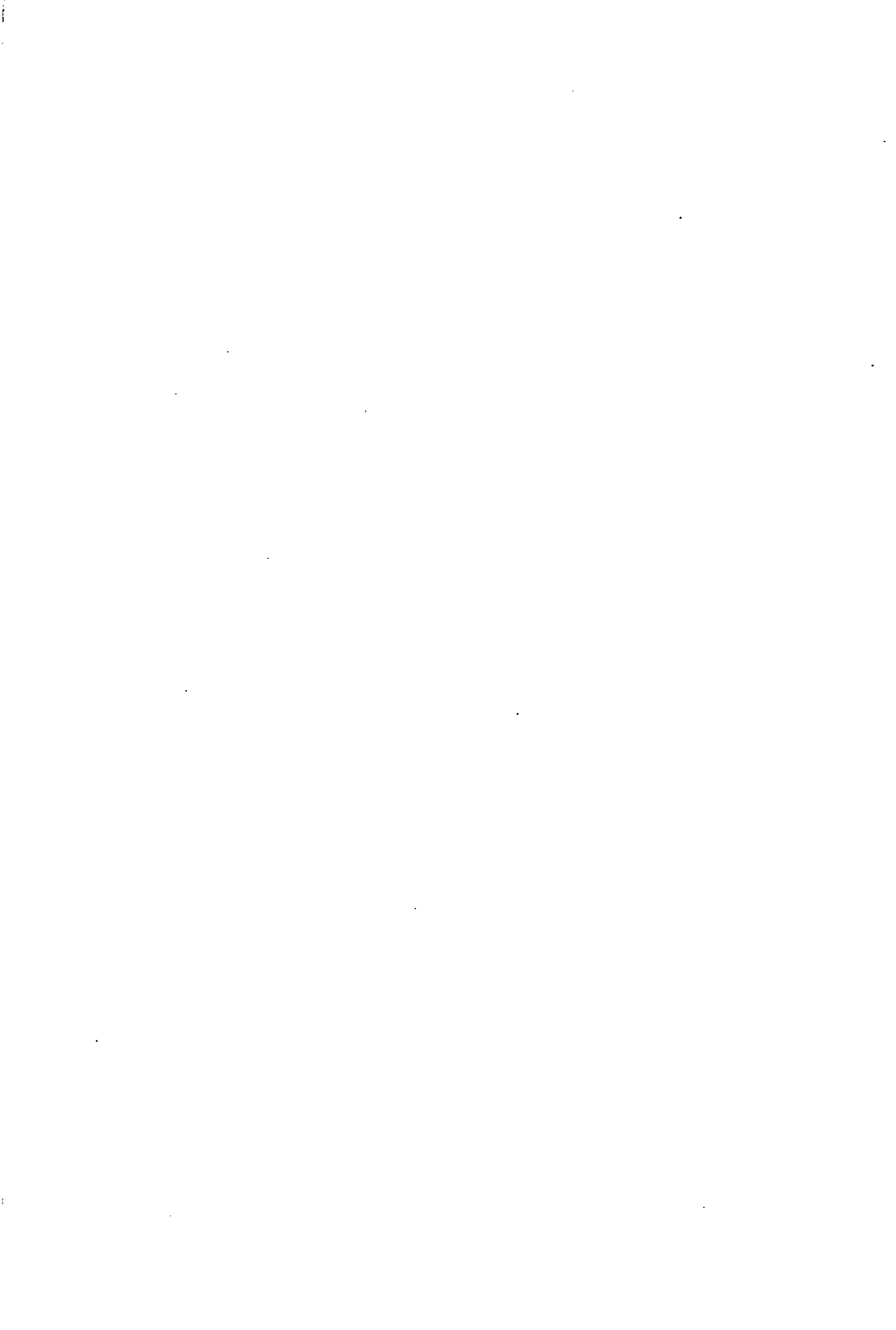
true, technical sense,<sup>1</sup> and have applied it to that consciousness which can fully discover, understand, realise, and manifest that spiritual activity which is active in Self.

In reading this book it must be kept clearly in mind that my popular use of such terms as "mortal mind," "false conceptions," "evil" has been a concession — a way of meeting the popular thought half way. After my position has been grasped, as a whole, it will be clear that to me, such terms as popularly used always stand for mere seemings; while the Reality there — the only evil — is a temporary lack of full realisation of the truth on the part of this Spiritual Consciousness itself, which is equipped ~~for~~ full realisation of the existing perfection. See note 2, p. 167: 4, 1, 131

It is with much appreciation of their helpfulness that I acknowledge my indebtedness to Kant, *Critique of Pure Reason*; to Royce, *The Spirit of Modern Philosophy*; also to *Science and Health* and other Christian Science literature.

<sup>1</sup> By which I mean the sense in which the word is used by William James, *The Varieties of Religious Experience*, Lectures XVI and XVII; and by Evelyn Underhill, *The Mystic Way*.





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# **I**

## **INTRODUCTION**



## CHAPTER I

### GENERAL OUTLINE

Many experiences through which we pass are so dark, their waters are so deep, that the old statements of spiritual truth comfort and strengthen us no longer. Such experiences bring us to a new realisation of evil, — a realisation of its asserted power, of its presence in every life, of the constant fear and dread of it which has possessed all of us in one form or another. And with this new and added realisation of the nature of evil, its seeming power to hurt and almost overcome us, our natures have awakened from a sleep, and powers hitherto dormant are rising up as though to save us, with a determination that will not be denied.

When thus aroused, one has a vision that to the questions of life there must be right answers; that one can discover, understand, realise, and manifest these answers, these truths, and that the remedy for evil, as well as the maintenance of good, lies in such activities. Moreover, this newly awakened self, —

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born again and of the Spirit, catching glimpses of the kingdom of heaven, and feeling itself, if ever so little, yet akin to the Divine, — longs for a knowledge and a power which is commensurate with the stature of which it has become even dimly aware. Therefore, not only would it overcome for itself and others the recognised evils and limitations of the material mind and body, but it would put off the material altogether, and realise itself as perfect and spiritual, even unto “the measure of the stature of the fullness of Christ,” that it may perform the works of Christ and his followers, and may experience his resurrection, his transfiguration and ascension, proving itself to be like the beloved Son in whom God was well pleased.

When once this longing for and assurance of divine understanding and power is awakened, it will not be put by. It demands the sacrifice of all lesser claims upon us. It leads us out of conventional highways, hammers through the walls of old prejudices, and breaks down our reliance upon ancient statements of Truth.

“Glad Truth’s yet mightier man-child  
Leaps beneath the Future’s heart.”<sup>1</sup>

<sup>1</sup> LOWELL.

And yet there seems always to be building for our use a new foundation upon which not only our future understanding, but our early faith, is quite secure. The stones of this new structure are the answers which come to us unfailingly in response to our earnest search for Truth. Thus a *new birth* may come to each one of us, — a new ideal of Truth, of *Being*.

How many of us have ever thought of Being, much less filled it with any definite content? But could we make our conception of Being conform to that which *is* Being, we should find the secret of life, — hitherto so elusive that, disheartened, we have ceased to look for its solution, accepting it as a mystery.

Our life has been thought to be physical and mental as well as spiritual, but Being has been put into the crucible again, and, as a result of the assay, a new formula for life has been written, in which the old supposed ingredients, matter and mortal sense, are left out. The new formula now reads: "Life is perfect consciousness," or, "Being is Spirit." Beings, therefore, are *spiritual*.

One who defines Being in such a way, — thus holding Spirit to be all in all, and any *so-called* thing



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outside of it, as untrue and therefore as unreal, — must, of necessity, feel that the spiritual in all of us has not only received but slight recognition, but has been much underestimated. In the moral life the spiritual has been given a place, but hardly more than as an ethical principle. In the world of affairs, few men are aware that it is their mind of Christ which brings them success. In the world of art the spiritual has, perhaps, received even less recognition as the secret of all creative power, and scientists must still define life in terms of what it does, because they do not know what it is. An article by M. G. Seelig gives us a quotation from Professor Ward which illustrates such a definition.<sup>2</sup>

The “additional something” of the scientist which makes the difference between “living and

<sup>2</sup> “Between living and non-living matter there is the fundamental difference that in living matter there is always something else present in addition to the properties found in non-living bodies. This additional something endows living bodies with a tendency to disturb existing equilibria, to reverse the dissipative processes which prevail throughout the inanimate world, to store and build up where they are scattering and pulling down; the tendency to conserve individual existence against antagonistic forces, to grow and to progress, not inertly taking the easier way, but seemingly striving for the best, retaining every vantage secured and working for the new ones.” — *Boston Medical and Surgical Journal*, Vol. CLXIII, No. 22.

non-living bodies," and which the vitalists call "vital force," we believe, as we have said, to be a *spiritual* force. This spiritual or life force is neither physical, chemical, nor mechanical, and it does not appear as such to those who truly see it. It is not resident in matter. It is the manifestation of Spirit, infinite Mind, or God, and it has a spiritual appearance of its own.

One always possesses real life, real knowledge, real love, the beautiful and the good, *because he is* always spiritually minded.

But success depends upon the *outward appearance* here and now, of this inner existing life, this inner existing knowledge, goodness and beauty. The condition upon which a man makes this inner state appear outwardly is that he discovers its presence; understands and realizes its nature. In so far as one does this can he manifest, every day, that life, knowledge, love and goodness which already is active within himself.

Should one succeed therefore, in any direction, it is by virtue of his possession of that mind of the Spirit; which can and does become aware of itself; can and does understand and realise itself, also the truth and love involved; and thus *can* and *does* manifest them.

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Should one fail in any direction he does so not through a lack of possession of this "mind of Christ" (1 Cor. 11, 16); but through a lack of being aware that this mind, and the ideas involved, constitute himself. Only through such a lack, upon his part, can a man fail to make the existing perfect appear.

Whatever the form, then, of our failure or success, our essential failure or success lies in the realm of the spiritual; and whoever wishes to achieve in any direction is, consciously or unconsciously, seeking for an increase in the realization of his spiritual nature, and the divine truths which are individualised and imaged there.

This spiritual conception of Man's true being and activity is gradually taking the place of the so-called normal, as conceived by material thought; and, in consequence, the old remedial and educational agencies adapted to the old ideas are giving way; and new ones adapted to the new are coming to light.

If the real man is spiritual, material means, — neither physical nor mental, — can help him in discovering, understanding, realizing and manifesting, here and now, his spiritual and perfect selfhood.

Those who have caught a glimpse of the hidden

wealth in themselves, no longer wait until they are defective from the world's point of view; but, realising the somewhat low standard of its so-called normal, — at any point hardly above the material, — they reach out, *before* the world calls them sick, for that substance which transcends human vision, and which is always well; seek, before the world calls them ugly and deformed, for that beauty which surpasses the mortal, and which never fades; and strives, before the world condemns them, for the realisation and expression of the sinless self.

Their love for others also expresses itself in new ideals of service and in new forms of charity, based upon raising those who are "normal" *above* the accepted standards.<sup>3</sup>

<sup>3</sup> Many mothers and fathers no longer feel that a young girl just out of college must needs dip down among the more degraded and unfortunate in order to render social service. Work among the so-called normal offers ample opportunity for all our youth to serve, and, moreover, in ways and under conditions where they run no danger of arresting their own development. There is such danger in surroundings which present problems too difficult for them to solve, and thus tend to make them either superficial or morbid. If our young people will work among our children, using all the forms of art to unfold their natures upon spiritual levels and keep them there, such efforts will reveal in the children hidden spiritual treasures which in later years will assert themselves and help to lift the material "yoke" and lighten the burden of "earthly freight" which inevitably awaits men in a seemingly material environment like ours.

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No one should be satisfied until he can express himself in some form of art, and yet friends who are already well and prosperous look indifferent as well as incredulous if one hints of their obligation to study the spiritual laws of thought in order to sing or paint. And those who have already attained to the level of expressing themselves in beautiful forms should study the higher laws that through their *conscious obedience to them* they may achieve even greater things than before were possible to them.

God, the Father, our teacher, is giving us, His pupils, questions, to which he demands correct, — that is, *spiritual*, — answers. Every act of our lives is the answer we give Him to one of His questions, and these answers make up the whole of the life of each one of us: poor (material) answers, poor lives; right (spiritual) answers, rich lives. Many of us barely pass our examinations and so just get into life, and all through the course we fail and fail.

Why do others get through with honours? Right answers, or wrong ones quickly corrected, tell the story. Spiritual insight gives us right (spiritual) answers, with their happy, successful lives. For this reason, training to enter more consciously and more fully into spiritual states of mind must be un-

dertaken by all, and most of all by those who, by their constitution, seem to be incapable of experiencing them. Such training brings into service an hitherto unused thought plant. Our mental output has not stood the test; its quality has been inferior and could not compete, perchance, with that of others. It is necessary, therefore, to improve upon and increase our mental activity and raise our understanding, realisation, manifestation to the plane of the spiritual, in order to meet the daily demands upon us for more satisfactory results.

If another man's answers to life's questions be of such quality as to graduate him with honours, while our thoughts or answers, like base coin, can be exchanged for little in God's kingdom, let us see quickly that the fault lies within *us*. We can make our own thought product such as to compete with the best; but to do so we must cultivate a thought territory which is largely unused in us. It is the mystic's spiritual territory which we must reclaim. Its seemingly fallow tracts, full of promise of great yields, bare now, lie in every man's mind. The richness stored away in them may be made to appear through listening for it, discovering and understanding it. God plants the right thought seeds there.

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Only spiritual seeds grow in this comparatively undiscovered soil of our minds. We will bring the freedom of tolerance, the stimulus of sympathy, the great nursing agencies of love, to the perfect seeds, their flowers and their fruits, hidden down there in the dark. We will brood over this long neglected garden, protect it from ridicule, and be patient with its unpromising first appearances; so shall we reap its spiritual harvest here, on this so-called earth for ourselves and for others; a harvest that will supply our daily bread. Moreover, we need no longer be *forced by suffering*, but may, if we choose, by seeking, enter at will into these truth-revealing states of mind, for the technique *by which we arrive at such states* is being made clear.<sup>4</sup>

<sup>4</sup> By technique we mean a specific kind of right thinking.

## CHAPTER II

### OUTLINE CONTINUED, AND REASONS FOR DOUBT

What are the experiences which are strong enough to drive us to this belief in the *spiritual as the only real*, as the *only right* answer to all questions; transcending, as it does, the material, visible, and so-called substantial order of things?

There are petty tyrannies that bind us. There are aimless moments when we cease to know our way and cease to care. How and why the vision fades <sup>1</sup> we do not know, nor how to bring it back, but are

<sup>1</sup> "There was a time when meadow, grove, and stream,  
The earth, and every common sight,

To me did seem

Apparell'd in celestial light,  
The glory and the freshness of a dream.

It is not now as it hath been of yore;—

Turn wheresoe'er I may,

By night or day,

The things I have seen I now can see no more.

. . . . .



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only aware of the utter weariness and fruitlessness of existence.<sup>2</sup> Sometimes care may come too early in life, leaving no room for childhood's flowers, the natural fruits of which are joy and hope. Without knowing why, there are many of us who never feel at home, — the bitter fruit, perhaps, of our transplanted nation, in a country where families are frequently made up of uncongenial members, springing,

Whither is fled the visionary gleam?  
Where is it now, the glory and the dream?

Heaven lies about us in our infancy!  
Shades of the prison-house begin to close  
Upon the growing Boy;  
But he beholds the light, and whence it flows,  
He sees it in his joy;  
The Youth, who daily farther from the east  
Must travel, still is Nature's priest,  
And by the vision splendid  
Is on his way attended;  
At length the man perceives it die away,  
And fade into the light of common day."

WORDSWORTH: *Ode on Immortality*.

<sup>2</sup> "Why did they kill themselves?" Una asked, her chin in her hand. "Because they were heathen. When they grew tired of life (as if they were the only people) they would jump into the sea. They called it 'going to Wotan.' It wasn't want of food always, by any means. A man would tell you he felt grey in his heart, or a woman would say that she saw nothing but long days in front of her; and they'd saunter away to the mud-flats and — that would be the end of them, poor souls, unless one headed them off." —  
KIPLING: *Conversion of St. Wilfrid; Rewards and Fairies*.

as they do, from different races and cherishing ideals rooted in many and alien lands. During the travail of its birth our nation amalgamated these differences in race and ideal, and dominated by the common passion for freedom, felt itself a unit; but in its secure maturity subordinated traits and desires come to light, and we hunger for an earlier people, an earlier home.<sup>3 4</sup>

There are the unconscious defects in us all, making us fail those who love and trust us, — the pride and obstinacy or mere lack of humour whereby we miss the rare nearness reserved for those who love; and that dark, dissatisfied spirit lurking about, making us never happy in ourselves, jealous of the happiness of others. There are the patient hopes that never are fulfilled, dull resignation to a bare exist-

<sup>3</sup> "L'âme garde les caractéristiques de sa race, le cœur reste de son pays, de son clocher même."

<sup>4</sup> Many of us can recall a member of his family who kept himself aloof, whom even his parents failed to understand. In one family, a far-away Scotch ancestor appeared in such a boy. He might have been sent abroad to school; but no one realised how Scotch he was until it was too late. What had a New England city full of material prosperity to offer to him, who all unconsciously was dreaming of Scottish lake and hill, seeing their purple bloom, feeling the mystery of their dark places, listening to the call of romance and story, of Benledi and Roderick Dhu!

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ence, love grown cold in middle age, friends estranged, and the loneliness of old age. There are the musicians whose songs will not finish themselves,<sup>5</sup> and those artists whose colour eludes them at times, and whose dreams will not come.<sup>6</sup>

If to these less obvious and perhaps minor ills of life one adds poverty and its benumbing effects, actual sin, pain, sickness, and death, with the darkness, grief, and suspense attending them, what further spur is needed to make one long to break through and reach beyond this so-called order of things, and see if there may not be an *interpretation of evil* and a *truth concerning good* whose significance he has failed to discern, or, discerning, to *realise*?

Whoever begins to rebel against the "actual," often with his heart first, and afterwards consciously with his reason, will rarely cease in his rebellion until he reaches that point where he doubts the reality of the whole natural order. He will then question

<sup>5</sup> "Wolf's life illustrates this:—the times of inactivity when he feels himself as dead, followed by phenomenal creative periods, then further lack of inspiration, finally ending in insanity."—ROMAIN ROLLAND, *Musicians of To-day*.

<sup>6</sup> "In a fortnight I have had more phantasies than in four months before." While the mood was on him he gave it full sway, but presently he said, "Now I am stuck fast again, and no dreams come."—*Memorials of Edward Burne-Jones*.

~~the right of~~ the right of the intellect<sup>7</sup> to explain the universe from a purely physical standpoint, thus trying to reduce to nothing that which it cannot weigh and measure.

He will go further, and in spite of the enforced limitation of his intellect, — which prevents it from testifying to a world in which it is superfluous, — he will not be deterred, when he once is awake, from making excursions into that same world and so re-assuring himself daily of the presumption of a physical standpoint which takes corporeal objects and physical forces for the only realities.

When one thus begins to wonder about, and then to challenge, the old, material ways of thinking, he is shaking off a mental chrysalis, and unfolding powers for becoming aware of and manifesting the truth which he has hitherto used but little, and of which he has been comparatively unaware. He then has a great joy in store for him, a large field of undreamed of knowledge, a new companionship. In the beginning, he enters into unseeing communion with the geniuses of the Spirit; in the end, he arrives

<sup>7</sup> The word "intellect" is used throughout the book to signify that which seemingly presents the material world to us.

See KANT'S *Empirical Ego*.

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at that Paradise where all eyes are opened to the same vision. He rejoices, and feels himself no longer alone as he reads his own thoughts in the illuminating words of others.<sup>8</sup>

Henceforward the searcher stands for "the inadequacy of common knowledge to attain the idea of true knowledge," and for the truth of the old idea that the senses deceive us. Henceforward, for him, the intellect or the so-called "knowing power" of the natural man, which testifies to the reality of the world of the flesh, does *not tell the truth*. And he believes that God "forged that *other* influence, that heat of inward evidence, by which one doubts against the sense," and realises the *Truth*.

It is with a feeling of new birth that we realise

<sup>8</sup> "The unsatisfactory nature of the present world, the conflict of the natural order of events with the irreligiously-demanding demands of the Spirit, is the strongest motive to transcend the visible order and seek an invisible one. The fact that in the natural course of events, as observation shows, the good and great are often oppressed and perish, while the vulgar and the wicked triumph, is the goad that drives us to deny the absolute reality of nature. It is and remains the final and indestructible axiom of the will that reality cannot be indifferent to good and evil. If, then, nature is indifferent, it cannot be the true reality. Then only behind and above nature, as mere phenomenon, can the true world be discovered, and in it the good is absolutely real, *i.e.*, in God, who is the absolutely real and the absolutely good."—PAULSEN: *Immanuel Kant, His Life and Doctrine*, page 318.

the truth of a vital idea. We see a new heaven and a new earth; unto us a Son is born; and a pent-up joy overflows the waste places and fills the bare inlets of our hearts. The dark is drowned in a golden flood of light, while a glad song mingles with the inflowing tide. This true idea seems new, and like a clear flame it bursts from the smouldering fires deep down in us, and holds itself free and triumphant above the embers of our past.

Such a vital idea is born in us when we realise that the intellect is not the only knowing power, but is, at best, only one side of that apparent mental duality which may seem to present itself wherever a mind appears.

One side of this seeming duality consists of that seeming consciousness which may be called the mortal sense,—or, philosophically, the empirical ego,—whose knowing power is called the intellect. It involves material bodies and all material conditions which to the higher mind appear as limitation, poverty, sickness, sorrow, and sin. These are but the appearances of the mortal sense belief in matter as substance, in law as physical, and in itself as truth-knowing. It has no idea of God as Spirit, or of law as moral. Discontent, irritability, fault-find-

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ing, unhappiness, pain, sickness, and death are typical signs of the seeming activity of the finite, so-called "mind":—but a name for our lack of realisation of the truth.

The other side of this mental dualism consists of that consciousness which we may characterise as the immortal mind or the spiritual Ego. Its substance is spiritual, and consists of divine activities of thought carried on by God himself. The appearance of this spiritual consciousness, as well as the law governing it, are spiritual. It is therefore perfect, and there is nothing material, imperfect, or human in it. This spiritual consciousness is a capacity for discovering, understanding, realising and manifesting the activity of God, which constitutes it. In the measure in which the consciousness uses this power, will it manifest, here and now, the joy of God,—His beauty, His life, His truth; and will express all these in those perfect and spiritual forms, which are always visible to the pure in heart. Its appearance is never material, and therefore is forever invisible to the carnal mind.

It is plain, therefore, that there appear to be not only two knowing powers, — one the mortal and the other the divine, — but that what is true to the one

cannot be known to the other. In the words of Paul, "The natural man receiveth not the things of the Spirit of God, for they are foolishness unto him; neither can he know them, because they are spiritually discerned" (I Corinthians 2:14).

If by any unhappy chance we should become so asleep to the truth that we should fail to realise this antagonism, this house divided against itself; and should also cease to see that the material order as a whole is antagonistic to the divine, — men and women would cease to be discriminating in their morals, and would submit with a so-called Christian spirit to physical inability, poverty, chance, and sorrow. If this gulf between the two opposing parts of our nature and of the world in general should seem to be obliterated, and their apparent fusion should be so complete that no seam could be found, — the "false and true meeting with a kiss across the bound-mark where their realms confine," — men and women would foster and cherish the so-called normal appetites and desires of the flesh. They would look indulgently upon their excesses, considering them different not in kind, but only in degree, from that which is popularly deemed their "perfectly natural and therefore right" satisfaction.



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From the standpoint of a higher mind, the devil would then be included in the angelic circle. And this is just what is happening; for now the brain of man "claims equal suffrage" with Spirit, and while, theoretically, the existence of the two sides of a man is to-day popularly recognised, yet, as a matter of fact, many of us do not classify the material as *apart* from and *antagonistic* to the Spiritual.

In allowing our vision thus to become blurred we should seem to have mislaid the key to the solution of our problems, for to become unconscious of the distinction between the divine origin of good thoughts and the alien origin of evil thoughts is apparently to cease to distinguish between the claims of our various thoughts to validity and authority. And since an inquiry into the pedigree of a thought no longer saves us from evil,<sup>9</sup>—it having been crowded into our conception of God's universe,—sins are apparently innocently committed; children are brought into the world thoughtlessly; the good of those whom we ought to love is sacrificed for those whom

<sup>9</sup> Margaret's plea:

"I myself am guilty of sin,  
But all that drove my heart thereto  
Was oh, so good, oh, so dear."

GOETHE: *Faust*.

we happen to love; immorality is applauded in the name of art: and all this with a plea as pure as snow, — God made the natural, the material. Each of us to-day, in some form, is presented with the idea that he ought to obey that which is material, and therefore immoral, on the ground that God made it.

In spite of our theories, however, we have never fought evil more industriously than now. Yet upon what grounds *can* we consistently fight, while maintaining that the lower side of our nature and the finite side of things in general is of divine origin? In declaring the natural and spiritual to be of equal birth, and therefore of equal rank and having equal rights, do we not, in reason, cut ourselves off from any rational basis for successful resistance?

If the "spiritual spins the natural as the spider his web," death, the last enemy, will never be overcome, to say nothing of lesser ones. If spirit is the "principle of our involuntary movements, of our involuntary nutritive functions upon which the nourishment, growth, and origin, and consequently the whole existence, of the material body depends," we have no source from which to derive the weapons with which to fight the evils of body and mind. We have no appeal if, in this realm in which we live,

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a "rigid order of nature is one with the most miraculously divine truth"; and although "man has sprung from an animal ancestry," yet is he "the embodiment, the organ, of the absolute reason." If the material is God-made, and therefore it is true that man has a physical, structural body, and is subject to it and to physical law,—then man *must* have pain, be sick, and die; and having a physical brain upon which his thoughts are conditioned, he will inevitably be liable to pettiness, ignorance, wickedness, and even insanity. If nature is lying in wait for man, seeking whom she "may devour" with various evil forces, he cannot fight against such odds with any assurance of success. In a word, if the universe is as it appears to be to *finite* sense, there will never be a time when "God shall wipe away all tears," never an age when "there shall be no more death, neither sorrow, nor crying."

Such a creed would take away our heavenly Father, and make us bow our helpless heads and say, "Thy will in heaven is, as it is done on earth."<sup>10</sup>

<sup>10</sup> It may be argued that the so-called good of the material universe is ours, God-given and made, but not the evil; but since evil is irrevocably involved in the material, if God is in league with the material order at all, He is in league with evil, and it belongs to the divine order. If the material universe originates in Him, evil originates in Him.

But on the other hand, if we could but believe that, though seemingly blended, the evil is all in one circle, the material; and the good is all in another circle, the spiritual; and could but feel that because of their complete antagonism the two circles cannot overlap, — unity between God and the Devil being impossible, — we should have prepared the way for the solution of our problems.

Any faith to-day which involves a realisation of the feud that has always existed between flesh and blood on one side and the kingdom of heaven on the other<sup>11</sup> is in advance of those beliefs in which soul has not only ceased to revolt at flesh, but where even a reconciliation between them has seemed to take place.<sup>12</sup>

Therefore to such questions as: "Does God give spiritual beings material minds and bodies, and does He surround them with material conditions, upon which their life is dependent?" we must an-

<sup>11</sup> Understanding will ultimately teach us to go farther than this mere *separation* of the material from the spiritual.

<sup>12</sup> "Let us not always say,  
'Spite of this flesh to-day  
I strove, made head,' . . .

Let us cry, 'All good things  
Are ours; nor soul helps flesh more, now,  
than flesh helps soul.'"

ROBERT BROWNING.

swer: The material and the spiritual are opposites and are, therefore, mutually exclusive. Spirit and the spiritual do not know the material.

In order to see this, one must "undo the imperfection of his eyes"; but how? The power is within us. If we use it, it will bring us to our land of vision, the land of St. John. Through it we may look behind this mortal show,—through this life's evil, made of the stuff that dreams are made of,—and see the glory of the Real, which brighter and brighter grows until the evil fantasies which danced before us disappear, and we are blind to all but good. A cloister of glorious light is ours; we now know from whence it flows, and "the vision splendid," "the glory and the dream," are ours at will.

### CHAPTER III

## SPIRITUAL KNOWLEDGE AND MATERIAL BELIEF

In the foregoing introductory survey, which it is now desirable for us to work out somewhat more in detail, we have given a definition of Being that we believe involves the right answer to all life's questions, viz: Spirit and Spirit's activity constitute all Being. This definition in itself implies that we discriminate against any opposing form of mind as being untrue, and therefore, as involving the wrong answers to the questions of life. Upon what basis one may feel justified in classifying a certain so-called mind and its mental states under the head of Untruth, will be shown farther on. At present it is only necessary for us to be clear as to what power we have for arriving at the truth, and what power we seem to have; and as to the kinds of facts which each gives us; so that when we discriminate against one form and in favor of another, it will be quite clear as to just what our discrimination implies.

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There are *apparently* two forms of knowing by which we may learn about any given thing. One of these forms is divine or spiritual,<sup>1</sup> and the other is finite.<sup>2</sup> Both forms base their knowledge upon experience. The finite, mortal form of belief is based upon the experiences gained through physical sense data and is testified to by the so-called mortal or material consciousness; whereas spiritual realisations, according to our interpretation, are based upon the experiences gained quite apart from sense data, and are testified to by the divine or spiritual consciousness, sometimes called the "highest mystical consciousness."

From this difference in standpoint it follows that two answers in regard to the nature of any given thing will inevitably be given: the one, by material sense, being finite and physical according to its nature; the other, by divine consciousness, being infinite and spiritual according to its nature. These two answers, as it will appear more clearly in our subsequent discussion, will not only be different, but they will be antagonistic to one another. For instance, should it be asked of what are we made,

<sup>1</sup> Corinthians 2: 11, 12, 16. Also KANT: *Intuitive Understanding*.

<sup>2</sup> KANT: *Empirical Ego or Common Understanding*.

the spiritual consciousness<sup>3</sup> must answer: "The children of Spirit are spiritual"; while the finite so-called power<sup>4</sup> will say: "Of matter, governed by physical law." To all questions, the modern, empirical, finite consciousness answers with a system of *physics* which embraces all sciences, whether they have their sources in outer or inner experiences.<sup>5</sup>

<sup>3</sup> Corinthians 2:11, 12, 16. Also KANT: *Intuitive Understanding*.

<sup>4</sup> KANT: *Empirical Ego* or *Common Understanding*.

<sup>5</sup> "All that we know (says this finite consciousness) through outer experience is body,—that is, matter in space and time. The relations of time and space are investigated by *mathematics*, whilst the pursuit of matter in its transformations is the object of the *natural sciences* which as morphology (mineralogy, botany, zoology) deal with the forms of matter; as ætiology (physics, chemistry, physiology) with its changes and their causes.

"These states and changes of matter in space and time, linked together by the chain of causality, are called phenomena. These phenomena are manifestations of an inner unity termed force, natural force, instances of which are gravity, impenetrability, electricity, crystallisation, etc. Every state in nature is a tension of conflicting forces—instances: a building, a chemical union, the human body in the states of health, disease, and death. . . .

"The science of inner experience, according to the physical standpoint, is *psychology* (in the empirical sense), as it has for its subject the entire phenomena of inner perception, and accordingly embraces the whole domain of (empirical) knowing, feeling, willing."—DEUSSEN: *Elements of Metaphysics*, pages 2, 12, 13.

. . . . .



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Shall we accept a finite answer to our questions?

In asking this, we are again reminded that the interest of our discussion centres in the fact that life is a compulsory asking of questions and a finding of *true* answers. Life eternal is a knowing of the Truth; and therefore, whether we will or no, if we live, in any real sense of the word, we are forced to ask questions and find *true* answers as to the nature of things. Upon all men, therefore, sooner or later will be forced this question now before us:—

*Shall we accept as true any finite statement?* A study of the character of the finite will help us in making our decision.

The finite consciousness may tell us that this world of phenomena (that is, states and changes of matter) is an outer world, but one which can be known to us because it is something that acts as an excitant upon our sense organs, and thereby produces physical sensations by means of which we may interpret the world without. On the other hand, this finite consciousness may tell us that this so-called physical world is only an appearance of something, and that something is its own mentality. But whether the material universe is the sum of something without our finite minds plus these minds, or whether it is just the way that our mental processes look to our finite minds, does not change the fact that the universe seems *finite* to a finite sense, and a *finite* answer is sure to be given by a finite sense to any question whatsoever.

## CHAPTER IV

### THE FINITE

The study of the character of the finite reveals that which at least justifies us in believing that we shall find sufficient reason, before we have finished, for proving our discrimination against the truth of the material to be inevitable. Concerning this subject we can do no better than to quote the vivid descriptions of those thinkers to whom the finite has appeared in its real light.

<sup>1</sup> "There are few sights in Nature more restful to the soul than a daisied field in June. Whether it be at the dewy hour of sunrise, with blithe matin songs still echoing among the treetops, or while the luxuriant splendour of noontide fills the delicate tints of the early foliage with a pure glory of light, or in that more pensive time when long shadows are thrown eastward, and the fresh breath of the sea is felt, or even under the solemn mantle of darkness, when all forms have faded from sight, and

<sup>1</sup> FISKE: *Through Nature to God*, page 59.

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the night air is musical with the murmurs of innumerable insects,—amid all the varying moods through which the daily cycle runs, the abiding sense is of unalloyed happiness, the profound tranquillity of mind and heart that nothing ever brings save the contemplation of perfect beauty. One's thought is carried back for the moment to that morning of the world when God looked upon His work and saw that it was good. If in the infinite and eternal Creative Energy one might imagine some inherent impulse perpetually urging toward fresh creation, what could it be more likely to be than the divine contentment in giving objective existence to the boundless and subtle harmonies whereof our world is made? That it is a world of perfect harmony and unsullied beauty, who can doubt as he strolls through this summer field? As our thought plays lightly with its sights and sounds, there is nothing but gladness in the laugh of the bobolink; the thrush's tender note tells only of the sweet domestic companionship of the nest; creeping and winged things emerging from their grubs fill us with the sense of abounding life; and the myriad buttercups, hallowed with vague memories of June days in childhood, lose none of their charm in reminding

us of the profound sympathy and mutual dependence in which the world of flowers and insects have grown up. The blades of waving grass, the fluttering leaves upon the lilac bush, appeal to us with rare fascination; for the green stuff that fills their cellular tissues, and the tissues of all green things that grow, is the world's great inimitable worker of wonders; its marvellous alchemy takes dead matter and breathes into it the breath of life. But for that magician, chlorophyl, conjuring with sunbeams, such things as animal life and conscious intelligence would be impossible; there would be no problems of creation, nor philosopher to speculate upon them. Thus the delight that sense impression gives as we wander among buttercups and daisies, becomes deepened into gratitude and veneration till we quite understand how the rejuvenescence of Nature should in all ages have aroused men to acts of worship, and should call forth from modern masters of music the most religious of the arts of expression, outbursts of sublimest song.

“And yet we need but come a little closer to the facts to find them apparently telling us a very different story. The moment we penetrate below the superficial aspect of things, the scene is changed. In

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the folklore of Ireland there is a widespread belief in a fairyland of eternal hope and brightness and youth situated a little way below the roots of the grass. From that land of Tir nan Og, as the peasants call it, the secret springs of life shoot forth their scions in this invisible world, and thither a few favoured mortals have now and then found their way. It is into no blessed country of Tir nan Og that our stern science leads us, but into a sense of ugliness and hatred, strife and massacre.

“Macaulay tells of the battlefield of Neerwinden, that the next summer after that frightful slaughter the whole country side was densely covered with scarlet poppies, which people beheld with awe as a token of wrath in heaven over the deeds wrought on earth by human passions. Any summer field, though mantled in softest green, is the scene of butchery as wholesale as that of Neerwinden, and far more ruthless. The life of its countless tiny denizens is one of unceasing toil, of crowding and jostling, where the weaker fall unpitied by the way, of starvation, from hunger and cold, of robbery utterly shameless and murder utterly cruel. That green sward in taking possession of its territory has exterminated scores of flowering plants of the sort

that human economics and æsthetics stigmatise as weeds; nor do the blades of the victorious army dwell side by side in amity, but in their eagerness to dally with the sunbeams, thrust aside and supplant one another without the slightest compunction. Of the crawling insects and those that hum through the air, with the quaint snail, the burrowing worm, the bloated toad, scarce one in a hundred but succumbs to the buffets of adverse fortune before it has achieved maturity and left offspring to replace it. The early bird who went forth in quest of the worm was lucky if, at the close of a day as full of strife and peril as ever knight-errant encountered, he did not himself serve as a meal for some giant foe in the gloaming. When we think of the hawk's talons buried in the breast of the wren, while the relentless beak tears the little wings from the quivering, bleeding body, our mood toward nature is changed, and we feel like recoiling from a world in which such black injustice, such savage disregard for others, is part of the general scheme."

Looking still farther into the matter, Fiske goes on to say:

"We find that this hideous hatred and strife, this wholesale famine and death, furnish the indispen-

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sable conditions for the evolution of higher and higher types of life.

“Nay, more; but for the pitiless destruction of all individuals that fall short of a certain degree of fitness to the circumstances of life into which they are born, the type would inevitably degenerate, the life would become lower and meaner in kind. Increase in richness, variety, complexity of life, is gained only by the selection of variations above or beyond a certain mean, and the prompt execution of a death sentence upon all the rest. The principle of natural selection is in one respect intensely Calvinistic; it elects the one and damns the ninety-and-nine. In these processes of Nature there is nothing that savours of communistic equality; but ‘to him that hath shall be given, and from him that hath not shall be taken away even that which he hath.’ Through this selection of a favoured few, a higher type of life,—or at all events a type in which there is more life,—is attained in many cases, but not always. Evolution and progress are not synonymous terms. The survival of the fittest is not always a survival of the best or of the most highly organised. The environment is sometimes such that increase of fitness means degeneration of type, and the animal

and vegetable worlds show many instances of degeneration. One brilliant instance is that which has preserved the clue to the remote ancestry of the vertebrate type. The molluscoid ascidian, rooted polyp-like on the sea beach in shallow water, has an embryonic history which shows that its ancestors had once seen better days, when they darted to and fro, fishlike, through the waves, with the prophecy of a vertebrate skeleton within them. This is a case of marked degeneration. More often survival of the fittest simply preserves the type unchanged through long periods of time. But now and then, under favourable circumstances, it raises the type. At all events, whenever the type is raised, it is through the survival of the fittest, implying destruction of all save the fittest.

“ This last statement is probably true of all plants and of all animals, except that as applied to the human race it needs some transcendently important qualifications which students of evolution are very apt to neglect. At present we may note that the development of civilisation on its political side has been a stupendous struggle for life, wherein the possession of certain physical and mental attributes has enabled some tribes or nations to prevail over others,



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and to subject or exterminate them. On the industrial side the struggle has been no less fierce; the evolution of higher efficiency through merciless competition is a matter of common knowledge. Alike in the occupations of war and in those of peace, superior capacity has thriven upon victories in which small heed has been paid to the wishes or the welfare of the vanquished. In human history perhaps no relation has been more persistently repeated than that of the hawk and the wren. The aggression has usually been defended as in the interests of higher civilisation, and in the majority of cases the defence has been sustained by the facts. It has, indeed, very commonly been true that the survival of the strongest is the survival of the fittest.

“Such considerations affect our mood toward nature in a way that is somewhat bewildering. . . . A thought is likely to arise which in days gone by we should have striven to suppress as too impious for utterance; but it is wiser to let such thoughts find full expression, for only thus can we be sure of understanding the kind of problem we are trying to solve. Is not, then, this method of Nature which achieves progress only through misery and death, an exceedingly brutal and clumsy method? Life, one

would think, must be dear to the everlasting giver of Life, yet how cheap it seems to be held in the general scheme of things! In order that some race of moths may maintain a certain fantastic contour and marking of their wings, untold thousands of moths are doomed to perish prematurely. Instead of making the desirable object once for all, the method of Nature is to make something else and reject it, and so on through countless ages, till by slow approximations the creative thought is realised.

“Nature is often called thrifty; yet could anything be more prodigal or more cynical than the waste of individual lives? Does it not remind one of Charles Lamb’s famous story of the Chinaman whose house accidentally burned down and roasted a pig, whereupon the dainty meat was tasted and its fame spread abroad until epicures all over China were to be seen carrying home pigs and forthwith setting fire to their houses? We need but add that the custom thus established lasted for centuries, during which every dinner of pig involved the sacrifice of a homestead, and we seem to have a close parody upon the wastefulness of Nature, or what is otherwise called in these days the Cosmic Process. Upon such a view as this the Cosmic Process appears in a high degree unintelligent, not to say immoral.”

Again says Fiske:<sup>2</sup> "Survival of the fittest, as such, has no sort of relation to moral ends. Beauty and ugliness, virtue and vice, are all alike to it. Side by side with the exquisite rose flourishes the hideous tarantula, and in too many cases the villain's chances of a livelihood are better than the saint's. As I said a while ago, if we confine our attention to the survival of the fittest in the struggle for existence, we are not likely to arrive at conclusions much more satisfactory than Caliban's 'As it likes me each time, I do; So he.'

"In such a universe we may look in vain for any sanction for morality, any justification for love and self sacrifice; we find no hope in it, no consolation; there is not even dignity in it; nothing whatever but resistless all-producing and all-consuming energy.

"And," he continues, "if the spirit shown in Nature's works as thus contemplated is not one of wanton mockery, it seems at any rate to be a spirit of stolid indifference. It indicates a Blind Force rather than a Beneficent Wisdom at the source of things." It is in such mood as this that Huxley tells us, in his famous address delivered at Oxford in 1893, that there is no sanction for morality in the

<sup>2</sup> FISKE: *Through Nature to God*, pages 77, 78.

cosmic process. "Men in society," he says, "are undoubtedly subject to the cosmic process. As among other animals, multiplication goes on without cessation and involves severe competition for the means of support. The struggle for existence tends to eliminate those less fitted to adapt themselves to the circumstances of their existence. The strongest, the most self assertive, tend to tread down the weaker. . . . Social progress means a checking of the cosmic process at every step, and the substitution of it for another, which may be called the ethical process, the end of which is not the survival of those who may happen to be the fittest in respect of the whole of the conditions which exist, but of those who are ethically the best." Again says Huxley: "Let us understand, once for all, that the ethical progress of society depends, not on imitating the cosmic process, still less in running away from it, but in combating it." And yet again, "The cosmic process has no sort of relation to moral ends."<sup>3</sup>

Continuing our investigation of the character of the finite, we will quote further from the descriptions of others.

<sup>3</sup> Fiske says afterwards, that Huxley was using the term, "cosmic process," as equivalent to what Darwin called "natural selection" and what Spencer called "survival of the fittest."

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“There must be some sort of evil present whenever there is a finite will. It is not joyous to be finite, in so far as one *is* finite. One longs always to know more and to possess more; and one lives in all sorts of paradoxical relations to other finite lives. One lives in time, or in some such imperfect form of appreciative consciousness, and one preserves one’s finitude and so one’s endless cares.” <sup>4</sup>

“Most of us had rather be finite than nothing, although even that is not necessarily our opinion. But to be bounded in a nutshell and to have bad dreams as well, is of the essence of temporality and finitude in so far as they are regarded as such.

“In view of this truth one can well say that, speaking in temporal terms, there just now *is* in the world nobody who is content with it.” <sup>5</sup>

Proceeding with our characterisation of the finite, and still quoting from Professor Royce, “The worst tragedy of the world is the tragedy of the brute chance to which everything spiritual seems to be subject amongst us,—the tragedy of the diabolical irrationality of so many among the foes of whatever

<sup>4</sup> JOSIAH ROYCE: *The Spirit of Modern Philosophy*, page 437.

<sup>5</sup> JOSIAH ROYCE: *The Spirit of Modern Philosophy*, page 438.

is significant. An open enemy you can face. The temptation to do evil is indeed a necessity for spirituality. But one's own foolishness, one's ignorance, the cruel accidents of disease, the fatal misunderstandings that part friends and lovers, the chance mistakes that wreck nations,—these things we lament most bitterly, not because they are painful, but because they are farcical, distracting,—not foes worthy of the sword of the spirit, not yet mere pangs of our finitude that we can easily learn to face courageously, as one can be indifferent to physical pain. No, these things do not make life merely painful to us; they make it hideously petty. They are like the 'mean knights' that beat down Lancelot during his hopeless wandering in search of the Grail." <sup>6</sup>

And again: "But this capriciousness of life is what really makes it seem like an evil dream. Consider once more that horror involved in hereditary disease, and in the fatal and unearned baseness which often goes therewith. Consider the way in which the wrong-doing of one person often entails not the physical pain, but the utter and inevitable

<sup>6</sup> JOSIAH ROYCE: *The Spirit of Modern Philosophy*, page 465.

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corruption and endless moral degradation, of another. Consider how not mere disloyalty, but a transient mistake, may wreck the most spiritual of causes after years of devotion have built up its fortunes nearly to the heights of success. These, alas! are the mere commonplaces of our temporal order. Is it easy to say that these things are needed as a part of the gravity of the spiritual world? No, for they don't make the world spiritually grave. They make it rather insane and contemptible. Moral evil in the wilful sinner himself, you can look in the face and defy, and that, too, even if you are yourself the sinner. 'Here,' you can say, 'is my natural foe; I know what he is and wherefore he is. I condemn him, and I rejoice in defeating him.' But the hopeless and helpless degradation of the sinner's passive victim, how shall you speak comfortably or even defiantly after that? Here is the place only for pity; and in a world that is full of such things, and that always will be full of such things so long as its order is the prey of the mechanical accidents of nature, where is there room for anything but pity for its worthlessness?

"Well, here, indeed, we find the enemy, of whose works Shakespeare wrote in the sonnet that begins:

'Tired of all these, for restful death I cry.' And this will always be the cry of our darker moments so long as the tragedies of our world decline to appear to us as mainly moral tragedies. Nay; if it were only our sin that kept us from God, might men not often hope to see his face? The true devil isn't crime, then, but brute chance. For *this* devil teaches us to doubt and grow cold of heart; he denies God everywhere, and in all his creatures; makes our world of action that was to be a spiritual tragedy, too often a mere farce before our eyes. And to see this farcical aspect of the universe is for the first time to come to a sense of the true gloom of life." <sup>1</sup>

<sup>1</sup> JOSIAH ROYCE: *The Spirit of Modern Philosophy*, pages 468-9.



## CHAPTER V

### THE MYSTIC

If with the foregoing description of the finite world, including our finitude, the last word has been spoken as to the solution of the problems of life, we should indeed be impressed with the "immitigability of the mortal predicament," and should "resign happiness," for, with Omar Khayyám :

"Up from Earth's Centre through the Seventh Gate  
I rose, and on the Throne of Saturn sate,  
And many a Knot unravel'd by the Road;  
But not the Master-Knot of Human Fate.

"There was the Door to which I found no Key;  
There was the Veil through which I might not see:  
Some little talk awhile of Me and Thee  
There was — and then no more of Thee and Me.

"Earth could not answer; nor the Seas that mourn  
In flowing Purple, of their Lord forlorn;  
Nor rolling Heaven, with all his Signs revealed  
And hidden by the sleeve of Night and Morn."

But must we stop before the door to which there seems to be no key, *must the world, and must we, be finite, material?* It is quite true that the finite

intelligence or intellect, the finite feelings and the finite will, bound as they are to the material, have no alternative to offer; but is this empirical ego the sole dictator of what we shall believe? What of our *other* states of consciousness, not material, not intellectual, but *spiritual*? Have they not an equal right to speak, and when they testify to a supersensible kingdom, shall they not be given a hearing?

There are many persons who tell of states of consciousness synonymous with faith and with understanding states, thereby testifying not to the sensible world, but to a supersensible, spiritual order. Such states of consciousness have a "specific quality," and are peculiar to the mystic. In their more striking instances, these states are "not simply an expansion and extension of the self-conscious mind,"<sup>1</sup> but are "the super-addition of a function as distinct from any possessed by the average man as self-consciousness is distinct from any function possessed by one of the higher animals." They are states in which there occurs "an intellectual enlightenment which alone would place the individual on a new plane of existence, would make him almost a

<sup>1</sup> The larger part of the quotations in this chapter are taken from WILLIAM JAMES: *The Varieties of Religious Experience*, Lectures XVI and XVII.

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member of a new species." They are "revelations full of significance," are "insights into depths of truth unplumbed by the intellect," and stand for "an added dimension of emotion." "Whoever has become possessed by the mystic consciousness has overcome the barriers between himself and God."

What is that the mystic experiences in the foregoing states? What are these facts which the instinct and reason can never know? Passages from the mystic themselves answer these questions; and since it is with revelations of religious import that we are interested, we will confine ourselves to the citation of experiences in which the senses play no part.

"St. John of the Cross, writing of the intuition and 'touches' by which God reaches the substance of the Soul, tells us that 'they enrich it marvelously.'"

"The Vedantists assure us that when a man comes out of the mystic state he remains enlightened, a sage, a prophet, and saint, his whole character changed, his life illumined." "In India, training in mystical insight has been known from time immemorial under the name of Yoga, which signifies the experimental union of the individual with the

divine. The yogi, or disciple, learns that the mind itself has a higher state of existence beyond reason, a superconscious state, then this knowledge beyond reasoning comes. Just as unconscious work is beneath consciousness, so there is another work which is above consciousness, and which also is not accompanied by the feeling of egoism. There is no feeling of 'I,' and yet the mind works, desireless, free from restlessness, objectless, bodiless. Then the Truth shines in its full effulgence, and we know ourselves for what we truly are,— free, immortal, omnipotent, loosed from the finite and its contrasts of good and evil, and identical with the Universal Soul."

"When a fellow monk," says Luther, "one day repeated the words of the creed: 'I believe in the forgiveness of sins,' I saw the scripture in an entirely new light, and straightway I felt as if I were born anew. It was as if I had found the door of Paradise thrown wide open."

"I know," writes Mr. Trine, "an officer on our police force who has told me that many times when off duty and on his way home in the evening, there comes to him such vivid and vital realisation of his oneness with this Infinite Power, and this Spirit of

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Infinite Peace so takes hold of and so fills him, that it seems as if his feet could hardly keep to the pavement, so buoyant and so exhilarated does he become by reason of this inflowing tide."

In the autobiography of J. Trevor we find: "These highest experiences that I have had of God's presence have been rare and brief,— flashes of consciousness which have compelled me to exclaim with surprise —' God is here!'— or conditions of exaltation and insight less intense, and only gradually passing away. It was in the most real seasons that the Real Presence came, and I was aware that I was immersed in the infinite ocean of God."

St. Ignatius says that, a single hour of meditation has taught him more truths about heavenly things than all the teachings of all the doctors put together could have taught him.

A Canadian psychiatrist, Dr. R. M. Bucke, gives to the more distinctly characterised of these phenomena the name of cosmic consciousness. "The prime characteristic of cosmic consciousness is a consciousness of the cosmos, — that is, of the life and order of the universe. Along with the consciousness of the cosmos there comes an intellectual enlightenment which alone would place the in-

dividual on a new plane of existence, would make him almost a member of a new species. To this is added a state of moral exaltation, an indescribable feeling of elevation, elation, and joyousness, and a quickening of the moral sense, which is fully as striking and more important than is the enhanced intellectual power. With these come what may be called a sense of immortality, a consciousness of eternal life; not a conviction that he shall have this, but the consciousness that he has it already."

Dr. Bucke further tell of his own experience in cosmic consciousness: "I had spent the evening in a great city with two friends, reading and discussing poetry and philosophy. We parted at midnight. I had a long drive in a hansom to my lodging. My mind, deeply under the influence of the ideas, images, and emotions called up by the reading and talk, was calm and peaceful. I was in a state of quiet, almost passive, enjoyment, not actually thinking, but letting ideas, images, and emotions flow of themselves, as it were, through my mind. All at once, without warning of any kind, I found myself wrapped in a flame-coloured cloud. For an instant I thought of fire, an immense conflagration somewhere close by in that great city;

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the next, I knew that the fire was within myself. Directly afterwards there came upon me a sense of exultation, of immense joyousness accompanied or immediately followed by an intellectual illumination impossible to describe. Among other things, I did not merely come to believe, but I saw, that the universe is not composed of dead matter, but is, on the contrary, a living Presence; I became conscious in myself of eternal life. It was not a conviction that I would have eternal life, but a consciousness that I possessed eternal life then; I saw that all men are immortal; that the cosmic order is such that without any peradventure all things work together for the good of each and all; that the foundation principle of the world, of all the worlds, is what we call love; and that the happiness of each and all is in the long run absolutely certain. The vision lasted a few seconds and was gone; but the memory of it and the sense of the reality of what it taught has remained during a quarter of a century which has since elapsed. I knew that what the vision showed was true. I had attained to a point of view from which I saw that it must be true. That view, that conviction, I may say that consciousness, has never, even during periods of the deepest depression, been lost."

The following was taken from the autobiography of Al-Ghazzali, a Persian philosopher and theologian who flourished in the eleventh century and ranks as one of the greatest doctors of the Moslem church. "The Science of the Sufis," says the Moslem author, "aims at detaching the heart from all that is not God, and at giving to it for sole occupation the meditation of the divine Being. Theory being more easy for me than practice, I read (certain books) until I understood all that can be learned by study and hearsay. Then I recognised that what pertains most exclusively to their method is just what no study can grasp, but only transport, ecstasy, and the transformation of the Soul. . . . Thus I had learned what words could teach of Sufism, but what was left could be learned neither by study nor through the ears, but solely by giving one's self up to ecstasy and leading a pious life . . . The first condition for a Sufi is to purge his heart entirely of all that is not God. The next key of the contemplative life consists in the humble prayers which escape from the fervent Soul, and in the meditations on God in which the heart is swallowed up entirely. But in reality this is only the beginning of the Sufi life, the end of Sufism be-



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ing total absorption in God . . . Wherefore, just as the understanding is a stage of human life in which an eye opens to discern various intellectual objects uncomprehended by sensation, just so in the prophetic the sight is illumined by a light which uncovers hidden things and objects which the intellect fails to reach. The chief properties of prophetism are perceptible only during the transport, by those who embrace the Sufi life. The prophet is endowed with qualities to which you possess nothing analogous, and which consequently you cannot possibly understand. How should you know their nature, since one knows only what one can comprehend? But the transport which one attains by the method of the Sufis is like an immediate perception, as if one touched the objects with one's hand."

St. John of the Cross, one of the best of the mystical teachers, thus describes the condition called "the union of love" which, he says, is reached by "dark contemplation." "In this the Deity compenetrates the Soul, but in such a hidden way that the Soul finds no terms, no means, no comparison whereby to render the sublimity of the wisdom and the delicacy of the spiritual feeling with which she

is filled. We receive this mystical knowledge of God, clothed in none of the kinds of images, in none of the sensible representations, which our mind makes use of in other circumstances. Accordingly, in this knowledge, since the senses and the imagination are not employed, we get neither form nor impression, nor can we give any account or furnish any likeness, although the mysterious and sweet-tasting wisdom comes home so clearly to the inmost parts of our soul. Fancy a man seeing a certain kind of thing for the first time in his life. He can understand it, use and enjoy it, but he cannot apply a name to it, nor communicate any idea of it, even though all the while it be a mere thing of sense. How much greater will be his powerlessness when it goes beyond the senses! This is the peculiarity of the divine language. The more infused, intimate, spiritual, and supersensible it is, the more does it exceed the senses, both inner and outer, and impose silence upon them. . . . The soul then feels as if placed in a vast and profound solitude, to which no created thing has access, in an immense and boundless desert,—desert the more delicious, the more solitary it is. There, in this abyss of wisdom, the soul grows by what it drinks in from the

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well-springs of the comprehension of love, . . . and recognises, however sublime and learned may be the terms we employ, how utterly vile, insignificant, and improper they are, when we seek to discourse of divine things by their means."

From a French book, Professor James says he takes this mystical expression of happiness in God's indwelling presence:

"Jesus has come to take up his abode in my heart. It is not so much a habitation, an association, as a sort of fusion. Oh, new and blessed life! life which becomes each day more luminous. . . . The wall before me, dark a few moments since, is splendid at this hour because the sun shines on it. . . . My days succeed each other; yesterday a blue sky; to-day a clouded sun; a night filled with strange dreams; but as soon as the eyes open, and I regain consciousness and seem to begin life again, it is always the same figure before me, always the same presence filling my heart. . . . Formerly the day was dulled by the absence of the Lord. I used to wake, invaded by all sorts of sad impressions, and I did not find Him on my path. To-day He is with me; and the light cloudiness which covers things is not an obstacle to my communion with

Him. I feel the pressure of His hand; I feel something else which fills me with a serene joy: shall I dare to speak it out? Yes, for it is the true expression of what I experience. The Holy Spirit is not merely making me a visit; it is no mere dazzling apparition which may from one moment to another spread its wings and leave me in my night; it is a permanent habitation. He can depart only if He takes me with Him. More than that; He is not other than myself; He is one with me. It is not a juxtaposition; it is a penetration, a profound modification of my nature, a new manner of my being."

From many examples I have chosen the following from Thomas à Kempis:

"Give Thyself to me and it is enough; for besides Thee no other is of avail. Without Thee I cannot exist, and without thy visitation I cannot live. Therefore it behooves me often to draw near to Thee, and to receive Thee as a remedy for my Soul's health: lest perchance I fall by the way, if I be deprived of this heavenly sustenance."

The following quotation is taken from *Science and Health*:

"When apparently near the confines of mortal existence, standing already within the shadow of

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the death valley, I learned these truths in divine science: that all real being is in God, the divine Mind, and that Life, Truth, and Love are all-powerful and ever-present; that the opposite of Truth,—called error, sin, sickness, disease, death,—is the false testimony of false material sense, of mind in matter; that this false sense evolves, in belief, a subjective state of mortal mind which this same so-called mind names matter, thereby shutting out the true sense of spirit.”

The beauty of all this lies in the fact that these experiences are an evidence of the dawning realisation in men of the truth in regard to God, themselves and the relation between the Father and His Sons. This realisation is coming to us regardless of environment or previous education. Here we find at-one-ment revealed between man and God, and man’s own selfhood in his consciousness of the divine Presence.

The poets have sometimes given expression to this feeling, as in the case of Lowell:

“Man cannot be God’s outlaw if he would,  
Nor so abscond him in the caves of sense,  
But Nature still shall search some crevice out  
With messages of splendour from the Source  
Which, dive he, soar he, baffles still and lures.

This life were brutish did we not sometimes  
 Have intimation clear of wider scope,  
 Hints of occasion infinite, to keep  
 The soul alert with noble discontent  
 And onward yearnings of unstilled desire.

“ Sometimes at waking, in the street sometimes,  
 Or on the hillside, always unforewarned,  
 A grace of being, finer than himself,  
 That beckons and is gone,— a larger life  
 Upon his own impinging.

“ Shall he not catch the Voice that wanders earth,  
 With spiritual summons, dreamed or heard,  
 As sometimes, just ere sleep seals up the sense,  
 We hear our mother call from deeps of Time  
 And, waking, find it vision,— none the less  
 The benediction bides, old skies return,  
 And that Unreal thing, pre-eminent,  
 Makes air and dream of all we see and feel?

“ Yet for a moment I was snatched away  
 And had the evidence of things not seen;  
 For one rapt moment; then it all came back—”

*The Cathedral.*

The student of the mystical inevitably recalls the wealth of such experiences offered to him in the Bible:

There was the visit of the Angel Gabriel to a virgin in Nazareth, and his prophecy: “ The Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee; therefore also that holy thing that shall be born of thee shall be called

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the Son of God.”<sup>2</sup> There were the wise men who followed the star till it came and stood over where the young child was;<sup>3</sup> and the Shepherds “keeping watch over their flock by night, and, lo, the angel of the Lord came upon them. . . . And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, and on earth peace, good will toward men.”<sup>4</sup>

In Jesus Christ, the most spiritual of mystics, is revealed, in clear outlines and marvellous depth, the consciousness which knows the spiritual, and the *power* which such a consciousness possesses. Proofs of this power are given in such miracles as Christ's feeding of the five thousand, His healing of the sick, His raising of Lazarus from the dead, followed by His transfiguration, His resurrection and His ascension, which testify to His own growth in spiritual knowledge and power.

Such a consciousness longs to show to others the way of power, and in obedience to this longing Jesus untiringly endeavoured to teach the disciples what he knew; and we realise with what measure

<sup>2</sup> *The Annunciation; Luke 1:26-35.*

<sup>3</sup> *Matthew 2:1-12.*

<sup>4</sup> *Luke 2:8-14.*

of success, as we recall the day of Pentecost, or Peter's healing of the lame man, and his restoration of Tabitha to life. Even Paul was filled with the Holy Ghost, although he had never seen Jesus in the flesh.

When contemplating such mystical experiences, they seem at first sight to form a tiny stream of thought, a golden thread, half hidden; but following its course as it winds down the centuries, from dimmest vistas of time till now, down through the mountains of experience which raise their snow-clad peaks to heaven, one sees this once tiny stream ever receiving into itself many waters and imaging within their depths, in radiant colours, the countless reflections which it catches from above, until, like a river of life, it flows from the hearts of men to the feet of God, and voices to Him in tuneful measures the pulse beats of His world. We trace this mystic river out wherever men have lived, and find in it the countless soils and myriad growths through which it makes its way. We taste in it their fruits, and catch the fragrance of their flowers as we breathe the divine essence which it exhales, distilled from the lifted hearts of many people in prayer.

And not only the prayers of heroes and of martyrs



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shall be preserved in this mighty hymn of men's souls, but as well the prayers of those uncounted beings, seeming driftwood on the sea of life, who, although their lips are silent, yet are lifting speaking hearts to heights above them in passionate petition to a higher power, that their hands may not fail nor their hearts falter. Could we know of all men's prayers, what a contribution it would make to this record of man's life in close and sustaining communion with his Father!

From the high places of thought, everywhere, come also to this one stream of many waters the ecstasy of life, its laughter as well as its tears; and as its depths are filled with the spirit of service and high endeavour, its surface dances and sparkles with the spirit of play in men.

## CHAPTER VI

### THE UNFOLDING OF THE MYSTIC CONSCIOUSNESS

After reading and analysing these mystical experiences, one may be satisfied with coming to the scholarly conclusions that "such states open out other orders of truth to us," and "their existence absolutely overthrows the pretention of non-mystical states to be the sole and ultimate dictators of what we may believe."<sup>1</sup>

No one could put such conclusions in a more convincing form than Professor James when he says: "Our normal waking consciousness,— rational consciousness," as we call it,— is but one special type of consciousness, whilst all about it, parted from it by the filmiest of screens, there lie potential forms of consciousness entirely different. We may go

<sup>1</sup> WILLIAM JAMES: *Varieties of Religious Experience*, page 427.

Mystical states break down the authority of the nonmystical or rationalistic consciousness, based upon the intellect and the senses alone.— JAMES, page 423.

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through life without suspecting their existence; but apply the requisite stimulus, and at a touch they are there in all their completeness,— definite types of mentality which probably somewhere have their field of application and adaptation.”<sup>2</sup>

These conclusions, couched in the cool language of scientific research, are inevitable if the reader of mystical experiences be of an open and disinterested mind. One equally hospitable to the experiences of others, but bringing to them a different temperament, will find his imagination stirred as the mystics tell of a life passed on the farther side of that field of consciousness which most men call normal. And when they bring back across the border rumours of the aspects and occupations in a rarely explored land, and tell of dreams that come to fulfilment in some “shadowy isle of bliss midmost the beating of the steely sea,” he may idly wish that he, too, with St. Martin, had seen “flowers that sounded,” and “heard notes that shone”; and with the Celtic poets had caught the “music of the sunfire on the waves at daybreak.”

Another may go even farther upon the hearing

<sup>2</sup> WILLIAM JAMES: *Varieties of Religious Experience*; page 388.

of mystical experiences, and with worthy ambition to enlarge his horizon may consciously decide, as a matter of education, to try to enter into such experiences, since this mystical truth exists for him who enters this higher state of consciousness, *and for him alone.*

If, however, one reads the experiences of the mystic, not with idle nor yet intellectual curiosity, but *in the light of some definite finite experience* through which he has just passed, his attitude is of a much more serious nature. His experience may be one of sorrow, loneliness, or pain,—perhaps one of sin; or it may be only that his heart beats low and fails of its desire. But whatever the experience may be, *if he is conscious of its significance*, the weight of it will be sufficient to make him rebel against the actual and long for that which shall transcend it. Must he be finite and subject to a finite order, is the question which will persistently force itself upon him. At such a moment, no Omar Khayyám knows more of the keyless door than he, nor more of the veil through which we cannot see. He needs no Schopenhauer now, to tell him that life is through and through tragic and evil. At such a moment, he finds poor consolation in the “faith

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that looks through death," or in the philosophic mind, for the loss of that "bright radiance" which now fails him.

The mystic experiences, read at such a moment, do more than appeal to that faculty which collects data; do more than kindle the imagination; do more than arouse our instinct for self-enlargement. They are the ship in sight as we are about to founder; they awaken a hope in us, and make a rift in the black cloud which bears down upon us, as we eagerly drink in the real significance of the mystical experiences.

This significance consists in the fact that whereas the so-called normal, rational consciousness is paralleled by a finite world, the highest mystical consciousness is not only paralleled by a divine world, but it and its realm are antagonistic and destructive to the realm of the finite. And just here we catch a glimpse of the great truth that we ourselves may determine the world in which we live, by making a choice of the consciousness which we hold.<sup>3</sup> Should

<sup>3</sup> We shall see that Idealism, of whatever kind, reduces the universe to thoughts and their mental appearances. Technically speaking and from the point of view of the spiritual Idealist, each ~~time~~ thought has its perfect and spiritual appearance; which, however, appears outwardly only in proportion to man's realisation of the thought and its appear-

true

we choose to keep active the so-called material, human consciousness, such a choice would assure to us the life of a seemingly *material* being in mind and body, subject to sensuous pleasure, sorrow, sin, pain, death, and all finite conditions. Should we, however, choose to bring into play and to keep active the highest spiritual realisations of which the Christ is capable, we should virtually be determining for ourselves the life of a *spiritual* being, subject to spiritual law, and free from the physical order with all its attendant evils and pleasures.

When once intense suffering or even a lack of  
 ance. The material appearance of the world, therefore, is only a picture of man's lack of realisation of existing spiritual perfection. This perfection must be realised by men, as it really is; and then, they can and must manifest it, *here and now*. Again speaking from the point of view of the spiritual Idealist, but less technically, one may say that each appearance is entirely dependent for its quality upon the kind of thought behind it. The material appearance of the world is the outward appearance of "mortal thoughts" only. There are, however, other appearances to be seen by those who hold their thoughts above the mortal plane: by those who absent themselves in the spiritual. For example, John saw "a new heaven and a new earth." Elisha saw Elijah taken from him. "And Jesus, when he was baptised, went up straightway out of the water: and lo, the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting upon him; and, lo, a voice from heaven, saying, This is my beloved Son, in whom I am well pleased."

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joy and interest has revealed to one this real significance of the mystical experience, and he sees, through others, the potential of his own nature and the possibility of determining to perfection his world, his one desire is to be more awake on the mystic side. He is athirst for the fountain of Life, and a hope is born in him that he, too, shall overcome and inherit all things; that he, too, shall be led by the Spirit; and that the angel of the Lord shall come upon and the glory of the Lord shall shine about him.

To be more awake on the mystic side, awake to the extent of having at will mystical experiences of religious rank,—that is now his desire; and lest in a moment of weakness he should be overcome by his apparent unfitness to attain to these mental states, he must realise that if there exists one who can say that “there is a verge of his mind which these truths haunt,” then all can say it. If but one has become a mystic to the extent of “overcoming all the usual barriers between the individual and the absolute,” and “has become aware of that oneness,” “that unity between man and God,”—then *all* can be mystics, and reap all the truths which such states of mind yield. Moreover, if one has attained to

the mystic state, it is compulsory for each one of us to attain to it. Christ Jesus, St. John, St. Teresa, St. John of the Cross, and numberless others are the first fruits, and all are destined to be the second.

Having established the existence of the mystical consciousness and our obligation to cultivate it, it now devolves upon us to find a method of training the mystical power inherent within us, for discovering, understanding, realising, and expressing the existing spiritual.

Before entering, however, upon the training of that faculty which makes for spiritual realisations, let us further fortify ourselves against discouragement by realising again that we neither must nor *can* enter into the higher religious state of consciousness by means of the "finite intellect."<sup>4</sup> The mystic himself is aware of this fact. He knows that there is a mental state *beyond* the finite reason, and that

<sup>4</sup> That these states of consciousness which yield spiritual truths do not depend upon the finite intellect is made plain by a comparison of the intellectual consciousness with the mystical. The finite intellect bases its authority upon the testimony of the senses; but the senses, in the religious moods which we are considering, are in abeyance. In these highest mystic states there is a feeling of having passed out of the body; space, time, and all sensations are obliterated, and the sense of physical relations is lost.



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only while he is in this state will the knowledge *beyond the finite* come to him.<sup>5</sup>

The mystic, moreover, not only realises that the instrument or mind of Christ by which the super-sensible is revealed to him is *not* the finite intellect, but many of them feel that these two so-called knowing powers,—the mind of Christ and the mortal sense,—are antagonistic to one another,<sup>6</sup> inasmuch as one “silences” the other; “the senses and the intellect swoon away” in the presence of the higher mind.<sup>7</sup>

<sup>5</sup> “In the orison of union,” continues St. Teresa, “the soul is fully awake as regards God, but wholly asleep as regards things of this world. Her intellect would fain understand something of what is going on within her; but it has so little force now that it can act in no way whatsoever. . . .”

“Jesus answered and said unto him, Verily, verily, I say unto thee, except a man be born again, he cannot see the kingdom of God.”—*John* 3:3.

“But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.”—*1 Corinthians* 2:14.

<sup>6</sup> “But as then he that was born after the flesh persecuted him that was born after the Spirit; even so it is now.”—*Galatians* 4:29.

“For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other.”—*Galatians* 5:17.

<sup>7</sup> In the mystic consciousness, the “lower self is lost as the higher self appears. . . . As the conditions of ordinary

We therefore see that whatever methods we adopt for the *unfolding of our power for discovering, understanding, realising, and manifesting the truth*, such methods will not be directed toward a "finite intellect," but will be concentrated upon a spiritual capacity; since it, alone, can involve and become aware of the truth.

The unfolding of any power is brought about through its use. To this rule the capacity in question offers no exception. And since, in its ultimate analysis, our spiritual power is a capacity for becoming aware of and manifesting *the truth only*, such power will be exercised and so unfolded in proportion to our seeking for, and absorption in, truth or reality.

Let us, therefore, try to find out and to realise as true the truth concerning all things; *i.e.*, the *right* answers to all questions: questions about God, His nature and His relation to us; about ourselves and our natures; about that of which we are made and the laws we are meant to obey. Let us also try to find the true answers to questions concerning the animals, the flowers, and all the out-of-door things.

consciousness are subtracted, the sense of an underlying, essential consciousness acquires intensity."

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Of what are they made, by what laws are they governed, and what is their relation to God and to us?

Let us seek to know what evil is; if it has to be; and, if not, how we may rid ourselves of its seeming necessity. Let us try to understand why we ought to do right and what is right; why we ought to be happy, beautiful, and gifted, and how it is possible to bring this about.

Such problems, yet unsolved, run in an undercurrent through the minds of all of us; and since their true answers demand ever fresh activity on the part of our truth-realising capacity we shall seek for a knowledge and an understanding of such truths, since our purpose is, through its activity, to unfold the truth-realising capacity to its fullest.

Many bring about this exercise and unfoldment of the Christ mind by having faith in the truth of what Christ Jesus, the disciples, and the saints have revealed, however foreign to their own experience such revelations may be. And to enter thus through an act of faith is the simplest, although not the deepest way to arrive at spiritual experiences and to win the knowledge which they bring. But in our time there are many who will not be satisfied with what mere faith brings them; and, too, there are

those to whom even faith is denied, for the strong development of the scientific, the material sense has silenced the mind that makes for faith in the supersensible. For these we must go further in pointing out the way to the spiritual experience. And although in some hearts faith is silenced, in others it has grown into a great prayer for understanding. Therefore, if there are those who are seemingly farther away from that state of mind which leads to God than were our forefathers, there are those who are nearer; for understanding, or even a desire to understand God, is a greater realisation of ourselves as the Sons of God than an attitude of faith can be. Those whose faith seems gone, as well as those in whom faith has grown into something larger, must come to *understanding*.

But who can teach us the way to understanding? We need technique.<sup>8</sup> Many a mystic goes into raptures over the visions which come to him unsought; but his descriptions leave us cold, for we have no visions, and he cannot tell us how his come. A great singer was once visited by a pupil who had trouble with her breath support. The question of how to

<sup>8</sup> By "technique" we mean the activity of a specific kind of thinking.

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breathe seemed to the artist to be beneath her consideration. "It is so easy," she said; "even the beasts can breathe." It is needless to say that the pupil was not helped by the great, but unconscious, artist. Our need is not so much for the unconscious mystic as for one who is conscious of the laws which are operating to bring about his results. And our need has been met. The laws of thought operating in our old faiths, and which will be operative in our future spiritual understanding, have been discovered, and we may lay hold of these laws. This is the joy reserved for those who seek for the *understanding* of the truth.

The first step to be taken by those who find it necessary to resort to the technique of spiritual mysticism, is the comprehension of the general doctrine of Idealism.

## II

## IDEALISM



## CHAPTER VII

### A GENERAL STATEMENT OF IDEALISM

In its simplest form, and in the form in which it is common to the doctrines of Kant, Fichte, Hegel, Berkeley, and the Christian Scientists, the fundamental truths of Idealism may be variously expressed: "The external world is only a mass of ideas seen from without." "Our world is of such stuff as ideas are made of." "Only ideas are the realities." "In the world of experience there is properly no such thing as material substance discernible at all. The world of sense experience is a world of ideas and their laws."<sup>1</sup>

<sup>1</sup> Additional statements of Idealism:

"What do I mean by space? Only a vast system of ideas which experience and my own mind force upon me. . . . And when we put our world into space and call it real there, we simply think one idea into another idea; not voluntarily, to be sure, but inevitably, and yet without leaving the realm of ideas."—JOSIAH ROYCE: *Spirit of Modern Philosophy*, page 358.

"There is no being or fact outside of that which is commonly called the psychical existence, feeling, thought, and volition."—BRADLEY: *Appearance and Reality*.



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Deussen brings this home when he tells us that "not only the movements of my limbs, but also the limbs themselves of which my body is composed, are intrinsically and in themselves Will." <sup>2</sup> Again he says: "My body is nothing but Will itself, objectified in space and time through causality; and all its members, — hand, foot, brain, stomach, etc., — are the objectivity of the various tendencies of Will." <sup>3</sup> And he defines Will as "that which indeed underlies all inner emotions, all desiring, striving, wishing, longing, craving, hoping, loving, rejoicing, grieving, etc., but of which we first become fully conscious in performing externally any movement of our limbs, or in experiencing any influence on our body (hunger, thirst, pleasure, pain, etc.)." <sup>2</sup> "Our body is just this undivided will as it appears viewed through the forms of our intellect." <sup>4</sup>

"The same thing which arises in my consciousness as sensation, idea, or feeling would manifest itself in the perception of the external senses as a physical process in my body."— PAULSEN, *Immanuel Kant*, page 251.

"Bodies in space are nothing but objectified perceptions. . . . The corporeal world is merely the construction of the understanding."— PAULSEN, *Immanuel Kant*, page 141.

"Christian Science explains all cause and effect as mental, not physical."— *Science and Health*.

<sup>2</sup> DEUSSEN: *The Elements of Metaphysics*, page 106.

<sup>3</sup> DEUSSEN: *The Elements of Metaphysics*, page 115.

<sup>4</sup> DEUSSEN: *The Elements of Metaphysics*, page 116.

These so-called material objects, then,—these stars, clouds, trees, houses, and even our own bodies,—are not made of a “solid something, called matter.” This external world, if the Idealists’ standpoint is true, is not what people in general think it is, but is, in fact, a *thought* world which appears to us as material. Take away these thoughts, and their material projections,—this physical world,—would no longer appear.

In order to make clear the Idealist’s interpretation of events, let us tell the one story of *Pélléas et Mélisande* in two ways, and first in the usual and most popular way.

Golaud, while hunting in the forest, meets a weeping maiden at the edge of a fountain in which she has lost her crown. Golaud weds the mysterious Mélisande, although he is much older than she. The home to which he takes her is dark and gloomy. The forest is so wild and so filled with trees that the sky is hidden. Mélisande loses her wedding ring while playing with it. She falls in love with Pélléas. Her husband kills Pélléas and wounds Mélisande, who dies in a few weeks.

Such a description dwells upon what happened *outwardly*, what was done and how things looked,

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rather than what was felt and thought. This way of describing a situation is perhaps the one best known to all of us. Take a day in our own lives, and, in describing it, we talk of what we did, what we saw, what the thermometer said; — that is, we dwell as a rule upon the outward features of the day's happenings.

But there is another way of describing a day's doings. Let us still use the story of *Mélisande* to illustrate this other way. It is a certain form of idealism which teaches that the half-light in and about *Mélisande's* home is but an appearance, the essence of which is *Mélisande's* own half-awakened mind,—a mind which is incapable of grasping the truth. It teaches that the terrors of the wood are but the images of *Mélisande's* own *inner* fears, and the loss of her bright crown but the outer sign that all her inner light was gone: — the light that told her right from wrong, the light that makes for keeping faith, for living truly, for caring for the welfare and the happiness of others. This idealism would explain that *Mélisande's* temperament, like *Ophelia's*, did not “couple with her fate” to make her life such a tragedy; but that fate was her temperament, only it failed to appear as such to *eyes*, to *ears*, to any one of the physical senses.

Such a description is concerned with the mental states in a situation, and should we describe a day in our lives in this way, we should not dwell upon the fact of having a dinner party, but rather should we say: "I wanted so much to see my friends, and wishing to give them pleasure," etc.; that is, we should describe the day's happenings by telling what we thought and felt, the *ideas* in the situation being counted as essentially interesting.

Idealism, then, really means that *thought* is the essence of everything that becomes apparent to us. This outer appearance world, is, after all, only the way in which thoughts become apparent to us,—is their projection. Our homes, our friends, our clothes, our incomes, our sickness, our health, our relations,—all of these things which in the case of each one of us are called "our circumstances,"—what are they but the outward appearances or projections of our thoughts? Under all circumstances, says Idealism, that which appears to us,—whether a friend, a trip to Europe, or a world war,—is but the manifestation of processes of thought which are going on in consciousness, and of which we are often unconscious.

One is tempted to challenge the reality or actuality

of thoughts which appear in the form of a *material* world, a world of such questionable value; where sorrow, failure, sickness, pain, and death play so large a part. *The validity, however, of any thought world depends upon its thinker.* Thus one must ask: "Who thinks these thoughts which appear as the material world?" Kant answers: "The external world that we know is, then, the world not of dead outer things, but of human thoughts." "Kant had proved that the three main pillars of nature,—time, space and causality,—are nothing but the subjective forms of our *intellect*."<sup>5</sup> <sup>6</sup> "Space and time appear to us to belong outside us merely because they are conditions *in us* of our seeing and feeling things, forms of our [finite] sense. It is with them as with coloured spectacles. If one always wore green goggles, all his world would seem green to him."<sup>7</sup>

*The "finite sense" is the source of the finite.*<sup>8</sup> It is the thoughts of the "finite sense" that present to us the physical world in which we seem to live.

<sup>5</sup> DEUSSEN: *The Elements of Metaphysics*, page 64.

<sup>6</sup> The word "intellect" is used in the sense of Kant's *Empirical Ego* or *Common Understanding*.

<sup>7</sup> ROYCE: *Spirit of Modern Philosophy*, page 124-25.

<sup>8</sup> See notes on page 89.

This "finite sense" corresponds to the green goggles which make the world look green to those who wear them. As one realises the significance of this idealism, a door opens in his mind and he becomes possessed with a growing suspicion that perhaps there really isn't any physical world out there at all. Can it really be true "that what we call [physical] Nature, all outside ourselves, is but our own conceit of what we see," and that, merely because of the "make" of the "finite sense," we may be deceived in believing that we and others have a physical nature, subject to physical laws and a physical environment? We begin to see what the philosophers mean when they speak of the "phantom forms" of space, time, and sense, and use such expressions as "in this *show* world of our limitation and ignorance."

Our feeling of doubt grows; the new door into the unknown opens wider; possibilities, undreamed of before, begin to dawn upon, but serve only to vex and perplex, us. We dread to take a step in any direction. And, indeed, where shall we stay, where shall we go,—for no longer have we a sure foothold upon what once seemed so substantial, and as yet no other reality has appeared to take its place?

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But unless we have the courage and faith to pass beyond our old landmarks, we shall never be able to enter into that *real* world in which, alone, the problems of life find their solution.

## CHAPTER VIII

### TWO TYPES OF IDEALISTS

Let us decide, therefore, in the spirit of individual quest and high adventure, to follow the new thought path opening before us. It may seem beset with perils, but perhaps may lead to heights above us from which we may discern more truth. In obedience to this resolution, let us look upon the physical world as constituted of a "finite sense," its *finite thoughts* and their appearances, and the question will then present itself: Is this "finite sense" solely responsible for the physical world? That is, isn't the material world there at all, apart from this finite, so-called mind? In answer to this question, certain types of idealists would assure us that the thoughts behind the material world are in the divine Mind, too,—are in Spirit. As when Berkeley says: "Whose language, then, am I reading in the world before me? Whose ideas are those that experience impresses upon me? Are they not God's



ideas? Is it not His language that I read in nature?"<sup>1</sup>

There is, however, another type of idealist, of which the Christian Scientist is an example. These spiritual idealists also grant that what is called the material world is, in essence, a conception of the finite, so-called sense; but on the other hand they maintain that God could not possess a finite mind or think finite thoughts, neither could He accept from us a *finite* thought as the right answer to any question.<sup>2</sup> Therefore, when they assert that the thoughts underlying material appearances are *finite*, they mean that the so-called source of such thoughts is entirely within the material, finite circle of things. They mean that there is no material world apart from the finite so-called mentality, with its way of

<sup>1</sup> "After all, then, would it deprive the world here about me of reality, nay, would it not rather save and assure the reality and the knowableness of my world of experience, if I said that this world, as it exists outside of my mind and of any other human mind, exists in and for a standard, an universal mind, whose system of ideas simply constitutes the world? . . . If the standard mind knows now that its ideal fire has the quality of burning those who touch it, and if I, in my infinitude, am bound to conform in my experiences to the thoughts of this standard mind, then in case I touch that fire I shall surely get the idea of a burn."—JOSIAH ROYCE: *The Spirit of Modern Philosophy*, page 361.

<sup>2</sup> See Notes on the Real World, pages 111, 112. 126-7

looking at things and putting them together;<sup>8</sup> that there *isn't* anything "yonder that corresponds in fact to this series of experiences" in us. Quite definitely one sees that they disagree with the idealist who would interpret this physical nature as "in essence itself, a system of ideal experiences of some standard thought, of which ours is only the copy."

To our early and somewhat inadequate characterisation of the "finite, physical world," Idealism has added the fact of its being a *thought* world. Now a certain kind of Idealism reveals it as composed entirely of "*finite* processes and thoughts." Therefore, from its point of view, should we wish to escape from the desolate cage into which we are thrown by this "finite, physical world," we now know that it is not only with thoughts and mental processes that we have to cope, but with *finite* thoughts and finite mental processes; both appear-

<sup>8</sup> "These things, bodies, are not ~~of~~ things-in-themselves. They are real as phenomena only, for a perceiving subject. Without any subject at all, without the content of its sensations and the forms of its perception, we should never talk at all about bodies and their reality."—PAULSEN: *Immanuel Kant*, page 238.

"Space and time . . . are the conditions prior to all physical nature. And now space and time can thus be found to be unreal outside of our minds."—ROYCE: *Spirit of Modern Philosophy*, page 124.

ing as physical, material and apparently having their source in a finite mentality.

The fact that sorrow and lack, sickness and sin, are "finite mental processes, finite thoughts and their mental appearances," would not keep us from having these processes and these thoughts, and so from being sad, poor, sick, and sinful. Neither would the fact that such processes and thoughts are the fabrication of the "finite intellect," in itself offer us a way of escape. If, however, these "finite activities" are *not* God's activities and therefore *another* reality, *His* reality can be found, in the light of which this "finite sense," these "finite processes" and sense and "finite thoughts" and their appearances are seen to be unreal; then will the way of escape be plain.

But how can the spiritual Idealist hope to prove to us that God's reality is such another reality; and this "finite sense," therefore, not a real mind; and the things that it tells us not really so? For even if it were true that this physical nature is, as they say, "just a conception of mine" and "no outer fact at all," and thus without any material sense one would never talk at all about bodies and their realities, why should that give us hope that this physical world is

an illusion? Why doesn't just our thinking with the brain make a thing real? Why does a thing have to be thought *outside* of "finite sense" in order to make it real? But even if it must, why isn't this "sense" thinking things, as they are thought outside of us; why isn't it given to us, if not to create, at least to see things as they are created? Why not go farther, and instead of using the term "finite sense," why not call it "God talking to us in the language of the sense," as Berkeley puts it; or, in the idiom of the constructive idealist, why aren't these "intellectual ideas at least a part of that system of ideas which is held by the universal Mind, and therefore an aspect of reality" ?

Or to go to the other extreme, suppose the "finite intellect" to be destitute of all organs for the comprehension and conception of the spiritual; why, upon that ground, quarrel with its message? Nay, more; since it cannot tell us of a world in which it and its messages are superfluous, why isn't that in itself sufficient proof of there being no such world?

In spite, however, of all this plausible pleading on the part of the "finite intellect," or "sense," our hearts still long, say the spiritual idealists, for the Reality which, by its nature, *excludes* the "finite, the physical."

But does a mere longing justify us in drawing Deussen's conclusion that "since time and space are only functions originating in the 'intellect,' they are not 'external truths'"; or in asserting with Kant that we have "made room for another order of things" when once we have demonstrated that infinite space, infinite time and infinite causality are but subjective forms of *our* perceiving.

No; a mere longing cannot carry one so far, but — and here is an end to all our questioning — these spiritual idealists hear a voice, and it is not the voice of the finite "mind." Moreover, this voice is more than a longing. It tells in detail of an order and how to reach it, which is not the physical order and which contradicts its pretensions.<sup>4 5</sup>

<sup>4</sup> Kant wanted to find the world of true being, the real world; and in 1770 he made a new attempt to discern the method by which this real world ("*mundus intelligibilis*") might be found. This attempt resulted in the conviction that "by means of *pure concepts of the understanding* it is possible to reach a pure intelligible reality that is free from the conditions of sensibility."— PAULSEN: *Doctrines of Kant*, page 283.

Too little credit is given to Kant for his conception of the real world and the real man or selfhood.

<sup>5</sup> The founder of Christian Science was also concerned with the Reality beyond the physical, finite world. Her spiritual or "intuitive" understanding went so far as to find and state laws of knowing or thinking by which each of us may voluntarily unfold his ~~un~~consciousness of the Real,

In such hearing and seeing lies our hope of escape from this whole physical and finite order of things. When this Divine voice made itself felt only as a longing, we still listened to the voice of the "finite mentality," and allowed it to dictate so-called laws of belief to us. But the divine Voice of consciousness has now spoken, in unmistakable terms, to the *spiritual* Idealist. He has now become aware of the spiritual consciousness as having authority, and sees that only as it awakes and unfolds to its fullest shall he be able to discover, understand, realise and manifest those truths which are unplumbed by the "finite intellect," which are unknown to "finite feelings," and which will save him from both.

Those of us who entered upon the study of Idealism for the sake of ridding ourselves of the "finite," may rejoice that so early in our course we may be led by a type of idealist which denies God's authorship of the "finite." This is the first step in the right direction. Let us now follow the way, the thought path, of these mystic or spiritual Idealists, and make it our own. It is mystical, but not mysterious. Having arrived at understanding for them-  
and, in proportion to this unfolding, may make the Real appear in his daily life.

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selves, they can give to us that which we may understand. Their "way" is given in detail in the following three chapters.

### **III**

## **THE SPIRITUAL IDEALIST**





CHAPTER IX  
THE WAY OF THE SPIRITUAL  
IDEALIST  
THE DIVINE MIND WAY

Spiritual Idealism, in its highest development, defines the Real and teaches us how to lay hold of it and manifest it. It defines evil. It has rediscovered and formulated the laws which make for the overcoming of evil as well as for the maintenance of good.

1. THE REAL MAN

As soon as the spiritual Idealist has pointed out the presence inside of us of a spiritual consciousness, in which divine knowing, loving, and expressing are active, he claims that this is the nature which Paul names the "mind of Christ"; that same "mind" which is operative in all the transports of the spiritually intuitive; which the founder of Christian Science brought into conscious and effi-

cient operation, and of which Jesus Christ was the supreme embodiment.

When the spiritual Idealist has thus brought into relief the Christ mind activity, he calls it the activity which belongs to the Real man.<sup>1</sup> Such a man we may characterise in the following way:

He is a member of a supersensible order. His origin is God, Mind. He is an individual, spiritual consciousness, a capacity for discovering, understanding, realising, and manifesting those divine activities reflected in himself.<sup>2</sup> At any given moment the necessary truth is being experienced by God, in

<sup>1</sup> "Our cognitive faculty has two realms, that of natural concepts and that of the concept of freedom."—KANT: *Kritik of Judgment*, Introduction, page 10.

The empirical ego is that for which bodies are real. . . . It is a "presupposition of the possibility of the corporeal world, which is a product of its activity. . . . That is the one aspect. The same subject has, however, still another side, . . . practical reason; and the moral law is the form of its functioning. . . . And here we have reality itself, as it is in itself. . . . Reason is just *homo noumenon*."—PAULSEN: *Immanuel Kant*, pages 248-9.

"Thus the reason which thinks and realises ideas, leads beyond the spatial and temporal world of phenomena to an ideal eternal reality."—PAULSEN: *Immanuel Kant*, page 284.

<sup>2</sup> The eastern sages point to the *Will to life* which makes for this varied world and, on the other hand, to the *denial* of the Will to life which expresses itself in self-denying deeds of morality, *belonging to another realm from that of the physical*.

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the individual spiritual consciousness, and it has full power and freedom to realise and to manifest this truth. Thus all his needs are supplied. He is becoming more and more conscious all the time of Mind and Mind's activities, and is manifesting this ever unfolding consciousness. He does not see things through material sense; his perception is spiritual. Being an idea of God, he is necessarily a moral being; is concerned with "right and the best way"; has a good will; has a consciousness of duty, of vocation, a sense of fitness, beauty, and justice. He is spaceless and timeless, a pure reflection of Spirit, and is, therefore, free from the mechanism of the so-called physical universe and its so-called laws.

### 2. CHRIST JESUS REPRESENTS THE REAL MAN

But the spiritual Idealist does not have to content himself with the mere ideal of what the real man should be. Jesus was born again and of the Spirit, and could see the kingdom of heaven (John 3: 3, 5). Through his true self-realisation, the real Man in his instance appeared, and was recognised by illumined sense as the Son of God (Matthew 16: 16); as having no sin (Hebrews 4: 15); as hav-

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ing life in Himself as the Father had (John 5 : 26). And although He could do nothing of Himself (John 5 : 19 and 30), He could do whatsoever things the Father doeth (John 5 : 19), for in Him dwelleth all the fulness of the Godhead bodily (Colossians 2 : 9). Christ Jesus was the expression of the divine law and nature. He had overcome the world (John 16 : 33), and was no more in the world (John 17 : 11). He had power over the flesh, and could give eternal life to others (John 17 : 2). There was truth in Him (John 1 : 17), and eternal life (John 15 : 6).

### 3. IN OUR REAL NATURES WE ALSO REPRESENT THE GENUS MAN

Wishing to reveal man's real nature to us, Christ Jesus made clear what the term "Son of God" stands for: "I and the Father are one"; that is, one in consciousness. Mind formulates and images its knowing, loving, and acting, in individual right consciousness, qualitatively, not quantitatively. That is, *an individual consciousness in which God is knowing, loving, and acting is a Son of God*. Then with what irresistible yearning, with what tender and loving persuasiveness, did He try to convince

us that the "Son of God" was no term which applied exclusively to Himself, but was a name for the real nature of each one of us,—for that "mind of the spirit" which the Father hath given to us and called "Christ in you" (Colossians 1: 27). And fearing lest He had failed in this which seemed nearest His heart, He talked about it with His disciples just before going away.<sup>3</sup> Paul knew that "as many are led by the spirit of God are the sons of God"; that we are the children of God and "joint-heirs with Christ" (Romans 8: 14-17); and that our lives are hid in this Christ nature of ours (Colossians 3: 3, 4).

<sup>3</sup> "In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you.

"And if I go and prepare a place for you, I will come again and receive you unto myself; that where I am, there ye may be also.

"And whither I go ye know, and the way ye know.

"Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

"I will not leave you comfortless: I will come to you.

"Yet a little while, and the world seeth me no more; but ye see me: because I live, ye shall live also.

"At that day ye shall know that I am in my Father, and ye in me, and I in you."—*John* 14: 2, 3, 4, 12, 18, 19, 20.

"Henceforth I call you not servants; for the servant knoweth not what his lord doeth: but I have called you friends; for all things that I have heard of my Father, I have made known unto you."—*John* 15: 15.

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This mystery of "Christ in us" had been hid for generations, and the Master came to reveal it to us (Colossians 1: 26, 27), came to tell each one of us that His real self is a Son of God, and a Son of God now (I John 3: 1, 2), and that God gives to us this divine nature which can never change or die (I John 5: 11, 12) or sin (I John 5: 18). We dwell in Him and He in us<sup>4</sup> because He hath given us of His Spirit (I John 4: 13).

Our possession of the Christ nature means that spiritual thought activities constitute our true selfhood; that as such we are capacities for discovering and manifesting ourselves: this selfhood. These powers by which we become conscious of ourselves are always in operation. Therefore, since each of us possesses the same nature which Christ Jesus possessed, we — in becoming self conscious — discover, understand, and realise the same activities which he did; and, thus, have the same work to do and the same power to do it which was manifested in him. (John, Chapters 14, 15, 16, 17.)

<sup>4</sup>The spiritual Idealist interprets this passage as meaning that we are in God as activities must be in the Mind that thinks them; while "He is in us," means that His knowing, loving, and acting functions are individualised and *imaged* in us.

4. EACH INDIVIDUAL MUST COME TO A REALISATION OF THE CHRIST IN HIMSELF. *THE PROGRESS IN THIS REALISATION MADE BY THE SPIRITUAL IDEALIST*

The spiritual idealist has already arrived at the point where he realises that every Son of Man belongs to a supersensuous world, and such knowing involves a *distinction* between his true self and the mortal, sensuous personality. He realises to a certain extent the worth of the spiritual, and looks upon the physical body as necessarily allied to the sensuous, and so *at variance* with the pure and spiritual life. He realises that the real laws are not based upon "matter and its changes," and not upon that "mentality" which argues for the truth of this "matter and changes."

The spiritual Idealist has a conception of the Infinite, of the unconditioned, of God. He thinks of God as the sum total of reality; as an intelligible being; as an all-inclusive spiritual consciousness or Mind; as Life. He realises to some extent his freedom under the government of divine law. In so far as he does all this, he contradicts the finite and reaches out beyond any arbitrary limit. He does not yield to the order of things as they appear



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physically but acts with spiritual spontaneity, determining his own course. Asserting himself in opposition to the dictates of material sense, he obeys spiritual law. Thus do spiritual Idealists, though in smaller measure, make the Son of God appear, even as did Christ Jesus.<sup>5</sup>

### 5. GOD THE FATHER, THE SOURCE OF HIS SONS

A Son of God is not the Source of himself; God is his Source.<sup>6</sup> Christ Jesus is ever referring to the Father from whom He came forth (John 16: 28), without whom He could do nothing (John 5: 19).

Also, the highest experiences of the spiritual idealists are those which are "selfless," with "no feeling

<sup>110-116</sup>  
<sup>100-106</sup>  
<sup>5</sup> In the foregoing characterisations, pages 100-106, I have, in many instances, used Kant's words or those of his commentators, finding them of service in making my meaning clear.

<sup>6</sup> "He [God] determines reality by his thought."—PAULSEN: *Doctrine of Kant*, page 151.

"Kant's view of the nature of what is 'actually real' remained unaltered throughout his life. Reality is in itself a system of existing thought—essences brought into a unity by teleological relations that are intuitively thought by the divine Intellect, and by this very act of thought posited as real."—PAULSEN.

"God creates and governs the universe, including man. The universe is filled with spiritual ideas, which He evolves, and they are obedient to the Mind that makes them."—*Science and Health*, page 295.

of I," but in which God is the all in all. In the light of such experiences the true, spiritual mystic, the Son of God, knows that God is the Mind of him, the Self. He is an individual, spiritual consciousness; an activity in and of Mind. God is the Source of true being only.<sup>7</sup> To the highest mystic idealists, then, and to Christ Jesus, the greatest of them all, there is only one Mind or independent Self, and that is God. That which, according to Paul, we call the "mind of Christ" is the activity of divine Mind individualised and *imaged* in an individual spiritual consciousness.

## 6. THE GOD OF THE SPIRITUAL IDEALIST

Can we form any concept of this God whose offspring we are, in whom we live and move and have our being (Acts 17: 28), who is our Father and

<sup>7</sup> "God is the supramundane principle by means of which the 'nature of things,'—existing ideas, or things-in-themselves,—are posited. Obviously, this does not include bodies, which are nothing but the representation of things in our sense-perception. That which God creates is the intelligible world, the world of *noumena*."—PAULSEN, *Immanuel Kant*, page 262.

"This differentiation of God from the world—not from the corporeal world of phenomena which does not exist at all for Him—. . ."—PAULSEN, *Immanuel Kant*, pages 262-3.

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Jesus Christ's Father (John 20: 17), and so know more about ourselves and all things?

We can, says the Spiritual Idealist, because an individual Christ consciousness is ourselves, and it involves an understanding of God. (I John 5: 20.) Jesus Christ said, "He that hath seen me hath seen the Father" (John 14:9).<sup>8</sup> Spiritual Idealists translate Christ's sayings in terms of Mind and its ideas: Jesus cried and said, "He that believeth on me, believeth not on me, but on Him that sent me" (John 12: 44). "If ye had known me, ye should have known my Father also; and from henceforth ye know Him and have seen Him" (John 14: 7).

John tells us that God hath life in Himself; that God is love (I John 4: 8); that He is a Spirit (John

<sup>8</sup> "No such discursive understanding as the human understanding is attributable to God, since he has no sense perception to which objects are given, but only an 'intuitive understanding' which posits things by means of its thinking."—PAULSEN, *Immanuel Kant*, page 267.

"God, as the absolutely transcendent being, could naturally have only intelligible reality, the reality of a thought entity, or an idea."—PAULSEN, *Immanuel Kant*, page 222.

"The indestructible faculties of Spirit exist without the conditions of matter and also without the false beliefs of a so-called material existence."—*Science and Health*, page 162.

"Spirit is not materially tangible."—*Science and Health*, page 78.

"God is what the scriptures declare him to be:—Life, Truth, Love."—*Science and Health*, page 330.

4: 24); and that Spirit is truth (I John 5: 6): that "God is light, and in Him is no darkness at all" (I John 1: 5).

# 7. THE REAL WORLD TO WHICH THE REAL MAN BELONGS

There is a real world order to which the real man belongs. It is composed of all the spiritual activities of divine Mind. This real world is defined as free from the "physical sense world" with its "natural phenomena," governed by "natural law." The newborn mystic sees the real, spiritual world, but not with his eyes; hears it, but not with his ears; knows what it is like, but is not indebted to the "finite reason" for the vision which, nevertheless, he believes to be true. He sees individual beings in it, having form and colour, but does not see material objects. His real world has no sorrow in it, no sin, no evil, and all needs are supplied.

Should this mystic try to picture the beauty of his real world, Tennyson's mystical city "with nothing in it saving the King," the "King who could not brook a lie," pricks through the mist. With Gareth and his friends he sees at times the summit of the high city flash, at times its spires and turrets, and

hears the music to which it is always building. Now he seems about to enter the great gate and, anon, the whole fair city disappears.

St. John's description of the heavenly Jerusalem also comes to him.

"And I saw a new heaven and a new earth: for the first heaven and the first earth were passed away; and there was no more sea.

"And I, John, saw the holy city, new Jerusalem, coming down from God out of heaven, prepared as a bride adorned for her husband.

"And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and he will dwell with them, and they shall be his people, and God himself shall be with them, and be their God.

"And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow nor crying, neither shall there be any more pain: for the former things are passed away."—Revelation 21:1-4.

"And they shall see his face, and his name shall be in their foreheads.

"And there shall be no night there; and they need no candle, neither light of the sun; for the

Lord God giveth them light; and they shall reign for ever and ever.

“And I, John, saw these things, and heard them. And when I had heard and seen, I fell down to worship before the feet of the angel which showed me these things.”<sup>9</sup>—Revelation 22:5, 8.

8. THE POWER OF THE INDIVIDUAL SPIRITUAL  
CONSCIOUSNESS TO MAKE THE REAL WORLD  
APPEAR, HERE AND NOW

Before the Spiritual Idealist begins to lead our thoughts out of the old paths, into the new,—he makes it clear that there is a *divine, spiritual* way for thoughts to come to us; and, therefore, other than by the way of sense data, the brain and the intellect. This is not a new fact to most of us: and our study of mystic experiences,—Chapter V,—revealed anew man’s power to understand and realise those activities, which *God* Himself individualises and images in *Him*: — in the spiritual consciousness. But the Spiritual Idealist would have us dwell upon this divine power, inherent in each spiritual consciousness,—a spiritual possession quite distinct from the finite (~~notes 1 and 2~~),—lest we become blind to it, and the priceless significance of our possession of it.

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Thus the Spiritual Idealist would have us see that each of us is a Christ consciousness, in which God individualises and images each of His different sorts of spiritual functions, and the ideas included; and that, therefore, Infinite Spirit is spiritually accessible to each of us. We have only to use our powers for discovering, understanding, and realising that which is going on in our spiritual consciousness, at any given moment, in order to be aware of those truths which God wishes us to know, and to manifest at that time.

Thus the Spiritual Idealist would lead a man out of the realm of mystery into the realm of spiritual understanding, and that through the discovery of his spiritual selfhood. This means, upon our part, consciousness of the truth, loving that of which we are conscious and putting it into action or expressing it.

Although Jesus explained that the truth would make us free, and although we are in dire need of a remedy for evil, we have not held the finding of truth to be a duty; but have been satisfied with mystery, with a realm into which we did not try to enter; or, having set out to win knowledge, have doomed ourselves to failure by losing sight of the

fact,— which the Bible tells us, which Kant and the Christian Scientists teach,— that the power to discover, understand and realise the truth is a spiritual power, inherent only in the real man;— the spiritual consciousness.

But why do Jesus and other spiritual Idealists declare that it is our duty to discover, realise and understand the divine activities, which constitute each of us? Why is it not sufficient for God to experience this perfection: — the spiritual consciousness and its divine content?

Because the real man,— the spiritual consciousness, and the divine functions and ideas reflected in it,— must appear outwardly, here and now; and such a manifestation follows only in proportion to a man's obedience to a psychological law, which has been revealed to us, viz: — in the proportion that the individual spiritual consciousness discovers, realises and understands the real nature of itself, and all the knowing, loving and expressing of true ideas, — which God is experiencing in it,— will it be able to manifest itself and them, outwardly, in our everyday life.

Thus each man has two things to do:— to become conscious of the activities of God, constituting Him-



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self; and then, to manifest them, here and now. For example, we hear a song in us,—so far, we have made no effort, except to listen, for we did not create the song. God sings it in us. But it is not sufficient for God to sing this song, in us; for His aim is to make His perfection appear, in outward form, here. He is not satisfied until “we sing” it. To this end, we must understand and realise the true nature of the process, called “singing,” as well as the song itself; and, in proportion to such understanding and realisation, shall we manifest them both, in terms of the individual consciousness. The function of man, then, is through a realisation of his inner, existing perfection, — to be the instrument by which God makes His perfection appear outwardly, in an infinite variety of individual forms, here and now.

To put this popularly:

Whatever a man does, all day, he is but making pictures of the thought processes which are going on within himself.

These pictures which *men make* form this outer world about us.

The inner activity in the hearts and minds of men is God activity. If we feel love surging up

in our hearts, God is doing it. He is loving there. It is His activity. If we suddenly become aware of the knowing of a new idea, God is doing it. He is knowing this idea, here in our minds. It is His activity which we feel. God is entirely responsible for the thought processes which He reflects in us. Those processes are therefore perfect, without any effort on the part of the man himself. But man is responsible for the outer pictures of this inner God activity, viz :—Man is responsible for this outer world here and now. Why is not this an unjust burden imposed upon us?

Because, man is equipped to discover, understand and realise the perfect God activity which goes on within himself, which constitutes the content of His spiritual consciousness. Man can and must listen for this, as though it were a song, and in so far as he does, he will hear the song as it is; and as a result, the pictures which appear will be proportionately perfect; for what we hear we can and must express. We, therefore, have the power to manifest here and now the real world, the Kingdom of Heaven. God trusts us with all that He has. He gives it to us to give away:—make it appear to others.

Let us remember that our bodies are a part of this outer-appearance world. They are our pictures of God activity. If a sick material body appears, it only means that we have made an imperfect picture of a perfect thing. What can we do to make the perfect body which exists appear here and now?

We can learn what the Christ nature is, including its representation,—its real appearance,—and in so far as we do understand and realise what this our divine nature and appearance is, will it appear, here and now, outwardly and in its perfect form.

That which differentiates the practical mystic from the other mystics is just this feeling of obligation to make appear outwardly, here and now, that inner perfect world<sup>9</sup> which is real and clear to the inner vision of both.

<sup>9</sup> "The real self is an ideal nature. The intelligible world is a system of concrete ideas. It is thus thought with intuitive knowledge by the absolute understanding."—PAULSEN: *Immanuel Kant*, page 248.

"The notion of the *noumenon* we cannot make real by means of perceptual filling."—PAULSEN: *Immanuel Kant*, pages 154-5.

"Reality, in this sense of empirical reality, is, as a matter of course, not attributable to things-in-themselves, but a supersensuous or transcendent reality is ascribed to them."—PAULSEN, *Immanuel Kant*, page 156.

"There are things in themselves; which exist in complete independence of our representation and thought. They are

not, indeed, given in [sense] perception, and consequently empirical reality is not attributable to them, like bodies."—PAULSEN, *Immanuel Kant*, page 238.

"Space and time are merely forms of our sense-perception, and as such belong to the *mundus sensibilis*. Hence the real world is free from them."—PAULSEN, *Immanuel Kant*, page 159.

"Thought will finally be understood and seen in all form, substance, and colour, but without material accompaniments."—*Science and Health*, page 310.

"The universe of spirit is peopled with spiritual beings."—*Science and Health*, page 264.

"Spirit and its formations are the only realities of Being. Matter disappears under the microscope of Spirit."—*Science and Health*, page 264.

— Occultist = practical mystic.

## CHAPTER X

### NATURE OF UNREALITY AS CONCEIVED BY THE SPIRITUAL IDEALIST

The foregoing outline of Reality as understood by the spiritual idealist will reveal to even the casual student that his definition of Reality — as Spirit, Mind, Its Functions and Its Ideas — excludes a material order whether physical or mental. To the true spiritual Idealist this exclusion is inevitable on the ground that Mind contains mental activities only, and those of a special kind, for,— Mind, being defined as “ spiritual and infinite,” can know, love and express only in infinite and spiritual fashion and, therefore, spiritual and infinite thought activities.

This is clearly seen by those spiritual idealists who have ever allowed themselves to become absorbed in the heavenly vision. To them, God could not be “ an artist, a poet, who pours out the wealth of His beautiful life in all the world of the *physical* senses,” for their own spiritual experiences

reveal the impossibility of attributing to spiritual consciousness any "material activity."<sup>1</sup> Thus speaking popularly, the new order of mystic reduces the universe to two insulated minds, the material and the spiritual, each of which has its own realm of thought with its own appearances. These two realms are mutually exclusive, and by their natures are free from one another.<sup>2</sup>

But what does such a reduction mean? It means that the "physical laws" of the "finite, material order" do not hold in the spiritual order; that "matter," the "substance of the material realm," is not the substance of the spiritual realm; that the ideals

<sup>1</sup> "The properties of matter and change, together with space and time, belong merely to phenomena, while thought which constructs the idea of God and immortality is protected against the 'insinuations of sense-perceptions.'"—PAULSEN: *Immanuel Kant*, page 159.

<sup>2</sup> "It is thus—the human understanding, to which the perception of the ideal world is permanently denied, since it possesses only sense-perception."—PAULSEN: *Immanuel Kant*, page 248.

"To the physical order of things is opposed the metaphysical order, to the realm of affirmation a realm of denial, which yet remains completely closed and incomprehensible to the intellect, framed as it is of space, time and causality."—DEUSSEN: *Elements of Metaphysics*, page 292.

"Except a man be born again, he cannot see the Kingdom of God."—*John* 3: 3.

Also see *I Corinthians* 2: 11 and 14; and *John* 14: 16, 17.

of the spiritual kingdom are antagonistic to the ideals of the "material kingdom"; that these two systems, therefore, cannot work together, and obedience to the one means disobedience to the other.

But it means more than this. The reduction of the universe to two insulated thought systems, one of which is *divine*, is a fatal verdict against its antagonist; for that which the Divine Mind excludes is untrue and unreal; and, therefore, the so-called "finite sense," its "finite processes," its "conceptions" and the "material world,"—but the appearance of this "finite activity,"—are unreal, are illusion. This to which our thinking has brought us, comes to many a higher mystic through vision.<sup>3</sup>

The Mystic Idealist, then, agrees with the "constructive idealist" that if a world order is to be real, it must be the thought of the Logos, "the world of the Standard Mind." And it is just because we as conscious spiritual idealists believe this,

<sup>3</sup> "Nothing is real and eternal,—nothing is Spirit,—but God and His Idea."—*Science and Health*, page 71.

"The objects cognised by the physical sense have not the reality of substance."—*Science and Health*, page 311.

"Matter is an error of Statement."—*Science and Health*, page 377.

"Evil is a suppositional lie. . . . In reality there is no mortal mind. . . . Life and being are of God."—*Science and Health*, page 103.

that we stand for the *unreality* of the material world. Why is this? How can two sorts of idealists agree perfectly as to the basis of reality and yet come to exactly opposite conclusions with regard to the material world? Because the constructive idealist does not see what is irresistibly clear to us, as we have said, that the ideas which appear as the finite, material world, *cannot have been thought by infinite Spirit*. Many suggestions of this conclusion may be found in such varied sources as the Kantian Philosophy, Vedantism, and Platonism. To the Christian Scientist, the material world is but the appearance of a "false sense" of Reality.<sup>4</sup> It is but illusion, dream, shadow, no more to be feared than "the rope we took in the darkness for a serpent!"

It is clear, therefore, after reading this and the foregoing chapter, *that we are not to be denied* the conception of a spiritual order, even though the "finite intellect" cannot conceive of such an order.

<sup>4</sup> The so-called "false sense of Reality" is simply a name for that which *seems* to be there, when there is a lack of sufficient realisation of the real nature of the Real, on the part of the Spiritual consciousness itself. This consciousness is a capacity for voluntarily becoming conscious of the Real and of manifesting it; and, in so far as it uses its powers, illusory activities and their appearances vanish.



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On the contrary, if any one of us, seeking for Life, will study the Bible, Kant, the Christian Science Text Books and the writings of the saints in many lands, he will so enter into and understand the spiritual experiences of others, as well as his own, that there will come to him a satisfying conception of what constitutes the heavenly order. This vision will come to him in some form of Spiritual Idealism, even if called by another name. No mere negative terms will suffice for its description, and it will be clear to him who discovers it, however unintelligible it may appear to others, at least for a time.

## CHAPTER XI

### THE SPIRITUAL IDEALIST'S REMEDY FOR THE ILLUSION CALLED EVIL

The Spiritual Idealist assures us that the Kingdom has come; but in spite of this comforting testimony, he must admit that the so-called knowledge, the feelings and desires of the "finite sense," still present themselves and appear as real things to many of us. Its "physical forces" still govern our lives in large measure; its ills are ever present with us; it "bars our view into the inner being of things," and begets that plurality of sense from which all egoism and discord spring.

What good has it done then to reduce the material universe to a "mind" that possesses no real knowing power,—whose "ideas," therefore, are false,—if such ideas and their appearances, false though they may be, *yet persistently pursue and seem real to us?* Being false, they need not pursue

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us. Since untruth is not included in Truth, and is unknown to him who knows the truth, it may be unknown to us. The significance of this revelation gives us the key to the victory over evil in all its forms. Let us make this clear to ourselves.

That all forms of evil are but the "mental processes," the "thoughts" and "feelings" of the "*finite* sense,"—and their appearances,—was revealed to us in our study of Idealism. That this "finite sense, its thoughts and feelings," are *unknown*, that is, are unreal and untrue to Mind or God, manifested in us as the "mind of Christ," was revealed to us in our study of Spiritual Idealism. Thus we see that in so far as we realise what the spiritual truth is which is active in our mind of Christ, are we turning away from the "material," and thus are freeing ourselves from the shadows which would hide the divine. By the full light of spiritual vision we see all the ills of human life as the appearance of an illusion, or seeming activity, and know that only the Good and the Spiritual are true. It is only through such understanding that "evil" can be corrected, and made to disappear, and the good, the beautiful, and the spiritual be made to *appear* in our lives.

The woman had *faith*,—a kind of thinking, an

activity of the Christ mind,—and it made her whole.<sup>1</sup>

Jairus was commanded to “fear not,” and to “believe only,”—that is, to realise the truth of Christ’s thoughts,—and his daughter was raised from the dead.<sup>2</sup> “For the law of the Spirit of Life in Christ Jesus hath made me free from the law of sin and death.”<sup>3</sup> “And where the Spirit of the Lord is, there is liberty.”<sup>4</sup>

We believe it to be the Christ way to see “evil” as illusion, through a consciousness of the Real, *the existing*, as perfect. We have the same spiritual capacity for realising the ever present perfection of the Real that Christ Jesus had. We must be conscious, not only of a realisation of the power which we possess, but of the obligations and responsibilities involved in the possession of a capacity for discovering understanding and expressing existing perfection.

The following quotations further illustrate and serve to make clear the *law of right thinking* which, in operating, proves evil to be powerless:

<sup>1</sup> *Luke* 8: 48.

<sup>2</sup> *Luke* 8: 55.

<sup>3</sup> *Romans* 8: 2.

<sup>4</sup> *II Corinthians* 3: 17.

“ Verily, verily, I say unto you, He that *believeth* on me, the works that I do shall he do also, and greater works than these shall he do; because I go unto my Father ” (John 14: 12).

“ If ye abide in me, and my words abide in you, ye shall ask what you will, and it shall be done unto you ” (John 15: 17).

“ I am that bread of life ” (John 6: 48).

“ Your fathers did eat manna in the wilderness, and are dead.

“ This is the bread which cometh down from heaven, that a man may eat thereof and not die.

“ I am the bread of life: he that cometh to me, shall never hunger; and he that believeth on me, shall never thirst ” (John 6: 48, 49, 50, and 35).

“ He that eateth of this bread shall live forever ” (John 6: 58).

“ If any man thirst, let him come unto me and drink ” (John 7: 37).

“ Jesus said unto her, I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live ” (John 11: 25).

“ The words that I speak unto you, they are spirit and they are life ” (John 6: 63).

“ And ye shall know the truth, and the truth shall make you free ” (John 8: 32).

"For to be carnally minded is death; but to be spiritually minded is life and peace" (Romans 8:6).

"But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord" (II Corinthians 3:18).

Using another vocabulary, these sayings of the Master would read: He that believeth in my ideas, the works that I do shall he do also; and he that abideth in the Christ consciousness shall ask what he will, and it shall be done unto him. The Ideas of the Christ are the bread of life; and if a man realise the truth of them, he will not die. The realisation of truth is that which makes Life appear:—freedom from untruth; while to hold as true false conceptions concerning Reality makes "death" appear, or results in the appearance called "death."

*There is a new understanding*, then, to be gained, in the light of which old misconceptions vanish like a mist. The sun does not battle with dark powers, but stands radiant, conscious only of its own light; and by reason of this the clouds, if ever so dense, are ultimately dissipated.

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We are given to eat of the Tree of Life and the hidden manna; we receive a new name, and the morning star. It is also promised that we shall be clothed in white raiment, shall hunger no more, neither thirst any more, and shall be made pillars in the temple of our God. (Revelation, chapters 2, 3 and 7.) <sup>5</sup>

In Chapter VII, we told the story of *Pélléas et Mélisande* as one type of Idealist would tell it. Thought processes were the real factors. Let us now interpret the same story as a spiritual idealist must interpret it. In his interpretation mental processes and *thoughts* are still the essence of the so-called things and events; but to spiritual idealism only spiritual thought processes are *real*. To this higher form of idealism, *Mélisande*, in spite of her seeming incapacity, yet in reality is a capacity for understanding, loving, and expressing the truth about herself, which is that since she is an activity of God or Mind — a mode of God's conscious-

<sup>5</sup> "The *Kritik of Practical Reason* was written, in which is unfolded the doctrine of man's freedom, standing in sharp contrast with the necessity of natural law."—KANT: *Kritik of Judgment*, translated by Bernard; Introduction, page xv.

"In so far as a man realises this law (the moral law) in his life, he belongs directly to a different order of things from that of nature."—PAULSEN: *Immanuel Kant*, page 309.

ness — the activity in that Idea is spiritual, just like God, and therefore good and fearless. She could have manifested here and now this existing goodness and fearlessness, in so far as she chose to use her powers to discover, understand and realise what God was experiencing in her. God's activity can be nothing less than moral, says spiritual idealism, nothing less than truth knowing, nothing other than loving and good; and *Mélanide* had power to realise this about herself; and the realisation of this truth as true, as always powerful over human illusions, and the Real will then appear.

In such a light, the so-called "victim of circumstance," "environment," and "heredity" may no longer be looked upon by us as helpless; and when things go wrong one can no longer feel justified in pitying himself, since the fault lies at his own door. What has happened is simply the result of one's own *unnecessary "misconceptions."*<sup>6</sup> That each one of us is responsible for what happens to himself and to others is one of the great keynotes sounding through this doctrine of spiritual idealism. "Mis-

<sup>6</sup> God is writing the truth in our hearts in characters that live, that are articulate and utter themselves; so that if we give heed to the divine voices within us we cannot help hearing what God is saying to us.



fortune " is the appearance of our lack of realisation of our possession of the truth, and of our power to find it and make it appear. The truth, in reality, is always present, always reflected in us. This we must realise if Peace, Joy, Plenty — but the outward signs of the *activity of right thinking* — are to appear.

Mélisande is not to be pitied as an innocent creature, left, through no fault of her own, alone, to wander in a dim wood where lurked unknown evil; at the mercy of a man who took advantage of her fears to bind her to him in marriage, ignorant of what it meant; having no way of knowing that by allowing Golaud to become her feudal lord, she gave to him her love in fief. Rather has spiritual idealism taught us to see the whole tragedy of Mélisande as but the externalisation of "false conceptions." Such illusions and their appearances were bound to follow Mélisande's unnecessary failure to use her powers for becoming aware of and manifesting the truths which God was carrying on in her just then. Even a dragon and a Mimi she could have killed; and the birds themselves had led her to her own, had she, like Siegfried, realised that she could not be afraid; that she, a guileless fool, like Parsifal, could never sin.

Let us remember then, as spiritual idealists, that neither sorrow, nor fear, nor any evil, is necessary to our progress toward the realisation of truth; that no cruel taskmaster is inflicting pains upon us against which we have no refuge, and out of which we have no way of escape; but that all the blame for this needlessly sad world lies within ourselves. Illusions will not present themselves if we, by *searching*, come to realise what the truth is,— that each divine consciousness is *already* involving. But although evil is not necessary to this awakening to the truth; nevertheless, if in our process of attainment we seem to go in the wrong direction, let us not, in seeking for a remedy, be unfaithful and superficial and resort to other than the Truth, even though our healing may seem slow and attended by what we call sorrow and pain. Let us realise that the law of perfection is always working in us, teaching us to turn for help where only lasting help can come. My God! My God! That is the only cry, and His answer, the only true one, will surely come.

In time of sorrow, to absorb one's mental powers in pleasure, or even in profitable pursuits, for the purpose of forgetting, and for silencing that earnest

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questioning in our hearts, is but to delay the finding of just that truth which we can and must discover if we would save ourselves and others, too, from this same valley of suffering through which we are now passing.

We now have clearly in mind that peculiar kind of mental activity which is characteristic of the religious mystic or spiritual Idealist. And what follows? Upon sober thought there is no one of us who can disguise the fact that he has this spiritual activity within himself. Merely revealed as

"Fallings from us, vanishings,  
Blank misgivings of a creature  
Moving about in worlds not realised,"<sup>7</sup>

perhaps, but *there*, somewhat aware, and striving to realise and fulfil itself; sufficiently realised, even now, to be clung to in times of stress.

Therefore, at the present moment, let each of us look within himself and *find there* that affection, that early recollection, or perhaps those fragments of something he can hardly call a faith; yet defined, at least, as different, and confessed to be the deep thing upon which all his life is builded. Let him lay hold of these fragments, know them, now, as

<sup>7</sup> WORDSWORTH: *Ode on Immortality*.

Rodin's "Primitive Man," Luxembourg, Paris.

spiritual, and piece them together in some sort of design; calling them his creed, or whatever name he dislikes less.

The realisation of the truth of a simple creed, because it implies spiritual activity, is as effective in ridding one's self of the appearances called evil as the realisation of truth in more complex forms, *provided* this understanding and realisation of the simpler forms of truth represents the result of our best efforts.<sup>8</sup> We are always going on to a fuller

<sup>8</sup> "‘Nothing will happen,’ said Marco. ‘Nothing can . . . Because,—the boy spoke in an almost matter-of-fact tone,—in quite an unexalted tone at all events,—‘you see I can always make a strong call, as I did to-night.’

“‘Did you shout?’ the Rat asked. ‘I didn’t know you shouted.’

“‘I didn’t. I said nothing aloud. But I,—the myself that is in me,’ Marco touched himself on his breast, ‘called out, “Help! Help!” with all its strength. And help came.’

“The Rat regarded him dubiously.

“‘What did it call to?’ he asked.

“‘To the Power,—to the Strength-place,—to the Thought that does things. The Buddhist hermit who told my father about it called it “The Thought that thought the World.”’”  
—FRANCES HODGSON BURNETT: *The Lost Prince*, chapter 21.

“‘It was called “The Law of Earthly Living.” It was for every day,’ said Marco. ‘It was for the ordering of common things,—the Small things we think don’t matter, as well as the big ones. . . . This was it:

““*Let pass through thy mind, my son, only the image thou wouldst desire to see become a truth. Meditate only upon the wish of thy heart,—seeing first that it is such as*

understanding of spiritual truth, and our next chapter will point out a method by which one may do this consciously; but just now we are setting a value upon the simple faith; for each spiritual idea, *however simple*, contains all the essential elements of truth. It is not so much *what* truths we understand, therefore, as it is the *activity of understanding and realising*, which enables us to bring to light existing perfection, here and now.

The *practical* value, however, of any true thought, — the dynamic force of it, — depends entirely upon one's realisation of its truth, and this realisation of spiritual truth does not come by itself. It comes by suffering or sin or by voluntary practice in *realisation*. This voluntary practice is our daily prayer. It is the going up "into the mountain," this getting away in thought from the *sense world* every day, if only for one hour. The "world is too much with us, late and soon; getting and spending, we lay waste our powers"; whereas we need to shut the world of affairs out and be alone with our heavenly Father, that the channels of communion between us may be kept wide open.

*can wrong no man and is not ignoble. Then will it take earthly form and draw near to thee."*

" "This is the Law of That Which Creates." " — FRANCES HODGSON BURNETT: *The Lost Prince*, chapter 22.

When we see a divine thought, even dimly, if we will hold it in our minds for a definite period daily, it will be surprising, say the spiritual idealists, to see what results will follow. One may do this at first in the attitude of a scientist who but experiments to see if an hypothesis be true; who "observes" merely his own mind, under given conditions, he being detached.

It is claimed for instance: (1) That spiritual processes are true, whether simple or complex, whether expressed in words or only felt. (2) That the realisation of the truth and nature of their activities, or the effort to do this, for at least one half-hour daily, will result in power over "evil," and will make for perfection under conditions which are popularly held to be but "good." We shall be doing much if we will use our minds as an experiment station to help prove or disprove this position.

As our daily concentration begins to make us more fully aware of the divine knowing, loving and imaging, which constitutes us, we shall begin to realise more and more the true significance of spiritual activities, and then the so-called finite, the seeming knowing powers, will take offence, and will hasten to be on the defensive; and, in proportion

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to the disclosure of the logical conclusions involved in true Processes and Ideas, will the feud which has always existed between the material and spiritual make itself felt. Conflict between the two is inevitable. A truce is impossible. If necessary, this antagonism between human notions and divine knowledge, feelings and will, will be forced upon us by sin, suffering, and sorrow; but instead it may be *revealed* as a result of daily training.

The "finite mental" machinery is developed and trained each day by hours of study, and one half-hour is very little to give to the training of its opponent. The university man who wins in football against his antagonist has not trusted to the incidental use of his muscles, will, and courage, demanded in the uneventful routine of his ordinary days. But knowing that he must fight a hard battle against picked men, he trains himself by *selective* exercise for a definite period daily. This is the only course for him to pursue, should he even hope to win, to say nothing of being sure of victory.

And now a perplexity awaits us. Upon realising the truth, we shall obtain results which still seem to be material. This is puzzling, for we know that a realisation of the truth can only result in the appear-

ance of the existing Real and that It and Its appearances are, of course, spiritual. And yet here we are surrounded by a wealth which apparently is material. How do we account for this? Divine Mind, Its ideas and their appearances, at this period are *seemingly* paralleled by "mortal sense," its conceptions, and their material appearances. One may call them a veil, in that they tend to hide the real and its spiritual appearances. One may mistake this veil, this "sense curtain," for the Real, or the appearance of the Real. Both are wrong. The *Real* consists of the divine Mind, its functions and Its spiritual ideas, and these functions and ideas have an appearance of their *own*. In so far as we realise this, we tend to make thin the material veil, and thus to bring the spiritual into view. Indeed, there are moments even now, when our realisation of the truth of true ideas is sufficient to wipe out entirely the material sense of things. Then, not only do their appearances go, too, but there flashes into view a spiritual vision. Eye hath not seen this vision, neither hath ear heard it, neither hath it entered into the heart of the natural man, but, when it appears, the pure in heart are seeing God and His Ideas.





## **IV**

# **THE TECHNIQUE OF THE SPIRITUAL IDEALIST**



## CHAPTER XII

### THE CONSCIOUS ATTAINMENT OF A LARGER CONCEPTION OF TRUTH

What we call lack of anything, failure of any kind, suffering and sin, are but "false conceptions" and their appearances. Therefore in a world containing so much sin and suffering of all kinds, it is natural that we should hear a good deal about "coming into the Truth," it being the only remedy for untruth and its appearances or material phenomena.

We shall all have to "come into" — that is, come to understand and realise — the Truth *fully* sooner or later, for God and our best nature demand it. The way of our coming may be hard and terrible if we wait to be driven by suffering and sin to the taking of every new step. But we do not need to go down into the deep, dark valley of suffering and sin before we look up and try to find out what our Father is thinking about.

If we take the way of virtue and love, our coming

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to realise existing truths will be a joyous and spontaneous process. Wishing to know the truth for truth's sake will save us from its enforced discovery through suffering. Being good and loving, we shall realise the deficiencies of this human life, realise that it, at its best, is far from being wise, strong, beautiful; far from giving love to all and receiving love from all; far from being powerful over evil to any satisfying extent. The better and more loving we are, the keener will our realisation be of the suffering about us; and such a realisation will force us to reach out for that truth which, when we realise it as true, will give us power over the evil of the world; will save us and others from its shrinkages and limitations, its lack of joy and sympathy, its ignorance and wasted effort.

Hence, at the outset our purpose is to search constantly for more truth, and not merely because it is an interesting pursuit in itself, but because the consciousness of the truth is the only thing which makes the good appear. And there is ever a fresh step in truth knowing to be taken, for ever larger visions of truth are necessary to solve the more complex problems which life brings. Hence, in our search for truth we always have the practical end in view,

and whatever we ultimately accept as true shall have proved itself all along the way to be of practical value when applied to everyday living.

Holding on to what we have ourselves in the way of spiritual truth, and adding to it what life brings, we shall some day hear of the faith of another which seems to us altogether lovely. We cannot understand it and can, therefore, only wish it were true. This is enough; at first known as something lovely, it will soon reveal itself as something good, and — perhaps not until the last — as something true.

How is it that we have come to distrust the beautiful? Rather is it always good, and the good is true. That we should demand understanding of ourselves, ultimately, is right, but should we wait to understand before giving our highest instincts play!

Moreover, when we find our understanding weak, we must not, in mistaken pride, or through the reserve of scepticism, be reluctant to seek the light from others; rather let us gratefully dwell upon their spiritual experiences that our own capacity for understanding may be stimulated to unfold. We must always be led by those whose understanding is, in some directions, greater than our own; whose way, therefore, is more triumphant. People are

but ideas which God sends us, as He sends those still, small voices to our hearts in response to our needs and our searching for the light.

Having decided to look for more truth, not only within ourselves but within the minds of others, we may, perhaps, be led to enter upon such larger effort through the study of spiritual ideas as held by some friend,—perhaps at her earnest request, she having recognised our needs, and having told us that there is something that we do not know. She, knowing what this truth is, orally and silently teaches us each day these spiritual ideas which she has proved to herself to be true.

For a time, perhaps a long time, we may not be aware of improved conditions, however apparent they may be to those about us; but at last we shall become sufficiently awake to see that, in proportion as we allow spiritual ideas to take possession of us, do conditions improve. As a result our attitude changes. A shade of curiosity takes the place of indifference and scepticism, and we say to ourselves half-apologetically, “How can one help wondering a little about a thought which acts like a charm?” Encouraged, we continue to hold on to the thoughts,—considered by others to be true,—with greater

seriousness and persistence. At first it seems difficult to keep the mind concentrated even for a few seconds upon these almost meaningless ideas. They are strangers in the nest, and the old nestlings are jealous and try to crowd them out; but gradually, as one holds firmly to his purpose, old thoughts fly away; the new ones gain in strength, begin to feel at home, and sometimes seem to think themselves. This is epoch-making.

Another and yet another new idea is given us, and at the coming of every new one an old one makes ready for flight. The process is not one of addition only, but of subtraction also. The old oak leaves are pushed off as the new ones stir. At last comes a moment of crisis. One says spontaneously: "Of course this idea is true; and, what is more, in many instances I can say that I have known it to be true before. Indeed, it seems as though I had always known it to true."

From that moment the whole attitude is changed; this we now know to be true, and have before known to be true, at which but lately we scoffed! At what other ideas are we scoffing which in some forgotten yesterday we have known to be true?

We have now made a discovery about our mental



life which puts us into an attitude of humility and gratitude. The Source of our knowledge is now felt to be outside of ourselves, and He and His gift are not for us to measure. The spiritual nature in us has been speaking, but we have not known it to be ourselves. It has spoken and we have heard, but it did not seem like our hearts speaking, and we have not listened seriously to its messages. This coming to know ourselves, to know what we really are and what we can discover and manifest,— this is what is happening and what must happen to each of us. This spiritual power to discover, understand, realise and manifest the ever new truths, which God is daily defining to us, has always been operating, has always been understanding more and more truths, has always been laying up treasures for us; but not until now have we, to any extent, consciously understood and made use of this power.

When once any form of spiritual experience has revealed us to ourselves in this way, we can hardly be patient until we become more aware of the real nature and its power as a truth realising and manifesting activity,— this sesame to untold treasures which has always been ours, and of which we have made but unconscious use.

With the confident assurance that we have always possessed and always shall possess a power for becoming aware of and manifesting the truth we suddenly feel a sense of wealth possessed and in store for us, and an unparalleled scope of possible achievement opens before us in all directions. We see the ocean for the first time, and breathe mountain air after living a weary time in the lowlands. Not only do new vistas of knowledge spread themselves before us, but wider ranges of feeling and doing, richer intercourse with men, greater eagerness to give and to receive from others. Life has a new meaning, and the spirit of adventure and discovery seizes upon us. The spiritual realm is always open, and we are destined to go in and take possession of it, throughout eternity, by means of a truth-realising capacity which is inalienably ours; and now we know that just in proportion as we knock, shall it be opened unto us, and in proportion to our seeking shall we find. Joy already fills our hearts at the thought of what the past has yielded and what the future holds in store for all men. And our delight is not for a moment checked, although we realise that in order to make this vision last and come to fulfilment much real work must be done.

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We must have a period each day when we do concentrated work upon realising spiritual conceptions, new as well as old; for all conceptions of Reality, in so far as they are spiritual, contain that truth the knowing of which gives us power over evil. We will not be afraid, therefore, to enter upon the study of faiths which are strange to us; but, on the contrary, anchored to well tried ideals and waiting upon God's guidance, let us deem it a duty to dwell upon such "new" ideas as He puts in our way. Let us seriously and without prejudice consider them. Let us come to understand what they mean, even if we do it but doubtingly and in the spirit of experimentation merely; even if we do it for no other reason than that we may be numbered among those who are trying to find out if certain thoughts, believed by some to be true, are true, and therefore are life giving, joy and plenty bringing, and thus may be used as food, as preventive of evil, as a tonic, as recreation, as medicine for mind and body.

In thus undertaking to test the value of any given thought, one must remember that he is unable to judge as to its remedial value until he can let it take possession of him wholly. This complete occupa-

tion of the mind by the thoughts with which one is experimenting does not come through simply reading words, with a feeble grasp of their meaning; nor does a full knowledge of their meaning signify a complete surrender on the part of the mind to any given idea; neither does the knowing of certain ideas to be true tax the powers of the spiritual mind to its utmost. But, as when the air seems drenched with sunlight, as when our hearts can scarcely hold their weight of grief or joy, as when a bird has filled its throat to overflowing with its song, so is the mind drenched and thrilled and filled to overflowing when it *realises* that certain ideas are true. Then we know that it is not alone the heart which sings and dances; the mind, too, feels itself young when palpitating with truth, and in spontaneous and buoyant action it carries us, effortless, where it wills, but always to some joy, some good, to new love, to new life, to undreamed of power, *provided* it is uninterrupted and unchoked by mere seemings, by those false conceptions which appear to spring up and cut off its onward movement.

We must realise this great danger. If the spiritual thought current be interrupted, we shall lose connection with our Source of energy. Then our

spiritual idea will fade away, like a new plant bereft of sun, and we shall not bring it to completion in action. That we have high ideals, but are non-productive, will be the verdict against us. This premature break in our careers, this "failure to connect," is due, seemingly, to a setting in of a lower thought force, which assumes many forms,—the guise of fear, of self-distrust, of suspicion of others. This counter current may come from some one who is dear to us, but who does not yet understand. It may come in the form of some erstwhile duty. But whatever the form of the interruption, let us choose the better part, and struggle above these false voices which would tempt us.

We rise above the "mean knights" by listening, listening for the ideas which are God's and which He is producing in us. And when we discover what they are, we dwell upon them. And we lose ourselves in this listening and repeating attitude until God and His ideas are for us the sole Truth. Nothing less than a consecrated effort to realise the truth will sweep the mind strings into music, that each day tells us something beautiful and new, and makes us know that it is true, until our pain is gone, our joy returned, and all the good is here that we were promised.

This listening for God's messages and realising our obligation to obey them will also give us larger things to do, and although the old fear and discouragement will try to reassert themselves, it will be in vain, for now a hidden strength is stirring; a joy is welling up in us; we feel new-born, as though cut loose from self and all its limitations, its "cannot," "would not try," to do and be.

To have ideas float into one's mind like the words of some unbidden song and bring themselves to fulfilment is indeed a new way of living. The emptiness of seldom having ideas, and then, when they came, the anxiety and fear lest they would never come to fruition, is being melted away by the gentleness of some new touch. Let us, therefore, remember during our first years of initiation,—when it is hard for us to learn even the mere words of certain ideas, to say nothing of being able for even a few seconds to dwell upon them to the exclusion of others,—that not yet is it fair for us to pass judgment upon their power. We must remember that not until we understand what an idea means, and can realise it as true, and can *keep up this realisation* without letting the current be broken by any false conception,— not until then will the right thought

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or the Idea get a purchase upon us, and prove its value through some good effect upon our minds, our bodies, and our circumstances. This high tide of thought activity in us neither remembers nor respects old boundaries; it breaks over them all, and is a law unto itself as it mounts and flows out and makes for the realisation of true ideas in every region over which it flows. And now, at this point, we feel that we may give "treatment" to ourselves and to others.

## CHAPTER XIII

### THE PRACTICAL APPLICATION OF TRUTH

When we have become so absorbed in listening to God's Ideas and realising them to be true as to be absolutely uplifted, and neither hear, and see, nor know aught but man in his true being, this full flood of spiritual thought activity begins to flow out, quite irrespective of ourselves, apparently, although we retain the power of directing its course. Then we see the one who turns to truth for help, in his true spiritual selfhood or as like Christ, and such a realisation is soon seen to be remedial in its effects. It is, for me, only to become conscious of Truth's presence and its power of radiation. What we call "healing" is simply making the existing perfect appear, through our realisation of its nature and existence.

To explain further: Whenever one experiences bodily suffering, the trouble to him seems physical; it is, however, but an indication of a lack of the



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realisation, upon his part, of the nature of his true being: *modes of spiritually mental activities in operation*. He must, therefore, become more and more aware of what these activities are and that they are constantly going on; and this realisation will always manifest itself in normal conditions. The work of the practitioner consists in silently realising, for the patient, the presence in his consciousness of these true spiritually mental activities of which he is unconscious, but which God is carrying on; such as, His *knowing* that the spiritual and good are all in all, that Love and right consciousness are ever present, that there is no reality in evil, hence nothing of which to be afraid. If the practitioner succeeds in bringing *himself* to a keen realisation of these great truths, they become radiant, and thus the patient, too, in some measure becomes *aware* of their truth and presence; and in so far as he does, his shadows of false sense vanish.

To apply this principle to a particular case: Suppose our patient "has a headache." The "exact spot,"—figuratively speaking, for it is in consciousness,—where the ache seems to be is apparently barren of God's activity. This barrenness is, of course, an illusion, for God's consciousness of true

ideas must be everywhere in a man,—the spiritual consciousness,—in spite of appearances to the contrary. Therefore the “spot” where the pain seems to be is, *in reality*, full of thought activity,—the activity of divine Mind,—although the patient himself may not be aware of it. It is necessary for the practitioner consciously to realise that God’s truth knowing, loving, and acting are active, in spite of the patient’s seeming misconceptions, and, as a result, he will also begin to realise well being; and, in so far as he does, it will appear.

Every state of discord which appears in our lives gives proof that we are not “thinking rightly” about ourselves and others. The seeming wrong condition can only be changed by awakening to our spiritual origin and inheritance, *our perfection in truth*, and our “false conceptions” will, *in proportion* to our realisation of the truth and <sup>if</sup> ~~their~~ appearances, disappear in like measure.

If the patient be sufficiently spiritually minded, the practitioner may, through a *silent* realisation of the truth about man, succeed in relieving him from the burden of false beliefs that have bound him. In order to obtain the best results, the patient must help himself all that he can by thinking true thoughts in so far as he knows them.

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Let us now take another typical case and outline its treatment.

Suppose the ache, this time, be clearly a mental condition, such as heartache from a sense of loss or separation. In reality all God's ideas exist forever in the divine consciousness and are always related to one another as the ideas of Spirit must be.

By holding such true thoughts for the one who needs help, we teach him to be aware of his inalienable relation with his friend, and thus effect an escape from sorrow *by a realisation of a truth*. In accordance with spiritual law, "his" untruth will disappear in proportion to this realisation.

Thus ultimately, through experience, we arrive at a point where we can judge of the remedial value of the Christ ideas. To treat any condition, reduce things to thoughts. Analyse these thoughts; and in the light of what we have learned, discriminate between those which are divine and those which are finite. Realise the truth of those which are divine. In so far as our minds are occupied with the truth of these true ideas will the invisible good become visible. Our effort has not been to make any good come true, but only to know all good as true and so to make it *appear*. If I realise that spiritual man,

the true selfhood, is loving, and the patient wants to know the truth, he will soon realise his true self to be loving, and love's rule will appear in him. So if I realise that the spiritual man cannot suffer, and the patient wishes to know the truth, painlessness will appear in response to his realisation of his true selfhood. Whatever I know as *true* of him, he will come to know as true of his true self.

Sometimes we shrink from being treated by another, feeling that there is perhaps some undue force of hypnotic influence used in making us believe certain things against our will; but the process of treating a person is merely the process of teaching him to *realise* as true that which, in his real selfhood, he already knows to be true. God has no secrets which he tells to a chosen few. His truth is open to all, and each one of us, in his *real* nature, is a truth-realising capacity and thus may protect himself from seeming untruth and its false appearances. Everyday life is constantly attesting to the existence of the same kind of capacity for understanding in all people, which enables each to communicate his thoughts to others, and to arouse in the minds of others an activity similar to his own. Suppose we feel depressed when a friend with a "contagious

laugh" and a happy faculty of "putting a joke" comes in. How long do we feel downhearted? What has happened? We have "seen the joke"; that is, our minds have become active in a manner similar to his. He has not mesmerised us, used any "control" over us; we simply see the point, the truth, which we are all bound to see. It is as though he merely called our attention to something meant to be equally evident to us both.

The work of teaching the truth to another, which results in his realising it in greater measure than before, has a remedial effect in all directions which once would have surprised us. During this realisation of the truth, in loving obedience to a request for help, we feel the presence of our heavenly Father, and realise that our efforts for the patient are based upon His will. We are sure that we are carrying out His designs. This gives us courage and assurance of success.

As a result of spiritual activity, in the conscious realisation of the truth, one may gradually attain to a state of consciousness where his ideas may no longer be clothed in words; and spiritually poised, as it were, on the height attained, he may seem to be immersed in a golden flood of light. He may also

see the patient and himself as one, in substance, with this sea of light, and both may rest there in perfection. This new appearance of ourselves and of others is not a material appearance at all, but a vision of the ideal. It is like pure sunlight, only it is a heavenly sunlight,—more luminous, more pure, than anything we experience in physical seeing. Then, as the realisation of spiritual truths becomes more intense, this ideal radiates more and more of that intelligence, love, joy, freedom, and power which are inherent in God and which man expresses. There is also to be seen a looking out and upward, on the part of the patient, to the Source of Being. This appearance is a spiritual experience, and comes to one only when his spiritual sight is clear.

Doubtless there are a variety of appearances which are incident to the realisation of spiritual ideas as true; but whatever these experiences may be, they will carry with them a conviction that they, as well as the ideas which bring them, are spiritual and real. To realise spiritual truth and attain to these uplifting experiences which follow,—whatever they may be,—is to be forever relieved of doubt as to the reality of spiritual substance.

Suppose my friend to be in pain or sorrow; when

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this vision of Truth has taken the place of a darkness which seemed to oppose us, the patient is usually relieved. If the relief does not show itself at once, as sometimes will be the case, this is no reason for disappointment, for the process of spiritual attainment is going on and will manifest itself.

## **V**

### **CONCLUSION**





## CHAPTER XIV

### AN INDIVIDUAL EXPRESSION OF TRUTH

As a result of this foregoing experimental study, during which our truth-realising capacity—our individual spiritual consciousness—has been doing faithful and critical work, we shall find ourselves in conscious possession of a body of truth; and in our efforts to make this truth practical, it will shape itself. The following individual conception illustrates this. At first, I did not try to put into words that truth which had come to me through my own experience and through the teaching of others. They came gradually, as the thoughts defined themselves, during years of daily effort to make these truths practical for the overcoming of evil and for the maintenance of good.

When the words do come, one feels that the individual expression of universal thought is his; but not the thought itself. That is forever in Mind.

Only God possesses it, but it is there, for every one to grasp and to express in his own way. Indeed, this individual and conscious expression of truth is the duty of each one of us; for although these great words,— Spirit, Love, Truth, Power, Reflection,— these chalices of life, have been given to us, yet we cannot take the gift of such words lightly. The passion of the giver of words is to liberate us; to make us rewin the victories won by those who have led men on. A poor return it were to be a slave to the letter, and so allow love's labour to be lost. None knew better than those to whom we are indebted for the gift of words that each individual must scale the Horeb heights of thought for himself, as though for the first time, and read for himself the tablets of the law, and inscribe them in the language of his own heart, before they are really his.

Have we tried to reach down into the depths and up into the heights of consciousness which the givers of words, always at the expense of ease, often at the expense of life, have reached? Have we even vaguely realised what sacrifice, what courage, devotion and selfishness the gain of one word may signify?

The gift of a true, living word lays upon us the

burden of a quest. 'Tis a cup, a grail, holy in content, consecrated to high uses. Acceptance of it upon our part signifies no mere quaffing of the foam at its brim, but the taking of a vow to discover the eternal truth it symbolises. One follows where it leads, o'er seas of thought, perhaps o'er waste and barren places, with willingness to tread with burning feet the hot sands; while the thirsty soul pleads in constant prayer for truth. Only to such a weary, but never faltering, explorer upon life's way, shall winged Mercurys of thought, in swift flight, flash into view. To him alone, the clouds clear away, the heavens open, and he drinks anew the eternal truths from ancient and time-worn words, but freshly filled to overflowing with new wine crushed from the rich, ripe fruit of his own experience.

Whatever Life or Being is, all things must be involved in it in order to have life, to exist.

Whatever is a quality or a condition of Life or Being, all things must possess it, if they are to qualify for existence.

Life or Being is all there is, in all existing things.

What is Life or Being?

Life or Being is perfect Consciousness (Divine Mind) and all the processes and ideas that it involves

manifesting itself through its perfect activities. Life or Being knows, feels, and acts.

Being is Spirit; therefore its consciousness is always true, good, beautiful, perfect, and complete; that is, the Divine Mind knows Ideas of a *certain kind*; has feelings of a certain kind; acts in a certain way.

Therefore anything *unlike* the foregoing ideas, feelings, and will, cannot be ascribed to this Divine Mind which is Being; cannot be "predicated of Reality." He is Love (John 4: 8). He is our Father in heaven (Luke 11: 2), "the Father of mercies, the God of all comfort" (II Corinthians 1: 3).

To be, then, or to have life, is to partake of,—to be involved in,—this Perfect Consciousness or Divine Mind. But how do I partake of this Perfect Consciousness, this Mind which is Being? What is the relation between me and Being? I am born of God; I am His Son; we are also His offspring (Acts 17: 28). But I do not take the initiative in this birth. I cannot primarily partake of Him. He first loves me. That is to say, God or the Perfect Consciousness involves me as an internal part,—a necessary part of His nature. God cannot be

Himself, without me. To be involved in the Mind of God, as an activity, is to be. I do not originate myself; I am involved. God is my original; I but reflect Him. I am, only because He is. I am a corollary of God or Mind. I have no self of my own, no will of my own, no substance, no life, apart from my original. He is the Self. We, in our spiritual selfhood, are His "offspring," and have no other sources of action. Our source or Principle is God. He determines what we are, and therefore what we shall always do.

The processes called knowing, loving and expressing the truth, are going on in this individual, spiritual consciousness, which I call by my name; but God is the one who initiates and carries on these processes. He is defining in me the processes and ideas called "mine." As the ocean, in moving, breaks into waves, each of which is but the ocean itself in action; or as the sun, in shining, diffuses itself in rays; so the Divine Mind makes for spiritual activities: individualisation of Its Life Functions, one of which I call by my name, another you call by yours. Man's activity is, therefore, involved in God's activity. He is always a child. The everlasting arms are always about him: he feels the flow

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of life, and knows that it is God who is his Father and his Mother, his all-in-all. "I and my Father are one," said the Master. God delighteth in you and in me, and in all beings.

"The Spirit itself beareth witness with our spirit, that we are the children of God" (Romans 8: 16).

An idea cannot exist at all without its original, its Mind, and it is one in nature and essence with this original. All true activities are spiritual, for the God Mind that thinks them is Spirit. We and all things, as God's activities, are spiritual, and our spirituality is assured by virtue of this, our divine origin. We, the Sons (individual spiritual beings), image the fulness of divine Mind. Moreover, as we have said, all real being is protected from anything unlike the divine, the spiritual,—that is, protected from the so-called finite and physical,—since only that which is involved in God has being.

All real men, therefore, are through and through spiritual. In each spiritual consciousness—each real man—God is experiencing true ideas, good and loving ideas, joy, power, and peace; that is, our real experiences—those of the Christ consciousness—are confined to those which belong to Life or Being. In a word, *spiritual* experiences con-

stitute the *whole* of a man's *real* being. God's Life is his Life.

If some one should ask of what are all beings made, what constitutes their life, we must answer: the living and substantial thought-forces of the divine Mind,—Its knowing of the Truth, Its loving and Its expressing of it.

That we may try to make this conception of ourselves clear, let us consider the nature of our experience when we are conscious of a love for our neighbours. This spiritually mental state of which we become conscious is a Life force, a substance-force. Think "how it feels" to be conscious of being good; again remind yourself that *this spiritual activity—morality*—is also a Life force, a Substance force. Recall your state of mind when at some moment you realised truth knowing, going on within you. That spiritual activity—truth knowing—is also substantial and living. Joy and peace, and all fruits of the Spirit which we know so well, are spiritual experiences which are substantial and living. We live by virtue of just these spiritual experiences, which God is experiencing in us.

Contrast such a conception of what is substantial and living with the popular conception, made up, as



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it is, of the false belief that the nervous system, the heart and lung action, are life giving; the belief, also, that those knowings and feelings which are based upon material sense belong to our real being.

We have the spiritual assurance that all being is of the nature of Mind, Spirit; that there is only this *one* Source from which life can spring. And since only *thoughts* belong wholly to the mental realm, and only *spiritual* thoughts have their being in Mind, Spirit, we shall gain the spiritual apprehension of man, and so of *our* true selfhood, *by the substitution of the activity of divine Mind for all phenomena of sense experience.* We are beginning to realise that spiritual life currents, fresh from the heart of God, are active everywhere, without fatigue or effort, without cessation and without change.

When we say that the activities of Spirit constitute all being, we make a definition of being which is all inclusive. That the physical is left out in this definition of Being, is a little startling at first, but nevertheless very much to be rejoiced over. Such a definition does not annihilate the physical order, but shows that it has always belonged to the realm of false sense, and never to that of real being. If this seems to be destructive, it will be seen upon

closer investigation that whenever we have assaulted the seeming, we have done it to disclose the real. And now that we have defined what to us is real, we will define the unreal.

Our definition of Reality shows that to us nothing can be included in Being which is not in accord with the nature and essence of God; and that, therefore, anything unlike Him must be recognised as unreal. There are so-called ideas, feelings, and will, which cannot be "predicated of Reality," which cannot be thought by God, because unlike Him. These are, therefore, but seemings, and the seeming activity involved is not *thinking*. The word "unreality" stands for just these thought processes and the ideas involved which God could not experience or carry on, together with the suppositional sense which seems to think them. This suppositional sense which *seemingly* thinks "our" finite thoughts and shares their illusory character is, in scriptural language, called the "carnal mind" or "the devil." "Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own; for he is a liar, and the father of it" (John 8: 44).

This illusory mind and its beliefs seem to be present and claim to be real, because of our lack of realisation of existing spiritual perfection, here and now. Any lack of realisation of the truth, on the part of a man, is popularly interpreted as a "human, material belief." These are of many kinds and appear under many forms, but the important thing, from a practical standpoint, is that we should recognise their illusory character. All the "material beliefs" resulting from a lack of realisation of the truth, which appears as the "physical world," come under the head of illusion beliefs in that which is not so. The appearances of illusions are illusory also, but the sign of a lack of realisation of existing perfection. This "physical," so-called world is such a sign.

Looking back upon what we have said, we find that we have defined Reality as divine Mind and its manifestations. We have defined man and all real beings as the activities of divine Mind. We have defined *unreality* as a "material sense" — its seeming conceptions and their phenomena. Our claim that this so-called sense, "its conceptions" and its appearance world, are *unreal*, is based upon our understanding that its *own* nature excludes it

from the divine, and, therefore, from the Real. The whole problem has thus reduced itself to two factors, "false sense" and divine Mind, one *suppositional* and the other real; and this gives us the keynote to all effective work. To successfully unsee evil we must direct our efforts, not toward a denial of that imperfection which is *not*, but toward a realisation of the perfection which *is*. It already exists.

The foregoing realisation of Truth has brought me a certain sense of immunity from evil which has been of infinite value, and it has led me to see that a more detailed and more exact knowledge of my capacity, of my life functions, and of my real body and its relation to my spiritual consciousness, would increase this sense of immunity and better enable me to bring it to others. The following pages give a richer, fuller concept of that which has given me this added sense of freedom.

#### TRUTH KNOWING AND TRUE SELFHOOD

The Christ Activity, or the consciousness begotten of God, is the real consciousness of each one of us. It alone can discover, understand, realise, and manifest God's ideas. It knows that it understands and realises some Ideas, realises what they

are, and realises where its knowledge comes from, and it is always coming to understand and realise more and more of what God knows and loves; and like God, man always expresses his consciousness of Being.

Whatever the occasions may be with which we are dealing in our life experiences, we must recognise that the outward appearances are only the visible signs of that which is invisible, and which we call Ideas. These are perfect and unchangeable and can never be separated from the Mind that defines them. Spirit is the source of all right ideas.

There are essential elements of Truth, and they belong to every divine idea. Consciousness of any idea, therefore, necessitates the consciousness of these essential elements such as rhythm, harmony, beauty, purity, unity, love, morality, relativity, etc.

When one has solved even the simplest problem in mathematics, he has acquired a knowledge of mathematics, and his further progress in this direction will consist simply in an increase of this knowledge and its expression. If I know one melody, I have a knowledge of music, its nature and appeal. Then I must go on to know more melodies, and must

come to apprehend more of those ideas which are involved in each melody. This may be called a process of definition, and will last throughout eternity.

Although the truth will be apprehended by us in its more complex forms as time goes on, the consciousness of the Source of Truth, and the capacity which is operating to become aware of and to manifest the truth, remains the same, and always with us first is ourselves; thus, our activity differs only in degree from time to time; while, in kind, it is the same. One person may become aware of or manifest one idea, another two ideas. The capacity, however, is not different in the two men. They are both discovering and manifesting *the truth*. Since every Idea contains the same essential elements of truth, I do not have to become aware of all ideas at once in order to make sure that I have found and am maintaining my true selfhood, my spiritual integrity. I am fulfilling the conditions of a Christ consciousness, in that I have a real consciousness, at any given moment, of *some* ideas; and they are just those ideas which are essential to the needs of my individuality at that moment. It may not be essential for me to realise what painting is until some to-morrow;

yet meanwhile, because of God's will, I realise what music is, or botany, and shall realise, not only what painting is, but all that God knows, loves, and expresses, for as time goes on He will individualise and image His all in me.

Thus each one of us, as a Truth-Realising Capacity, is always, in this sense, a perfect being; for there is never a moment when he is not becoming aware of some divine ideas, realising that he is conscious of them, and realising what they are; and his progress simply consists in becoming aware of more ideas in the same way. Thus the real, individual man or consciousness is always going from perfection to perfection; and God Himself is urging him on in this process, and is giving him all power and freedom to express what he realises to be true.

When a new manifestation of an eternal truth presents itself, which, of course, involves a new experience for me, I can immediately predicate of it perfection. That is, the essential elements of all right Ideas,— such as beauty, rhythm, and harmony, — are *there*, although manifested in a form which is new to me. If, whatever may happen, we realise perfection, there is no possibility of our experiencing or expressing anything else. Defining, loving,

enjoying, etc., are all fundamental thinking processes in God, or Mind, dealing with ideas, and I must be conscious of all these processes, as well as of His ideas, which are the objects with which His thinking processes are occupied.

God is never without a witness. We can always know Him. That is, God, the origin of activities, is revealing Himself to our consciousness through the activities which he is always defining to us. Activities speak of their Origin. The truths which we need to know to-day are at hand. We seek for them; God defines them; and they reach us. Therefore, in any crisis it is only for us to realise what these truths are that already are individualised and imaged in us,<sup>1</sup> in order to be equal to any emergency.

<sup>1</sup> "Few see the familiar. Nothing is more common than for people to think that they mean objects that have nothing to do with themselves."—JOSIAH ROYCE.

"The self that inquires, either inquires without meaning, or, if it has a meaning, this meaning exists in and for the larger self that knows."—JOSIAH ROYCE: *Spirit of Modern Philosophy*, page 372.

"Kant it was, who, despite his things in themselves, first showed us that nobody really means an object, really knows it, or doubts or aims at it, unless he does so by aiming at a truth that is present to his own larger self."—JOSIAH ROYCE: *Spirit of Modern Philosophy*, page 373.



## LIFE

Life and Spirit being one, all life processes are really spiritual, *not* material. These spiritual processes originate and are carried on primarily in Spirit, divine Mind. These processes are knowing, loving and expressing processes. God makes these processes and the ideas involved apparent to man through the Christ Consciousness, in which he individualises and images them.

The Christ Consciousness, the Son of God, is the full manifestation of Mind. In that consciousness *all* functions of Life are individualised and imaged, and, consequently, it expresses all the functions and capacities of Mind. Every individual man in his real consciousness is a son of God, and as such is capable of becoming aware of and expressing in some form all these knowing processes and their products, which originate and are carried on, primarily, in Mind. And in addition man becomes aware of what these capacities for thought and action are and he expresses them, makes his consciousness of them appear. God's capacities for knowing and acting are produced, imaged in His *every child*, — they are thus individualised.<sup>2</sup>

<sup>2</sup> In nature and in essence the activities in each Son are *just the same* as the activities in the Father.

Seeing — in the spiritual sense a mode of thought — is a function of Life; that is, it is going on in Life, in Mind, all the time, and it is defined for us in man. Seeing is thus one of the knowing functions of Life individualised in man of which men become aware and express as the Sons of God. *In each individual man* seeing is one mode of *knowing*.

What is happening when one says, "I hear" ? In any such study we must first of all remember, as we have said, that the true fact concerning any man is that every function which God is imaging in him and which belongs to him as an individual man, *is present and operative in his consciousness* whether he is yet aware of it or not. We will now apply this to the particular function of Hearing. Hearing, in its true meaning, is a knowing, loving and expressing activity of God, Spirit — Mind. This spiritual function is defining itself to me, my true selfhood, for Mind has individualised and imaged it in my consciousness, and thus I hear. There is never a time when the individual consciousness is not hearing in this sense,<sup>8</sup> and there is nothing that can

<sup>8</sup> To make clear the fact of hearing as operative in the individual consciousness whether that consciousness is aware of it or not, we may recall a time when perhaps we have been very much absorbed in reading, and therefore have not realised that we have been hearing bells ringing all the time.

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interfere with the unbroken continuity of this perfect, spiritual activity of hearing, whether I am aware of it or not. That is, God's hearing in an individual consciousness is always in operation. But I must become *awake* to this function of hearing which is active in my consciousness, so that it may fulfil itself in me, to the end that I shall give expression to all that it brings me. Every man has all power and freedom to do this, and in so far as he does it, the activities of infinite Mind appear. Deafness, or any other limitation, seems to be true to us because we have not yet reached, with respect to the given limitation, the realisation of man's perfection, his oneness with his source, Spirit. This oneness insures the unbroken continuity of perfect, spiritual hearing. It is for us only to discover, to understand and realise that perfection which is always there, in all right consciousness, including my own; and what I realise, must appear.

When I first caught a glimpse of this spiritual interpretation of life processes it was new to me. I had hitherto thought of all my life processes as physical, and as carried on by so-called physical organs. Hereafter, I will use the terms, hearing, seeing, and so forth, not to characterise a *physical*

process, but to signify a complex, *spiritual process of Mind* which is functioned in me. And in the seeming absence of any function I will take the first step toward its reappearance by thinking it entirely away from the physical, seeing it as a mode of thought in God or Life. I will reach out for the *realisation* of what the function is, as I would try to catch a melody by listening for it and finding it as thinkable. This persistent effort will bring to us the realisation of a special kind of knowing in us, and will result in the perfect appearance of the function in question. I am urged by God to the *realisation* of Truth. It is our Father's good pleasure to give us the kingdom. In this process of becoming aware of an individualised function of God there is no pain involved, no fear, no excitement. The process involved in *real knowing* is a spiritual process in God. It is therefore harmonious and joyous. I have but to become aware and can only become aware of whatever divine knowing activity is *already going on* in me, viz: being carried on in me, by God Himself. *Every spiritual individuality involves the capacity to become aware of itself as God's individualisation of the Knowing, Loving and Expressing Functions of Life; to be*

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*come aware of what this individualised Knowing, Loving and Expressing is and what Ideas are known, loved and expressed there by God; and the individuality involves the capacity to manifest that of which it is aware.*

And now one may say, *I know what I am.* I am God's individual consciousness of Himself, viz:—one of the individualisations of Consciousness, of Mind, which each day, in proportion to its seeking, becomes more and more aware of itself and the activities mirrored in it and is always manifesting that of which it is aware. Therefore, whatever I am doing,—whether I walk, sing, or work with my hands,—I am simply realising and objectifying my consciousness of what God has defined to me.

All knowing, loving and acting functions secure in the citadel of Mind,—therefore safe; I, an individual consciousness in which God individualises and images these functions; this consciousness a perfect capacity for becoming conscious of itself and the activities in it, and of manifesting that of which it is aware (also secure in Mind and therefore perfect in operation);—what opportunity is there in such a plan for the imperfect! In such a Reality discord of every description has no real *place*, no *power*, and I see this.

## THE REAL BODY

Every idea is in Spirit, in Mind. It exists there forever, and is unchangeable. For instance, melody is a musical Idea. This Idea and all its individual expressions, as a national hymn, or a Beethoven Symphony, are ideas which are in Mind, and they are forever unchangeable.

God's definition of every idea involves the spiritual activities by which the idea itself becomes apparent to consciousness, and to these activities of Mind we give the name of Modes of Identification. These musical Ideas, like all others, have their own Modes of Identification in divine Mind; that is, they are expressed in modes of thought by which Mind makes them apparent to consciousness. In the case of musical Ideas, the modes of identification are aural modes of thought, and through them — its own particular modes — the musical ideas themselves become apparent to us. Let us explain this somewhat in detail.

Mind has made a musical Idea or any other idea apparent to me, when Mind has individualised and *imaged* it in my individual consciousness; that is, in my capacity for becoming aware of it. This image

of the Idea or its spiritual phenomenon in my consciousness, is the real body of the idea. It is the only body it has. This image or *body* of an idea by which the idea becomes known to me is Mind's *individualisation* in my consciousness of the idea's modes of identification, viz: *those spiritual in Mind by which the Idea becomes apparent to consciousness*.<sup>4</sup>

As Mind manifests the idea of melody in individual melodies, so it manifests the Idea Man in individual men or the Sons of Men. Mind has a mode of identification for Man, and Mind's individualisation — in an individual consciousness or Son of Man — of this mode is that image or *spiritual* phenomenon to which we give the name of body. Thus every Son of Man presents two aspects: the individual consciousness in which God experiences and expresses His knowing, loving and acting; *and* that divine mode of thought, or that *image*, by which this individual consciousness or Son of Man *is made apparent*.

We now see that the body of an individual Son

<sup>4</sup>The activities of Mind by which an idea becomes apparent to consciousness we call modes of identification. When Mind individualises these same modes in Man's consciousness, we call them the body of the Idea.

of Man, like every real body of every idea, is *spiritual and perfect; that its office is to make the spiritual consciousness, and the activities involved, apparent.*<sup>5</sup> Spiritual thought stuff constitutes it. It is involved in the definition of the Idea man, as a whole, but is distinct from, although in inseparable relation with, the individual consciousness. The relation between any individual consciousness and its body is analogous to the relation between a melody and the tones which express it. The melody is not in the tones. Melody governs the tones, which are but a phenomenon which *differentiates this melody from others.*

To conceive, therefore, of the real body of any Son of God as being "*material*" and as having "*physical functions*" is impossible, and such a seeming conception must be false. To conceive it to be the true, the real, function of the spiritual body to give man life and strength, as is popularly supposed, is to ascribe to the body a power which it never had. And to conceive of spiritual con-

<sup>5</sup> A homely illustration may serve to make this clearer: The body of an individual may be likened to the hands of a clock. They do not make themselves go; neither do they make the clock's mainspring go. They merely serve to *show* what the hidden mainspring is doing.



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sciousness as in a *material* body and subject to it, is another familiar error which we are obliged to correct.

The coming to a realisation of the true nature of Man's real or spiritual body and its relation to spiritual consciousness is an essential part of the work which each man has to do, and is the result of his coming to a knowledge of his true self. *Let us dwell a moment upon the way in which the body of an idea is made to appear to an individual spiritual consciousness, a man, and to others through him.*

### SPIRITUAL PHENOMENON AND ITS APPEARANCE

The moment that Mind has individualised and embodied an idea in you or me, it goes on to arouse the individual consciousness — yours or mine — to a realisation of what these spiritual activities (the Idea and its spiritual Phenomenon) are which Mind is carrying on in the individual consciousness.

This action of Mind results in the seeking, knocking, and finding, of the Idea on the part of the individual. And when he has so striven to find and realise an idea,— a spiritual activity going on within himself, a melody, for instance,— that he *does*

realise it, then its *tones*—the body or spiritual phenomenon of the melodic Idea — are also revealed to the individual consciousness. That is, one *hears* the melody being sung. He hears it in his consciousness, but it is not *as yet* audible to those about him. Then Mind awakens love in him for that which he *finds going on within himself*, and he longs to make the idea known to others through the outward appearance of that tone image which is revealed to him. In response to this desire, Mind uses the individual consciousness as an instrument by which the real appearance which is apparent to it is made to appear to others. And the song is then sung in the true voice. The same process may be applied to the Idea man and will eventually lead to the right understanding and perfect appearing of his spiritual representation or true body.<sup>6</sup>

As this spiritual conception of Man's true form and its appearance becomes clear, the seeming burden of my body is lifted; its needless travail and pain are over; it carries no weight, neither does it

<sup>6</sup> When we realise that the individual spiritual consciousness is but an activity of Mind, we see that, through all this process, it is Mind which is acting through my capacity to bring the truth into objective being.

"An Idea is in God. He forms it in me, and I manifest what He has formed in me."

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do any work. It is now clear that it is not with the body that men see and hear. . . . It does not carry them about.

The real spiritual body is not the Thinker; neither do the thoughts of spiritual men depend upon its operations. 'Tis a living picture merely, and I demand of it nothing more, yet its service is great. Having no strength of its own, it yet images the might of God; having no life to give, 'tis yet a witness to the gift of Life; thinking no thought of its own, 'tis the picture of Truth itself.

Sometimes a coat of mail my body seemed, or again a silken sheath,—the first a torment and the last a snare; but both were figments, unknown in Love's domain, and I need no longer dread lest fatigue overtake me in the heat of the day, or temptation assail me upon untried paths. Agony has spent itself, and the fear of death is passing.

A hymn of thanksgiving rises in my heart, for as the mantles of error slip from me, I see how heavy they were; as the fetters of belief loosen, as the chains of sense fall, I know how great was the bondage by the freedom which is mine. When the veil of illusion is rent, all the tyranny of lies, all the misrule of the flesh, like shadows melt away; and Love,

the real substance, reigns. As the blood of the physical body is spilled, the wine of the spirit glows, and Life everlasting wells up that all our wounds may be healed.

And sometimes after a night of darkened experience and these truths come clearly to me, Love, the thought of God, appears, and stands there watching o'er the sleeping world lying in its sheepfold, safe, in sweet surrender of all other sense save that of the Shepherd's presence. His radiant robes alight as though fresh filled with new born stars, fallen from the skies now dark about Him. And a great star sets close upon his forehead, and lights the dark place where His sheep lie, and finds its way into each tired heart. They were so weary an hour ago, but listen now, and hear the myriad sighs, like rested wings in flight, that rise and leave their looked-for message at His feet. The earth is no more wet with tears; men sleep, and only know when they awake their dreams were sweet. To those in pain an angel came — so softly — as though its feet were flowers and its substance light, and holding in its heart the key which now unlocks its lips, that men may hear the message: Love is the substance found by loving; know that it is all, and pain will cease.

## CHAPTER XV

### ILLUSTRATIONS OF HOW THE CONCLUSIONS DERIVED FROM OUR MAIN STATEMENTS MAY BE PUT TO PRACTICAL USE<sup>1</sup>

We are now ready to draw conclusions from these main statements, and to illustrate the way in which they may be put to practical use.<sup>2</sup> And our success in applying the following conclusions to everyday problems will depend largely upon our first knowing just what the "false beliefs" are which are bringing evil appearances into our lives.<sup>3</sup> To this

<sup>1</sup> The author suggests that the following arguments can best be understood by not merely reading them over; but that when any temptation—some small ignoble thought—arises, that *then* it might be found here; and, as a remedy, the contradicting argument should be persistently held in thought and the results noted.

<sup>2</sup> See Chapter XIII.

<sup>3</sup> Any degree of non-realisation on the part of the individual spiritual consciousness results in the *seeming* presence of a "mental mind," with its "false beliefs" and their evil appearances. Therefore, when in the following pages, we speak of mental mind, false beliefs and evil appearances, it

mortal

end, one must analyse all the thought, in any given situation, *in the light of what is true*. By this light he will see that some of these thoughts in the situation are true, while others are but "false beliefs," the elements called physical "substance" and "law" being no exceptions.

After the analysis has revealed the thoughts which are untrue, the next step is to see that although the untrue beliefs have seemed to be presented to us, yet they can never be *accepted as true* by a truth-knowing capacity. They and their appearances are always *outside* of the real self. They are trying to gain admittance to the realm of the real, — yet always in vain. This takes away our fear. No matter what seems to happen, our real natures are as untouched by illusion as is the gold by the earth which clings to it. Could the gold know itself as we can know ourselves, the earth would fall away from it.

*The analysis of the situation shows that the false belief of worthlessness seems<sup>4</sup> to be present.*

must be kept in mind that we are speaking of *seemings*; and the reality, behind them, is but a lack of realisation of the truth *which exists*.

<sup>4</sup> "We say *seems* because, in *reality*, truth alone is defined to us."

When we feel worthless, we must realise how wonderful we are. To that end, let us realise, that the true self in each of us, is a spiritual consciousness. This consciousness is God's individual consciousness of Himself. It is thus Mind's awareness of all the powers of thought, which are in and of Itself. This individual, spiritual consciousness therefore, is a knowing activity, carried on by God Himself; *by which* He becomes conscious of Himself and his activities; and *in which* therefore, He and His knowing, loving and expressing activities, are individualised and imaged, and are of necessity perfect, since they are His.

All these knowing, loving and expressing activities, which God individualises and images in the spiritual consciousness, are conscious of themselves, and involve their objects.

Since Spirit-Mind involves the individual, spiritual consciousness; and since it is, therefore, God's knowing, loving and acting, which constitutes its content, — it is clear that we do not make ourselves; that the individual spiritual consciousness does not carry on these activities, which primarily constitute itself. It is God's Verb. God is the Ego, the divine Subject of each Christ consciousness, or Spirit-

ual Verb. Up to this point, God alone is working; but this does not mean that the consciousness, itself, has nothing to do.

It is capable of becoming self-conscious, through its own efforts, and it is obliged to do this. Let us remember that the consciousness which does this work, is *ourselves*.

Thus, when we seem to be lacking, in any direction, it is because the spiritual consciousness is not sufficiently active, in realising the truth. Therefore, in moments of weakness, let us hasten to become conscious of the foregoing truths. Let us hasten to understand and realise that, whatever happens, we are really, as full of joy, or peace, of life, as God is; that His truth, His Love, His actions are reflected in us.

All God's Life, Joy, Truth, Goodness, wells up in us,—His children. We are as springs, fed from a pure and inexhaustible Source; as flames, kept clear by a Divine fire. Each Son of God has the power to be self-conscious, to discover, understand and realise what he is—what God's activities are,—and in proportion to his use of these powers for realisation and understanding, will God's truth, power, joy and life,—as individual-



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ised in him,—appear outwardly. As a result of full realisation, his faults vanish, and his confidence in himself is restored.

### A MOMENT OF LIFE IN TERMS OF GRAMMAR

#### THE OLD IDEA

SUBJECT	VERB	OBJECT
John	knows, loves,	Automobile
	builds an	John's idea.
human man,	The nature of	Human machine,
physical body,	this human verb	defective,
imperfect	will depend upon	dependent
mentally and	John's mental	upon John's
physically.	and physical	mental and
Supposed to be	condition.	physical
the thinker.		condition.
Muscles, nerves		
supposed to do		
the work, in		
response to		
the brain.		

## THE NEW IDEA

## TYPICAL MOMENT OF LIFE, SOMEWHAT POPULARLY EXPRESSED, IN TERMS OF GRAMMAR

SUBJECT	VERB	OBJECT
God	Knows	a song
(Divine Mind,	loves	(God's idea and
Spiritual	expresses	perfect, since
Consciousness.	(These activities	the One who
Nothing human here.	are perfect because	thinks it is
Nothing physical.	their source	perfect.)
Nothing imperfect.)	is God.)	

So far, all this activity is God's; but God's child, the individual, spiritual consciousness, involving the verb and the object, must make a picture of God's activities: — must listen for the ideal song, find it, realise what it is; — and then make the idea appear in perfect and in individual form. Incidentally, the consciousness will also make the verb appear and itself and more than this: — Christ said: "If ye had known me, ye should have known my Father also; and from henceforth ye know Him and have seen Him." (John xiv:7.)

*Next page* { *The analysis of the situation shows that the false belief in inefficiency seems to be present.*

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### THE WAY TO GAIN EFFECTIVENESS AND EASE IN ACTION, IN ART

We must realise that the real activity constituting each of us, is a function of God, Infinite Mind; and is, therefore, perfect and always in operation. This Christ activity, which God is always carrying on, is a Spiritual Consciousness, in which God is knowing and loving and expressing His ideas.

It then remains for this spiritual consciousness, itself, to attain to a deeper consciousness of itself; and of the divine processes and ideas involved in it. Through such a realisation, upon its part, singleness of purpose, directness, fearlessness, spontaneity, grace, rhythm and success are manifested in all "our" activities. To realise that, in all cases, God is the primary actor, in whom our action is inevitably involved, is to lose the sense of fear, of rivalry and ambition; and to enter a region where we find ourselves without that sense of laborious effort, which so weighs us down; where there is only the seeing of a goal, and the steps leading to its attainment; and we "not disobedient unto the heavenly vision." The artist looks and listens and when he has heard, understood and realised, what God is thinking and

doing in him, he can reproduce His ideas, outwardly, in sound, in colour, and in form,—in terms of his individual consciousness.

*The analysis shows the false beliefs which seem to be present are the demands of the “flesh.”*

THE WAY TO AWAKEN A DESIRE FOR GOOD, AND  
STILL MORTAL IMPULSES, THE LUSTS  
OF THE FLESH

We must realise that the Christ nature, in us, — the real selfhood, can only desire to be what it is, viz: an individual spiritual consciousness, in which are individualised and imaged the knowing, loving and acting functions of Divine Mind. It can have no desire except to become aware of Love's activities, individualised in itself, to the end that God's divine knowing, loving and acting, and His ideas involved, may appear in outward form, here and now.

This selfhood can only long for and be satisfied in the consciousness of the Divine Mind; as every reflected thing must long for and be satisfied by its source, by that one and only Being which completes it and brings it into relation with all things.

That “we live and move and have our being in

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God" does not mean that we are shut away from people, from nature, from art; on the contrary, our relation to God involves and guarantees our relation to people and things; and, therefore, only in so far as we discover, understand and realise our relation to God, shall our relation to people and things become clear to us. Whereupon we make it appear outwardly.

This real relation to God, to spiritual man and to our spiritual environment is a *spiritual* relation. Its quality is such that it satisfies us; and, therefore, we are free from other desires.

*The analysis shows the false beliefs to be fear and the desire to do wrong.*

MAN IS A SPIRITUAL CONSCIOUSNESS; HENCE HE IN  
HIS SPIRITUAL SELFHOOD CAN HAVE NO  
"MORTAL MIND"

We must realise that our real, or spiritual consciousness and the knowing, loving and expressing reflected there, are experienced by God each moment and forever; and, therefore, their constancy and perfection are everlastingly guaranteed. The illusory sense and its notions, which differ from this perfect individuality can have no true existence. Since the

experiences of Spirit constitute the content of the individual consciousness,—all the fruits of the Spirit; — peace, joy, love are involved in man's real nature; are there, that we may become better acquainted with them, understand them and realise them more fully.

Doubt, fear, loneliness, malice, discouragement, selfishness, loss cannot be discovered in us, cannot be understood and realised by us; inasmuch as, not being experienced by Infinite Mind, they can form no part of that which God reflects in us. A spiritual man has the power to discover, understand and realise himself and the true activities involved. This is a spiritual power and can concern itself only with the spiritual.

Discordant outward appearances, such as failure, pain, sickness and death are but illusory pictures,—not of the activity of the one and only Spiritual Mind, nor of a suppositional or mortal mind,—but are the phantasmal, illusory appearances of inactivity, on the part of the individual, spiritual consciousness in realising itself, and the truths involved. Every representation of the Christ,—every one of us,—is a capacity for realising the truth; and, ultimately, will arrive at realisation. But if he does

not exercise his capacity, the above illusory pictures will appear, temporarily, until he is driven to use his powers for understanding, realising and manifesting the truth.

Let us repeat this law again:—As the Infinite Mind is free from negative experiences such as sorrows, sickness and sin, so is the Christ Consciousness free from them; but its freedom will appear outwardly, here and now, only in so far as it exercises its powers to discover, understand, realise and manifest the truth.

*The false belief in the body as physical seems to be present.*

*We must realise that Being is spiritual and there is no other. Spiritual Consciousness alone is Life.* To realise this truth is to realise that there is no material sense being.<sup>5</sup> In reality, then, we have no physical structures. Our parent Mind, God, supports us, His ideas. The material sense appearances called bones, muscles, etc., represent the fictitious thoughts of what we call the mortal mind; and

<sup>5</sup> To thus see that the material sense and its thoughts are untrue is also to reveal as unreal the appearances called the physical world; for if a so-called mind is unreal, its projections are manifestly unreal also.

as we realise true spiritual being its own embodiment will appear.

Since real Life is spiritual, it is utterly divorced from so-called organic, physical being. We truly live, not because of heart and lungs and other physical organs, but because we are involved in the Spiritual Consciousness which is Life. All so-called physical processes and organs are a seeming, a part of the veil. No physical organ could bring spiritual ideas into being or relation, for spiritual ideas can have only a spiritual being and relation, and this is sustained by Mind or Spirit.

God's knowing of divine truth, His loving and expressing of it, in an individual consciousness constitutes the activity of our being; but such states of activity are *spiritual*, and therefore it is a self-evident impossibility to attribute them to a physical organ called brain. When we say that we are mentally tired, we have based our statement upon a belief that we think by means of a brain, a physical organ which is subject to weariness. To rest ourselves we turn away from corporeal consciousness, which holds thought as dependent upon the physical, and realise that all our real activity is spontaneous and tireless, for it is spiritual and involved in Spirit.



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Divine Mind is the great "organ," if you will, which is present everywhere individualising and imaging Itself, Its functions and Its Ideas; thus bringing man and all real activity into being and into relation. But God is not physical; He is Spirit. There are no real sensations either of pleasure or pain, and the "nervous mechanism" which is *supposed* to be responsible for such sensations is itself unreal. But we do not for that reason take away joy from our lives; on the contrary, we can lose nothing when we have all.

*The analysis shows that the false belief of undue responsibility seems to be present.*

### THERE ARE NO BURDENS TO CARRY

The activity, which constitutes us, goes on without effort on our part; for God carries it on. Thus God is already doing, *in us*, that which He wishes to appear outwardly, here and now. That is, God is knowing and loving and expressing, in us, those functions and ideas which He wishes to appear in outward and individual form. In our hearts the impossible deeds are already accomplished, by God himself.

Work in its true sense, is only our effort to discover, understand and realise what God is doing in us; and, then, to manifest this, or bring it to outward appearing. Without this effort, upon our part, God's ideas might remain inaudible and invisible, for an indefinite period.

Thus the activity required of us — the Christ consciousness itself — should be accomplished spontaneously; and certainly, without the old sense of weight, and burden bearing.

*The analysis of the situation shows that the false belief of antagonism seems to be present.*

#### HARMONY EXISTS IN THE KINGDOM OF HEAVEN

We must realise that we are related to all persons and things and they to us, as those ideas must be which go to make up the unity called the Divine Mind. Therefore, there can be no such condition as lack of companionship or friends, as lack of brotherhood, or co-operation in work. The true desire can assure itself of complete co-operation from others. Even in the face of apparent antagonism we may realise that since harmony is the law of Being, there

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can be no real resistance in the minds of others to our true aims, but rather the spirit of divine helpfulness. Man must bring out his world by reason of the power that worketh in him, for as Jesus said:—"It is the Father that doeth the works and it is His good pleasure to give us the Kingdom."

Since there can be no antagonism between the ideas embraced in divine Mind, which is a unity, no man can dislike us, no friend in truth cease to love us, nothing can poison us, no plague come nigh our dwelling.

Suppose, however, we find an apparent discord and antagonism between ourselves and others, or between ourselves and the east wind, between our eyes and light, between our ears and sound. We must banish such lying appearances and the "false conceptions" behind them by understanding that there is nothing anywhere, the real nature of which is unlike God. Any two things, each wholly reflecting God, cannot be at any point in discord with one another. Harmony reigns in the kingdom of Mind. We and all beings, the ideas of that Mind, are at peace.<sup>6</sup> We love one another. We must realise

<sup>6</sup> If two disagree, it must be due to the fact that one or both are not thinking things as they are. Therefore, in apparent disagreement, our comfort consists in knowing that

that each person and thing, in its real nature, is the most lovable being that could be, and therefore is just what we by our own natures are impelled to love. It follows also, since our experiences image His, that we see every other idea of God's just as He sees it, that is, as perfect. In the light of such seeing we cannot help loving one another.

*Analysis of the situation shows that the false beliefs of ignorance and of an uncongenial environment seem to be present. Education is the only remedy for illusion.*

#### EDUCATION IS A SPIRITUAL PROCESS

The processes of real education consist in our discovering, understanding, realising and manifesting those truths which God is experiencing and imaging in us; and in learning that man's capacity not only enables him, at any moment, to voluntarily find, understand and realise these divine processes and ideas, but also to manifest, in outward form, that which he has realised.

in the bottom of each of our hearts lies that which, when we both find it, will make us aware of our oneness. The holding of this hidden unity in mind makes our understanding of, and sympathy with, one another appear more and more; in reality we are all congenial, and there is no exception to this rule of universal comradeship.

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To be truly educated then, the individual must be led through a process of becoming aware of his Spiritual selfhood. This process is always going on, throughout eternity. God will always be revealing something new to each one of us, and there is and will be, no limit to our discovering, understanding, realising, and manifesting that which he reveals.

True education, therefore, does not consist in drawing human conclusions from physical data. Truth does not come to us through any physical organism, through a medium of nerves, nerve centers and brain. Real things are spiritual activities; and, therefore, a knowledge of them can only be gained through spiritual processes.

In reality a man is a spiritual consciousness, in which God is individualising and imaging His processes of knowing, of loving and expressing ideas. This necessarily involves the individualisation and imaging of His ideas in the consciousness also. As we have said, the process of education consists in a man's discovery, understanding, realisation and manifestation of these processes and ideas, individualised and imaged within himself.

This is God's way of educating, of telling us

things, and all methods of education should be based upon this Divine process of seeking for the Kingdom of Heaven which is within us, knowing that we can find it.

Popularly speaking when God wishes me to discover, understand, realise and manifest an idea, He individualises and images His knowing of the idea, His loving of it and His expression of it, in my spiritual consciousness.

When therefore, one wishes to come in touch with Life, Its purpose and plans for himself, including people and things he has but to search for them within himself, mirroring as he does God's activities and the ideas involved.

We have power to do this; and, in thus seeking for the truth, let us not forget that we are seeking for something which is not ours, but God's.

Let us not struggle to know a truth. Truths like arrows of light, find their way into our hearts without effort of our own and then, like steady stars, wait there, for our recognition and realisation of their luminous presence; — angels often unenterained.

This method of becoming conscious of God's spiritual processes and ideas through discovering, under-

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standing and realising what constitutes our consciousness, and its content, is the only true way to study. In such studying we are but actively receptive to a divine revelation of truth. A man, therefore, should realise that he cannot be arbitrary in his choice of a course of study,—neither should he be prompted by ambition, or any external motive. If he would reach distinction, he must always be guided by God, who chooses for him. It is God's daily Life, not "ours" which one must make appear in his daily life.

Although we are destined to discover, understand and realise all the truths which God will always be revealing to us throughout eternity—yet at any given moment, we can only discover, understand and realise those forms of truth which He is experiencing in us at that particular time. We shall see that those forms of truth which God experiences in us each day are just those forms which correspond to our daily needs; and, if realised and manifested by us will satisfy these needs.

The foregoing principle will answer the question as to whether a child's course of study shall be arbitrarily chosen for him by his so-called educators

or guardians. The question of specialisation also perplexes many a parent.

In his course of study let a child concentrate upon such studies (ideas) as absorb him most. Thus he will be following the God Activity which is working in him. There will be other times, other lives perhaps, when he will find himself absorbed along other lines, and thus, little by little he will attain to that "broad culture" which is felt to be desirable.

But no matter what the form of the truth may be which absorbs him, truth's elements,— beauty, rhythm, harmony, incorporeality, — are always the same and present; an individual will therefore come to an understanding and a realisation of the essentials of truth regardless of the courses of study which he pursues.

All that man can wish to know is spiritual and rests upon a spiritual basis. His only real progress therefore results from activity on the part of his spiritual consciousness, since that alone can discover, understand, realise and manifest God's spiritual processes and ideas, viz: the Truth.



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### ILLUSIONS AND THEIR CONDITIONS ARE UNNECESSARY

Thus mankind has much to learn upon a spiritual basis. This can only be affected by leaving the old landmarks, and making a new beginning in the spiritual direction by using the *spiritual consciousness alone as a means* of knowing all truth.

It is the allowing wrong assertions,—illusory beliefs,—“to present themselves to us” without contradicting them, which makes us subject to such illusory appearances as sorrow, fatigue, failure, sin, sickness, and death. Since we are equipped to understand God’s activities and to realise them as ever present, which invariably results in their outward appearance, which is good, why do we allow a wrong assertion, such as  $2 \times 2$  equals 5, to go uncorrected? But if we insist upon doing so, we must admit that we are remaining under a self-imposed and unnecessary bondage. In thinking out any problem, then, we must listen to God’s voice speaking in our hearts, telling us what we shall understand and do, and thus we shall be led into all good, through obedience to His truth. When we do wrong, we can under no condition defend ourselves

with the plea of innocence, for the ability to discover, understand and realise the truth, which each of us possesses, includes the power to become aware of that moral activity which God is carrying on in us.

### SERVICE

As we have said, if a man would be educated he listens and hears and bows his head. He loves what is revealed and longs to have its beauty and its goodness appear in the every-day world about him.

By divinely guided efforts, a man discovers, understands and realises what is being revealed to him; and becomes the occasion for the outward appearing of its perfection. Thus he serves.

Moreover, since man is responsible for this outward appearing of God's activity, it is his duty to realise the truth to such an extent that his inner vision *will* appear outwardly. Neither should a man wait like a slave who is driven by suffering and sin to this realisation, but should eagerly listen to God's voice in his "heart,"—his spiritual consciousness,—to the end that he may fulfil his peculiar mission.

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In the true sense, education, vocation and service involve one another.

All this has a very direct bearing upon our relation to our environment and our duty toward it. Every environment carries with it a sacred significance, when it is interpreted as made up of God's activities which He, Himself, is experiencing and expressing in the individual consciousness<sup>es</sup> about us; *for the purpose* of having their perfection appear, outwardly and in individual forms. We must therefore realise that it is our duty to discover, understand and appreciate the perfection, which is inherent in all these people and things, constituting our environment; for that which we see we manifest outwardly. We are responsible in our measure for the way in which our friends dress, fashion their houses and gardens and conduct themselves generally.

*The analysis shows that the false beliefs of lack and loss seem to be present.*

POSSESSION

IT IS OUR FATHER'S GOOD PLEASURE TO GIVE US THE  
KINGDOM

a. WE POSSESS LIFE

We can never cease to possess our being, and in its fulness; for the very source of all being is the eternal Mind, whose activities constitute us. Eternal Mind cannot be otherwise than eternally active, and therefore permanence is assured to that individual intelligence, love, power, my real self, which is the manifestation of this divine activity. To put it quite simply, we may say: Since spiritual processes and the ideas involved necessarily co-exist with the eternal Mind that contains and sustains them, permanence is assured to those spiritual processes and ideas which constitute my real being. "The gift of God is eternal life."

b. WE POSSESS GOD

God individualises His consciousness of Himself in us. In this sense we possess the consciousness of God and of our indissoluble relation to Him, to Mind.

c. WE POSSESS OUR RELATIONS WITH OTHER PEOPLE

Divine Mind involves individual being and also related being. Each one of us is, therefore, perfect,

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not only as an individual, but as an individual in relation. The way to make this spiritual relation appear, is to discover, understand and realise the perfection of another. We can then manifest this perfection. This constitutes our possession of one another. Through such activity, we truly know, love, serve and take joy in one another. This is our function toward others. It is our eternal relation to them.

We must remind ourselves often that this *spiritual* relation or possession is the only one which can exist between the ideas of spirit.

### d. WE POSSESS OUR RELATION WITH "THINGS"

We are heirs of God and joint heirs with Christ (Romans 8: 17). We inherit all good things; that is, God reflects them in us and we become aware of and manifest them. Such a relation is possession, and cannot be broken.

Suppose, therefore, that we *seem* to have lost something which we once possessed; or that we seem to lack something that we really need. Let us know that it is ours in a *spiritual sense*; that God is individualising and imaging it in us, and, therefore, it is ours to become aware of and manifest naturally. Unselfish loving and true understanding will make

to *appear* that spiritual relation between us and the needed thing which never ceases to exist between us and what we need. We must be sure that the thoughts which we discover and love are in our Christ Mind,—that is, are given to us by God; otherwise, we shall apparently possess things for a time which are unreal; and then inevitably we shall apparently pass through the valley of loss, for we cannot be in relation with unreality.

Furthermore, we must always remember that spiritual relations can only be attained to by the use of spiritual means. That is, it is only by discovering, understanding, loving, and taking joy in, truth, beauty, goodness for its own sake (for no other means are spiritual) that we can make to appear the real relation or possession which exists between ourselves and these “things” (ideas) of God.

The appearance in our lives of spiritual or real good, although apparently gained for a time,—but by false means, by “untrue conceptions,”—will disappear. Also let us not be disturbed lest we be selfish.

In the spiritual kingdom to which we belong, what I possess does not impoverish another. Therefore, in true possession or relation I need not fear

lest I be selfish. Nor, conversely, need I fear that I shall lose anything, though love demands that it be "given away."

God's knowing, loving and expressing of an idea in me constitutes my only real relation to, or possession of it. This genuine possession has its real appearance, which, however, rarely comes into unclouded view now; for while the mortal sense seems to act at all, its material appearances may be likened to a veil through which the Real is made to appear as material things. This accounts for the fact that after possessing a true idea, discovering and realising to a certain extent its truth, loving it devotedly, and acting upon it unquestioningly, the result may appear, in our present stage of spiritual development, as under material forms. These forms are not the real, however, even though they appear as a seeming result of seeking the Kingdom of Heaven. Neither are they like to the Real. We, not understanding, often think that "material things" constitute the good, and we try to hold on to these "things," which are but an inadequate symbol of the real.

We sometimes may be obliged to learn this nothingness of things by apparently going through the

valley of loss. But the so-called loss of material things is only illusory, since we cannot lose by letting the unreal go. And we might call such an experience the valley of awakening to possession, for in it, as the untrue material forms are seen to stand for false ideas, which we cannot keep,—the real ideas come more and more clearly into spiritual view, and make to appear outwardly, here and now our everlasting possessions.

Let us each day remind ourselves, then, that spiritual thoughts, *ideas*, alone constitute our possessions; that from the standpoint of the real, we can possess nothing but those spiritual ideas which are always being thought in us by divine Mind and are there for us to discover, understand, realise and manifest. The material veil, the appearance woven by mortal thoughts, seems to clothe the spiritual ideas and distinguish them; but let us not mistake this sheep's clothing for the "white raiment" in which all true ideas will appear, as mortals put off the old man and become clothed in their right minds.

In proportion as we set our hearts upon becoming aware of, loving, and expressing true ideas, and realising that they do *not* appeal as material things, do we pass beyond the stage where the beautiful



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Real is hidden under the guise of temporal things; and little by little we come into that heavenly estate where, unblinded by mortal sense, we see ourselves in everlasting possession of our own things,—the ideas of Truth,—appearing in their own way, and without a material accompaniment.

Thus it is plain to us that the secret of loss lies in the simple fact that we are apparently deceived into thinking that possession is other than the activity of the Christ mind.

*The analysis shows that inertia seems to be present.*

### THE CHRIST MIND IS ALWAYS ACTIVE AND FEARLESS

The realisation of truth leaves one in no passive condition. To know that the divine nature and essence of one's being is loving,—activity, will impel him to an active expression of this love. He will feel its naturalness and become spontaneous. So, too, to know that the nature of one's being is truth-knowing activity, will, in a sense, compel him to become aware of and express the truth. As the Christ Consciousness realises that God activity constitutes all things, it sees that fear is groundless.

It is clear, furthermore, that since Mind can hold no thought of fear, we, as we come to realise our true selfhood, cannot fear. This is made easy, also, by an awakening to the fact that because of the allness and omnipresence of *good*, fear is groundless.

*The analysis shows that the false belief of sadness seems to be present.*

#### JOY IS OURS

There is nothing left to the people of God but to be joyful. As Paul says, "Rejoice evermore." "Rejoice in the Lord always; and again I say, rejoice." Surely we must rejoice, when we know that all good, all beauty and all truth are ours,—peace, strength, love, power,—throughout all time. All good things are the gifts of the Spirit, and therefore we cannot escape them.<sup>7</sup>

<sup>7</sup> As quickly as possible we must learn to enter into spiritual states of mind, and that without dwelling upon a denial of the reality of matter and the mortal sense,—which very denial seems oftentimes to give place and power. Let us rather bring the light by dwelling upon the spiritual, the true, the good, the beautiful,—all that is real; upon its omniscience, omnipresence and omnipotence. This is the more effectual, the better way.

## CHAPTER XVI

### THE RIGHT ANSWER

Our manifold and efficient charities attest to a widespread sympathy with those in need, and to a recognition that such needs demand immediate relief. And after supplying food and clothing we realise that our ministry must go farther, since the fundamental need, after all, of each of us, is spiritual.

One hears occasionally that faith is all right in its place, but that it will not buy shoes nor alter the fact that labour is at the mercy of capital; that men grow rich only at the expense of their brothers; that peace can only be maintained by arms; and that even an *understanding of Truth* would be powerless to keep us from being the victims of circumstance, heredity, and environment. Such a creed ignores a Heavenly Father and His Kingdom of Spirit. Can one wonder that our capacity for worship hungers and spends itself upon false gods!

But the fact that an outworn statement of spiritual Truth is found to be inadequate to the amelioration of modern conditions, cannot lead us to infer that spiritual truth *Itself* is inadequate; for God, the solver of all problems, is the Source of that Truth. Truth is the right and only answer to all our daily questions, and our realisation of what this answer is, and of its truth, is the remedy for all so-called evil. Moreover, this remedy is within our reach, for we, in our real natures, are capacities for being conscious of the Truth, under all conditions, in every period of our existence.

We, therefore, are not at the mercy of the apparent injustices, inherent in a seemingly material social and industrial order, and need not even seem to be the victims of any circumstance whatsoever; for each individual may, at any moment, make a direct appeal to and receive without delay the true answer from his Heavenly Father, and through obedience to it he will bring to light the fruits of this ever operative Spiritual Law,— *the only laws*, — against which no other so-called law can militate. Then will his life be lived on the plane of *true* ideas. On such a plane the real conditions and laws reveal themselves as perfect. *Reality is perfect. Our*

work, therefore, consists not in changing anything, but in seeing that perfection already exists in God and His manifestation. That is the *right, the one answer* to all questions. Through a realisation of its truth and presence, we express this perfection constantly, in terms of daily life.

The calm faces we wear! Resignation is written there,—patience, the grace to bear burdens and suffer loss. So read those who are themselves patient and resigned. Rather is slavery written there, obedience to wrong ideals, and, too often, the sloth of thoughtlessness, the stupor of ignorance.

The Sons of God, patient under unjust burdens; the brothers of Christ, resigned and tolerant under the feet of triumphant evil,<sup>1</sup> complacent in the midst of mediocre surroundings and achievements, ready with excuses in the face of failure and mistake! Where is our self reliance, our courage; where the insight which keeps us from building upon the quicksands of illusion? Why have we ceased to make the high endeavour, the sincere struggle that will not brook defeat or bear unquestioningly an unjust act? How have we buried the sense of our high birth-

<sup>1</sup> Did not Christ teach the true meaning of resignation to be obedience *only* to the will of God, Good?

right with its rightful claims to power? With sin. A wrong conception it is which writes submission on our faces, stains the tablets of our hearts, and blots all out of recognition our divine rights, written there by our own Heavenly Father.

But to all of us who have not realised our true selfhood the birth of Fear will come, and there will be a moment when we shall know that we are afraid. Such moments, as compared with those of sin and ignorance, might be regarded as occasions for joy did we but face our fear, ferret out its cause, and then, as a result, should seek for release, and find ourselves on the threshold of a new understanding. This understanding, revealing evil as an illusion, a false sense of things, teaches us to deny its reality and thus we break its seeming power and open the doors into fearlessness and peace.

Hitherto we have been asleep, unseeing. Fear and sorrow make things shake about us, rouse our "drowsy blood," take the scales from our eyes; and nothing now can soothe us back again into the old feeling that some way everything is coming out all right.

When this fear and sorrow come, with their awakening to a seeming power other than good, we

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may sink back among those resigned and so-called patient ones of whom we have spoken, and with them bow down before an unknown master, bribe him with gifts, pay tribute to him, obey his demands unquestioningly, be good slaves,—forgetting that we are the Sons and Daughters of a King!

But there are those who do not forget, and in the face of fear and sorrow will rebel, and will question wherein, within *themselves*, they have failed.

How we love them,—those who, when evil comes, defy it, search for more truth, and thus reveal a great, unshaken trust in good. We cannot bear to have them suffer.

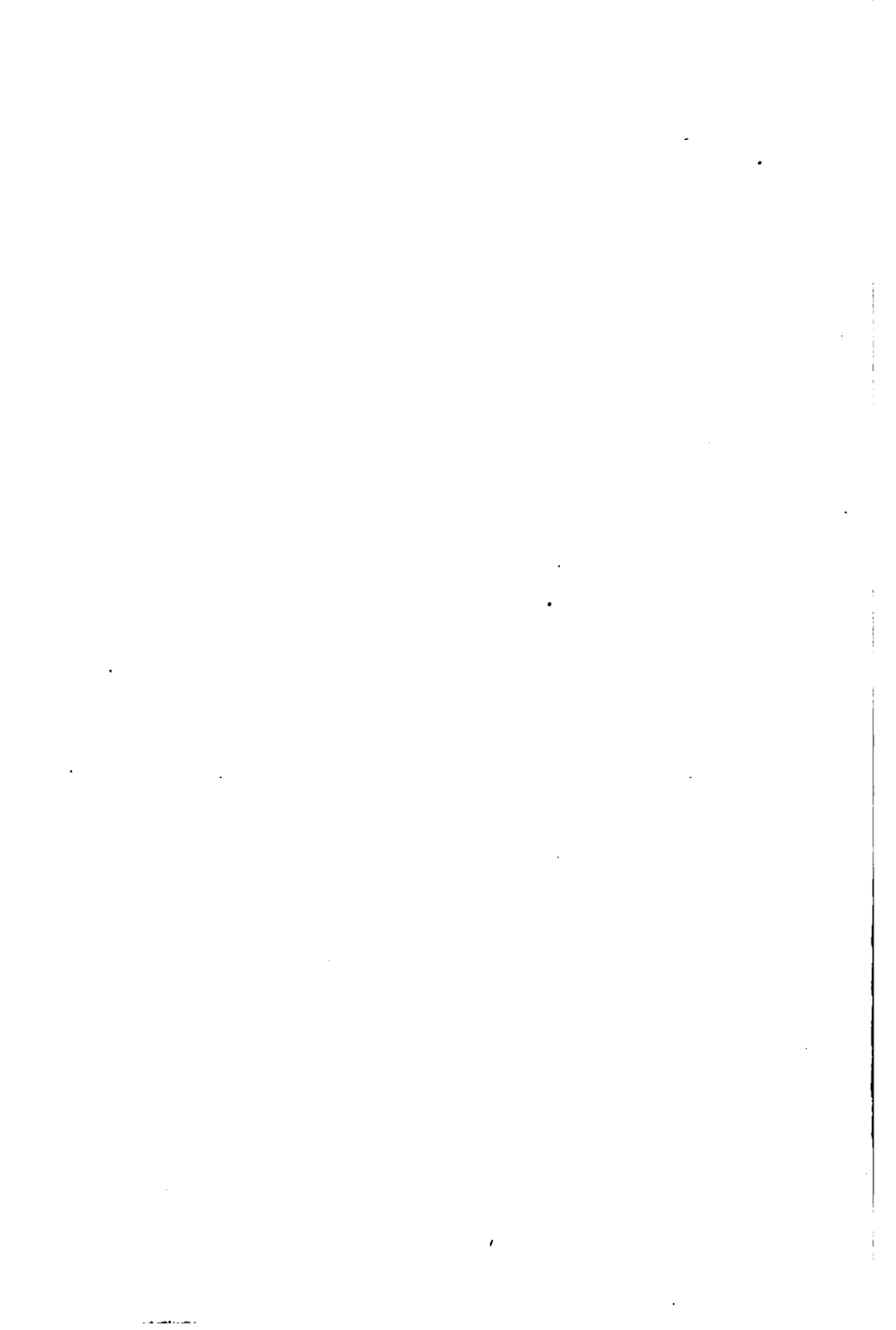
We answer life's questions primarily for those we love. This fills us with a passionate longing to find the right answer. When a woman remembers her motherhood, what will she not sacrifice that the fountain at which her children must drink shall be of the waters of Truth! What will she not endure that she, too, may win a "Blessed Spear" for the healing of their wounds; may make the "mystic cup" glow red and bring to those whom God has given her, all the blessings of the Holy Grail, for lack of which they perish!

"Our Soul's east window has had its divine sur-

prise." Let us, therefore, cease to be lip loyal to what once seemed truth. Our new-risen star shows us a new way. It makes "air and dream of all we see and feel." It teaches us to overcome, and we eat of the tree of life and the hidden manna. We shall be given a new name, shall be clothed in white raiment, and be made pillars in the temple of our God. God dwells with us. He is wiping away all tears from our eyes; "and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain;" for the former things are passing away;—all things are becoming new. We are given of the water of life freely; we inherit all things; God is all and He is ours. We are in the realm of the Spirit and the real is appearing in the measure of our realisation that we are Spiritual.

THE END





**PREFACE TO FRENCH EDITION**  
**OF**  
**HOW TO MAKE PERFECTION APPEAR**

AFTER leaving college, and having decided to become interested in the health of children, I studied medicine, various forms of gymnastics, examined hundreds of school children, and attended the hospitals, as a student of children's physical welfare.

During these eight years, I was not unmindful of those problems which are involved in the moral life; but one can cope with sin, I thought, while sickness baffles the world! Therefore, to teach children that physical laws are divine laws, and that it was God, Himself, who gave us physical bodies, governed by these laws; to teach them, also, what constitutes physical bodies and their laws, seemed to be arming them, giving them a weapon against the ills of life — for obedience to known laws must result in well-being.

Therefore, I taught children and teachers anatomy, physiology and the physical laws of so-called health, and used all my powers of persuasion to induce them

to obey these laws. But, in the midst of this public and what seemed to me worthy service, a check arose. My mother became ill, and no one could discern the cause or the nature of this illness. She suffered constant pain, — that seemed to be all, and after three years she died. She had always obeyed those laws, to the teaching of which I was devoting my life. Following this grief my father became blind, and he, too, soon died. Then other sad things happened, and thus I was confronted with all this practical refutation of my theories. Pain, sickness and death had visited physical bodies, in spite of obedience to physical laws. It was clear that my personal, everyday experiences were contradicting the principles to which my public service was devoted. Naturally, I was forced to reflect upon this contradiction and the circumstances leading to it.

The family life had been perfectly normal when, suddenly, everything became chaotic, came to shipwreck. During those three years I seemed to have been standing on the bank of a dark river, watching a sad procession of cruel events, — seeking in vain to bring help to those beyond my reach — as when one sees another drowning before his eyes and is helpless to save him.

And there had been no skeleton in the closet, no secret sins. By tradition and race my mother and father were Puritans. The Scotch ancestry of my mother was a mystic influence and a dominating thread in the pattern of her life. Moreover, when this devastation came, it was not in the nature of an external misfortune — as though we had lost money or a fire had destroyed our house. The solution of such problems would have been comparatively easy, but that which had overtaken us was pain, — essentially a personal problem, an intimate affliction; it touched my mother and yet she possessed no clue to its origin and nature. The blindness and illness of my father were evidently the results of personal grief, but why were its ravages written upon his physical body in forces of death? No one could tell. It seemed as though the very intimacy of the problem precluded a knowledge of it. The more the problem became a part of ourselves, the more hidden and intricate it seemed, the more difficult of solution; until, finally, we saw that it was ourselves which we did not understand. Could it be that we had something more to learn about *ourselves*?

One found herself searching, through all the years which had been happy, for the cause of that which

suddenly arrived and without warning drove us out of our Eden. We found ourselves bewildered, stunned, caring not so much about what had happened to us, as to know where the offence lay. There had been some ignorance, some wrong conception, and the flaming sword had done its work; but what had that misconception been, what was it that we should have known?

That question was bequeathed to me. Death had made me an heir, and my life should be devoted to the settling of that spiritual estate which I had inherited. So beautiful it was, but so heavily mortgaged to hidden and evil forces! I was the trustee of this spiritual legacy, and, instinctively, I became pledged to discover that Reality and those laws, which had been the source of the success, health and happiness of the family life. For more than thirty years that life had been undisturbed and one must find a reason for its sudden dissolution. The foundations of that home structure had in places given way, crumbled hopelessly under the test of life. There could be but one explanation; only occasionally had we touched the Rock of Reality, and, for the rest, had built upon sand.

Hereafter, therefore, life should be interpreted in

terms of a search, a voyage of discovery. That truth of which one had been ignorant must be found. Close upon the heels of this decision, I found one clear statement written upon my heart: God did not make the physical body and the physical laws. But what an astounding inscription it seemed, in view of what I had learned and taught! However, what had occupied me, what had seemed to be true, did not count, as I saw to what it led. Therefore, I stopped teaching obedience to the physical and appealed to those who were supposed to be wise, but in effect they all answered: "Oh, yes, God must certainly make the human mind and its laws, also the physical body and its laws," — those things by which evil comes. But, in response to each one of these answers, the message which I believed God was writing seemed to glow afresh and burn its way ever more deeply into my heart. A thirst for a new answer to the questions of existence had taken possession of me utterly, and nothing but the water of Life could quench it.

But who could teach me to understand this incredible statement within me, which, like a steady star, in unknown heavens, irresistibly attracted me? I must understand it. That goal was clear, however trackless the way. Failing to make any progress

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in America, I went to Europe to search there for the verification and understanding of my new experience; and soon met a woman who, with many external traces of suffering, yet seemed to be happy. In response to my questions she said that a Christian Scientist had taught her that the physical law, the physical body and the "mortal mind" were unreal. There was an organization, then, teaching the world that message which was ever saying itself over and over in my own heart and was appealing ever more and more to my mind. Moreover, my new friend assured me that one could come to *understand* this message. This was a great hope; and, to that end, I began to study Christian Science, and for eight years studied and read and thought of little else. Then I began to understand upon what grounds Mary Baker Eddy, the Founder of Christian Science,<sup>1</sup> had based the assertion that Spirit is all in all and that, therefore, the whole material order is unreal. And it took me all those years to realize the power which comes to one through such understanding—power to overcome evil and to maintain the good already appearing. And words are inadequate to express my gratitude to that organization which

<sup>1</sup> Author of "Science and Health with Key to the Scriptures."

had brought me to this knowledge and this use of power.

Having at last understood, in some measure, what the message in my mind had involved, I felt impelled to identify my own experience with the like experiences of others, throughout the past, in the whole world. For this reason I studied at Harvard, working in classes, as well as receiving private instruction from the professors there, and spent much time upon the History of Philosophy. My aim was to find those currents of thought, which, throughout the ages, have been recognized and sanctioned, and of which Christian Science must be a modern and advanced version. I found such currents under the names of "Idealism" and "Mysticism" and learned that they had long been formulated and recognized; and it was conceded that they were still making their appearance and were still being formulated. The highest form now is that which unites the two currents and to which the name of Spiritual Idealism may be given. In this unity, however, I found that there is only such Idealism as originates in Spirit and only such Mysticism as is practical. A Spiritual Idealist is a Practical Mystic. He realizes and uses a technique — a specific kind of thinking, — by



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which he makes divine perfection appear in his daily life.

Gradually it was revealed that in comprehending the essentials of any truly religious faith one is but comprehending some form of Spiritual Idealism. All the different religious sects merely represent varieties and degrees of experience, which, in their essentials, are the same. The external forms and the name of an individual sect simply indicate the extent to which that organization has realized the truth; or, we may say, that such forms and names indicate the line where the sects cease to realize the truth.

This inner unity existing in variety became clear with farther study and travel. Looking everywhere for Spiritual Idealism, I found it everywhere, east and west, north and south, often undetected, to be sure, and appearing under widely differing forms and stages of development, but always involving thought processes which are spiritual, and which appear in so far as they are realized.

It is now clear that the Comforter is everywhere, that he has been sent to us "to lead us into all truth," as Jesus Christ said, and that this Spirit of Truth will abide with us forever and bring us ever new

revelations of truth throughout Eternity. We can, therefore, never be satisfied with simply the revelations of yesterday ; but must eagerly listen, each day, for some new messages in our hearts. Our churches must embody this idea of daily unfoldment, which constitutes growth. Organizations are helpful, but too many have a tendency — under the name of loyalty, — to crystallise one period of unfoldment to the exclusion of others. This is a dangerous and illegitimate restriction, and not in accordance with the true office of any religious body. Daily unfoldment is the divine law of the Christ nature, and institutions which are the home of this nature must not interfere with, but must foster and welcome, that everlasting progress which is an eternal process, carried on in each one of us by God Himself.

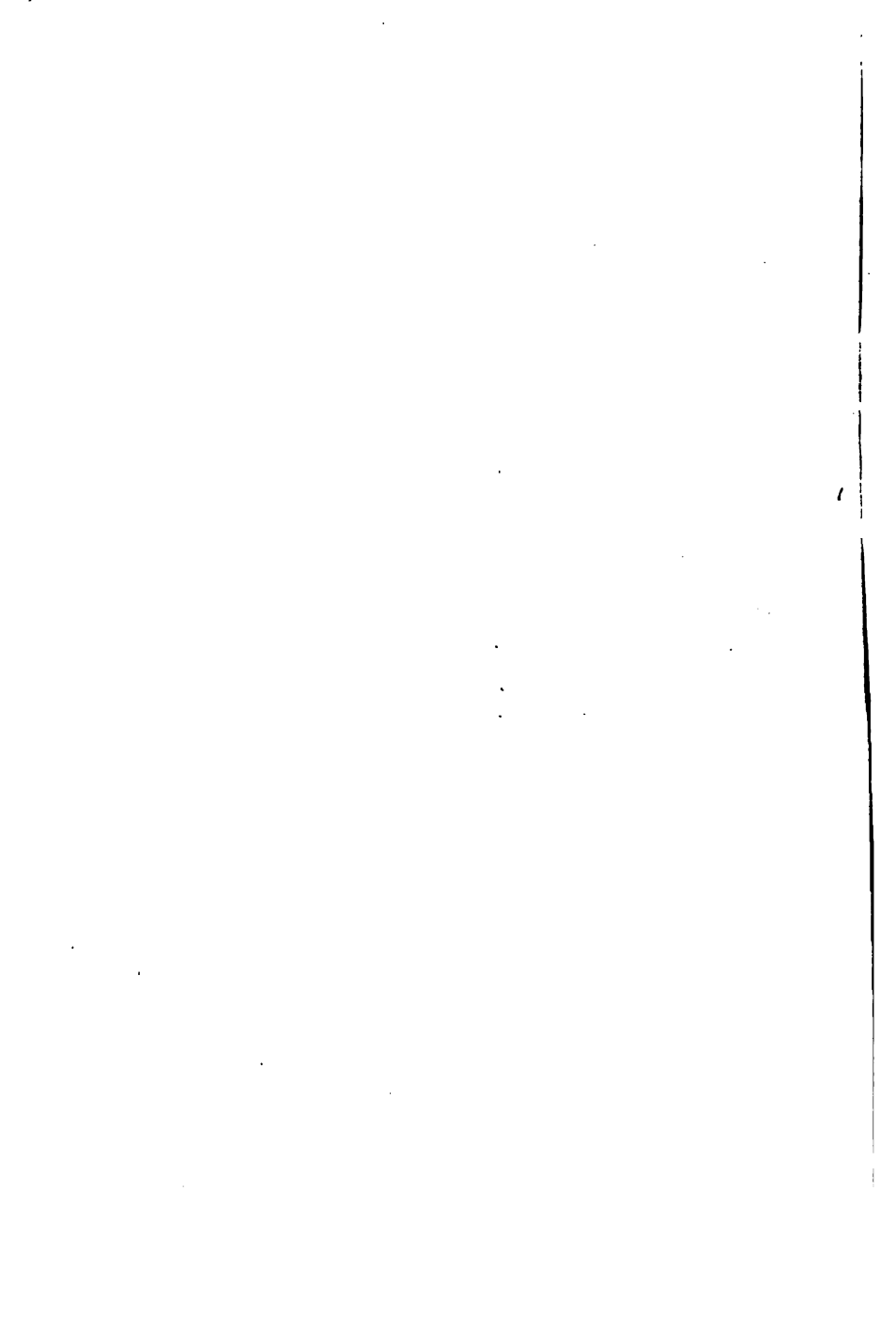
The following pages are not the result of scholarship. They are a biography. They represent a personal spiritual unfoldment ; the result of an attempt to find Reality and the technique by which one may make it appear here and now. And perhaps the most important contribution in this biography — certainly the most practical — is the technique which is given in Parts IV and V. Every one may practise spiritual technique for himself and

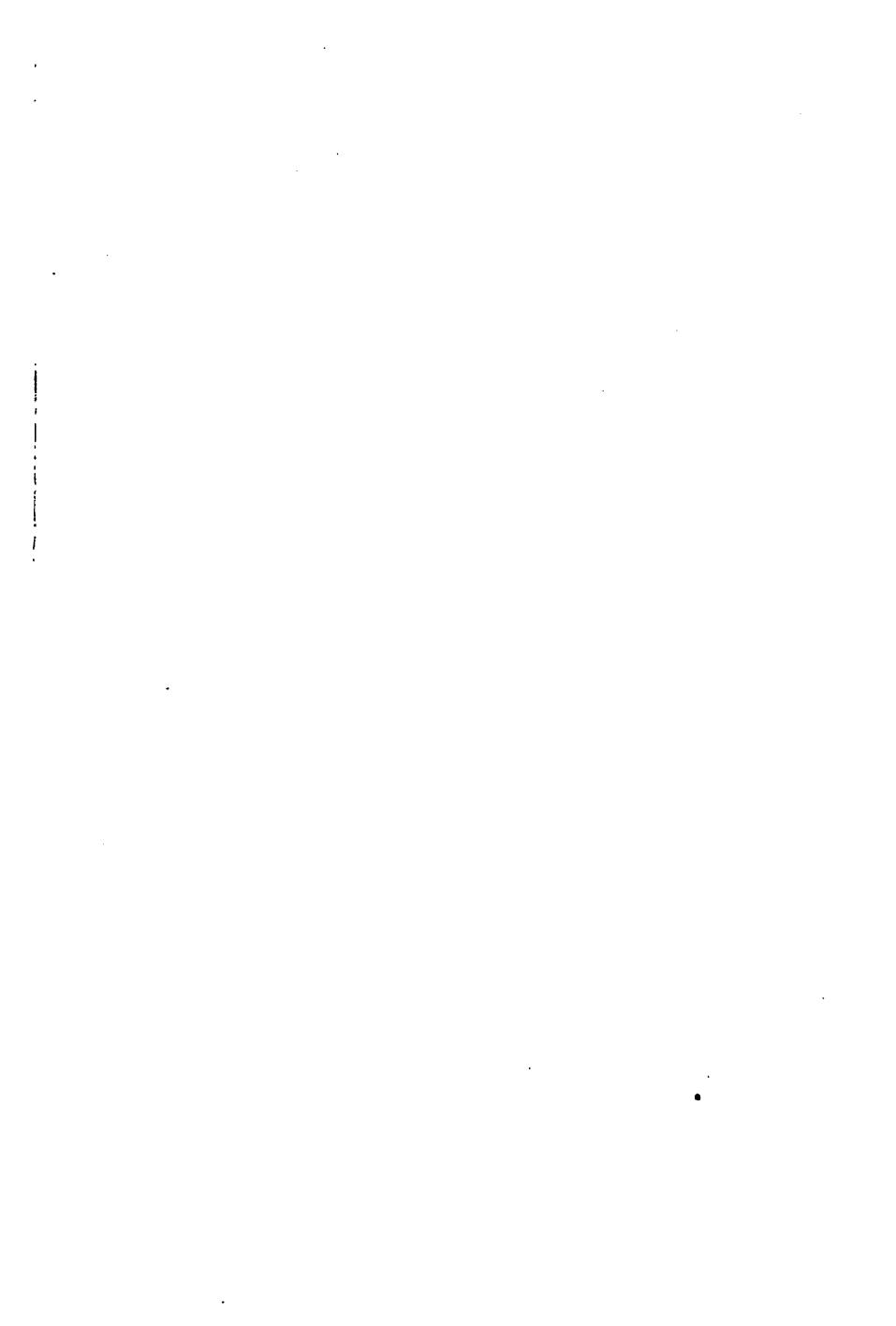
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thus may make successful and ever increasing headway against the tides of evil, which threaten to engulf others as well as himself. Perfection will appear in our lives in so far as we devote ourselves to the realization of spiritual truths already discovered; and to a consecrated search, each day for more truths, which God is ever revealing to us in the form of messages.

KATHARINE FRANCIS PEDRICK.





















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